Overlook Trail Hike on July 19, a joint venture with NY-NJ Trail Conference. Leaders: Georgette Weir & Jean-Claude Fouere. Picture taken at one of the old bluestone quarries that are found along the trail.

Join us for a hike or paddle on a cool day this fall! Pick from the various outings listed on the schedule inside.

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- Feature Story: Front Cover
- Outing Schedule: Pages 3-7
- Outings Log: Page 8-9
- News & Events: Page 10-11
Elected Officers

<table>
<thead>
<tr>
<th>Title</th>
<th>Name</th>
<th>E-mail</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter Chair</td>
<td>Daniel Jones, Jr.</td>
<td><a href="mailto:jones.daniel.jr@gmail.com">jones.daniel.jr@gmail.com</a></td>
<td>845-485-7969</td>
</tr>
<tr>
<td>Vice Chair</td>
<td>Peter McGinnis</td>
<td><a href="mailto:pmcgin1@aol.com">pmcgin1@aol.com</a></td>
<td>845-454-4428</td>
</tr>
<tr>
<td>Secretary</td>
<td>Ellen Zelig</td>
<td><a href="mailto:ellenzeligcrs@aol.com">ellenzeligcrs@aol.com</a></td>
<td>845-473-5557</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Ralph Pollard</td>
<td><a href="mailto:ralphpollard@verizon.net">ralphpollard@verizon.net</a></td>
<td>845-462-3389</td>
</tr>
<tr>
<td>Chapter Director</td>
<td>Brenda Harding</td>
<td><a href="mailto:oreomort@aol.com">oreomort@aol.com</a></td>
<td>845-565-8566</td>
</tr>
<tr>
<td>Chapter Director</td>
<td>Mel Kleiman</td>
<td><a href="mailto:melelena@verizon.net">melelena@verizon.net</a></td>
<td>845-534-9131</td>
</tr>
<tr>
<td>Club Director</td>
<td>Jean-Claude Fouere</td>
<td><a href="mailto:jcfouere@gmail.com">jcfouere@gmail.com</a></td>
<td>845-462-0142</td>
</tr>
<tr>
<td>Past-Chapter Chair</td>
<td>Lalita Malik</td>
<td><a href="mailto:lalitamalik@aol.com">lalitamalik@aol.com</a></td>
<td>845-592-0244</td>
</tr>
</tbody>
</table>

Committee Chairs & Other Volunteers

<table>
<thead>
<tr>
<th>Title</th>
<th>Name</th>
<th>E-mail</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conservation</td>
<td>Sayi Nulu</td>
<td><a href="mailto:sayinulu@yahoo.com">sayinulu@yahoo.com</a></td>
<td>845-264-2270</td>
</tr>
<tr>
<td>New Members</td>
<td>Jennifer Anderson</td>
<td><a href="mailto:djanderson@fairpoint.net">djanderson@fairpoint.net</a></td>
<td></td>
</tr>
<tr>
<td>Publicity</td>
<td>Skip Doyle</td>
<td><a href="mailto:skipnewyork@yahoo.com">skipnewyork@yahoo.com</a></td>
<td></td>
</tr>
<tr>
<td>News Media</td>
<td>Michele Van Hosen</td>
<td><a href="mailto:michelevh8@yahoo.com">michelevh8@yahoo.com</a></td>
<td>845-691-7442</td>
</tr>
<tr>
<td>Education Chair</td>
<td>Don Urmston</td>
<td><a href="mailto:mrurmston@gmail.com">mrurmston@gmail.com</a></td>
<td>845-457-4552</td>
</tr>
<tr>
<td>Social Events</td>
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<td><a href="mailto:nanagrace91@aol.com">nanagrace91@aol.com</a></td>
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<tr>
<td>Website Tech Support</td>
<td>Ted Ripley Duggan</td>
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<td>845-657-7057</td>
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<tr>
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<td>914-703-7028</td>
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<tr>
<td>Database Admin</td>
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<td></td>
</tr>
<tr>
<td>Outings Co-Chair</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a></td>
<td>845-471-9892</td>
</tr>
<tr>
<td>Outings Co-Chair</td>
<td>Ginny Fauci</td>
<td><a href="mailto:gefauci@gmail.com">gefauci@gmail.com</a></td>
<td>845-399-2170</td>
</tr>
<tr>
<td>Outings Log Editor</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a></td>
<td>845-471-9892</td>
</tr>
<tr>
<td>AT Trail Supervisor</td>
<td>Bill Beehler</td>
<td><a href="mailto:wbbee@aol.com">wbbee@aol.com</a></td>
<td>845-473-5557</td>
</tr>
<tr>
<td>Trails Chair</td>
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<td>845-592-1572</td>
</tr>
<tr>
<td>Water Trails &amp; Paddles</td>
<td>Russ Faller</td>
<td><a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>845-297-5126</td>
</tr>
<tr>
<td>NY-NJ Trail Conf. Del.</td>
<td>Salley Decker</td>
<td><a href="mailto:sadecker2002@yahoo.com">sadecker2002@yahoo.com</a></td>
<td>845-454-4206</td>
</tr>
<tr>
<td>Website Content Mgr.</td>
<td>Georgette Weir</td>
<td><a href="mailto:georgette.weir@gmail.com">georgette.weir@gmail.com</a></td>
<td>845-462-0142</td>
</tr>
</tbody>
</table>

Nominees to the Executive Committee

<table>
<thead>
<tr>
<th>Position</th>
<th>Nominee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter Chair</td>
<td>Daniel Jones</td>
</tr>
<tr>
<td>Secretary</td>
<td>Ellen Zelig</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Ralph Pollard</td>
</tr>
<tr>
<td>Chapter Director</td>
<td>William Beehler</td>
</tr>
<tr>
<td>Chapter Director</td>
<td>Stanley Augie</td>
</tr>
<tr>
<td>Club Director</td>
<td>Jean-Claude Fouere</td>
</tr>
<tr>
<td>Alt. Club Director</td>
<td>Brenda Harding</td>
</tr>
</tbody>
</table>

Additional nominations may be submitted in writing to the Nominating Committee prior to the Annual Meeting by any voting member of the Chapter, providing such nominations are signed by at least five voting members.

The Annual Meeting will be at the Fall Picnic, October 5, 2014, the Gazebo in Mills State Park.
OUTINGS GUIDELINES

GENERAL OUTINGS GUIDELINES

⇒ Notify leader of your intent to join an outing at least 2 days prior to the outing.
⇒ Be at designated meeting place 10 minutes prior to the scheduled departure time.
⇒ Car pooling is encouraged, riders are expected to share the expenses equally at a rate of $.20 per mile plus any tolls and parking fees incurred.
⇒ Dogs may be allowed on some outings, check with trip leader. If allowed; bring a leash, be able to control your dog and provide for its needs (especially water).
⇒ Guests are welcome to participate in two outings. After that they are encouraged to become members of the Mid-Hudson Chapter of the ADK.

HIKING GUIDELINES

⇒ Check out the Ten Essentials (www.midhudsonadk.org/outings/ten_essentials)
⇒ Wear sturdy footwear as required for season and type of outing.
⇒ Be equipped with water, lunch, snacks, extra clothing and foul weather gear.
⇒ Hike Ratings indicate relative degree of difficulty and may vary with terrain, weather, season, etc. Check with Trip Leader to verify that the trip is suitable for your ability.

PADDLE OUTING REQUIREMENTS

⇒ PFDs (Personal Flotation Devices) must be worn at all times on the water.
⇒ On “Big Water” trips, such as those on the Hudson River (see exceptions below), Long Island Sound, and Lake George, the minimum boat length is 13.5 feet and must have dual bulkheads or flotation bags (unless the boat is a sit-on-top kayak).

Hudson River Exceptions: “Big Water” requirements do not apply to trips in to Constitution Marsh or other areas where travel on the Hudson in minimal. Check with trip leader to verify if the trip meets these criteria or not.

MHADK OUTINGS SCHEDULE Fall 2014 – September, October & November

If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail

Mid Week Hikes - The leaders offer 3-6 hour hikes of varying difficulty to different areas of the Mid Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, lalitamlik@aol.com (845) 592-0204. They will be held on the 1st and 3rd Thursday of each month until November when they will be every Thursday. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

Leisurely Tuesdays – Walks or easy hikes on different Tuesdays during each month

Mid Week Paddles - We paddle scenic creeks, rivers, and lakes on most 2nd and 4th Thursdays. Occasionally when the weather is perfect, additional impromptu paddles will be arranged. Most of the paddles are moderate in pace and distance. A few are easy, a few more challenging. Leader: Shari Aber shnaber@yahoo.com Specific details of each paddle will be sent to anyone on the Mid-Week kayak list. If you’d like to be added to the list, go to the bottom of the weekly e-mail to update your subscription.
### SEPTEMBER OUTINGS OVERVIEW (details follow)

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Leader</th>
<th>Contact Info</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sat, Aug 30</td>
<td>Wonder Lake – Patterson, NY</td>
<td>Tom Buckley</td>
<td><a href="mailto:TrailHikerTom@gmail.com">TrailHikerTom@gmail.com</a></td>
<td>Class B</td>
</tr>
<tr>
<td>Sat, Sept 13</td>
<td>Minnewaska State Park- Lake Awoasting</td>
<td>Georgeotte Weir &amp; Jean-Claude Foure</td>
<td><a href="mailto:gweir@nymrrc.org">gweir@nymrrc.org</a> , 845-462-0142</td>
<td>Class A</td>
</tr>
<tr>
<td>Sat, Sept 13</td>
<td>Walk in beautiful Manitoga</td>
<td>Sue Mackson</td>
<td>845-471-9892 <a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a></td>
<td>Walk</td>
</tr>
<tr>
<td>Sat, Sept 20</td>
<td>Stonykill farms in Wappingers Falls, NY</td>
<td>Sayi Nulu</td>
<td>845-264-2270 <a href="mailto:sayileela@gmail.com">sayileela@gmail.com</a></td>
<td>Class C</td>
</tr>
<tr>
<td>Tues, Sept 23</td>
<td>Leisure Hike “Leader’s Choice” Details in weekly e-mail updates</td>
<td>Salley Decker</td>
<td><a href="mailto:sadecker2002@yahoo.com">sadecker2002@yahoo.com</a> 845-454-4206</td>
<td>Class C</td>
</tr>
<tr>
<td>Sat, Sept 27</td>
<td>Hudson River paddle between Oscawana Island and Peekskill</td>
<td>Russ Faller</td>
<td>845-297-5126 (before 9:30 PM) or at <a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>Class B+</td>
</tr>
<tr>
<td>Sun, Sept 28</td>
<td>Hudson Valley Ramble: Rock Rift</td>
<td>Roberta Forest</td>
<td>845-750-7059</td>
<td></td>
</tr>
</tbody>
</table>

Sat., Aug 30  Wonder Lake & Laurel Pond Loop Hike – Patterson, NY - Class B (5.5 miles – Moderate Pace)
Leader: Tom Buckley TrailHikerTom@gmail.com
We will hike most of the Highland Trail & the entire Orchard Hill Trail. Hopefully we will find some ripe blueberries along the way. Regardless, I will provide everyone with some dark chocolate to enjoy. So please come and enjoy the outdoors.
We will meet at the Wonder Lake parking lot on Ludingtonville Road in Holmes, NY. Email leader for directions and meeting time.

Sat., Sept 13  Minnewaska State Park- Lake Awoasting or Bust! Strenuous (10-11 miles)
Leaders: Leaders: Jean-Claude Foureure, 845-462-1909, and Georgette Weir, gweir@nymrrc.org
Mossey Glen Trail – Blueberry Run to Castle Point – Carriage way to Rainbow Falls Trail – to Jenny Lane – to Blueberry Run – back on Mossey Glen. Call for meeting time and place.

Sat., Sept 13  Walk in beautiful Manitoga
Leader: Sue Mackson 845 471 9892 suemackson@gmail.com
I've never visited the home of industrial designer, Russel Wight. It's supposed to be fabulous and during warmer weather is open to the public for tours. There are about 4 miles of trails open year round. The grounds, south of Garrison, off Rte 9D, are on a hillside and connect with the Appalachian Trail as it runs through the ridge from Bear Mountain Bridge. Meet at 1:00 pm to carpool to Manitoga, or meet at Manitoga at 1:45 pm. We'll ramble this landscape, shaped by Mr. Wright over many years, for about two hours. Please contact me by Friday, September 12 to indicate you will join the walk. Suggested entry fee for the trails is $5.

Sat., Sept 20  Leisurely walk on the trails of Stonykill farms in Wappingers Falls, NY
Leader: Sayi Nulu sayinulu@yahoo.com or 845-264-2270
For meeting time and place contact leader Website for details http://www.stonykill.org/, and secluded fens.”

Tues., Sept 23  Leisure Hike “Leader’s Choice” Details in weekly e-mail updates
Leader: Salley Decker sadecker2002@yahoo.com 845-454-4206
Tentative meeting time will be 9:30 AM in Poughkeepsie. Location may be a DEC area near Kingston and we will carpool. Bring lunch and water. Hiking boots recommended. Distance will be less than 5 miles. Rain cancels. Please e-mail leader before September 17th or call until Sunday night, September 21. Telephone calls preferred. Anyone who does not have e-mail and will not receive the weekly e-mail updates should call leader for details evenings from September 15th -18th or on Sunday, the 21st.

Sat., Sept 27  Paddle from Long Dock, Beacon, around Dennings Point
Leader: Tom Amisson Tamisson@aol.com
We will go around Dennings Point to the Fishkill Creek estuary to check out the wildlife and scenic waterfall in Madam Brett Park. Distance is about 4 miles, total time with lunch @2.5 hours. Contact leader by email to confirm and for meet up info.

Sat., Sept 27  Hudson River Paddle Between Oscawana Island and Peekskill
Leader: Russ Faller at 845-297-5126 (before 9:30 PM) or at russoutdoors@yahoo.com
We'll paddle the Hudson River from George's Island 0.7 mi. to Oscawana Island (two non-islands), then turn around and paddle to Peekskill for refreshments, before returning to George's Island. Total round trip mileage is 9.2 and timed with the tides. Bring lunch, water, snacks & paddling gear (including spray skirts). PFDs must be worn while on the water. Hudson River paddling experience and knowledge of a wet exit required. Kayaks must be 13.5 ft. long, or longer, and have dual bulkheads. Meet at 9 AM at the George's Island boat ramp. (Contact leader if you need driving directions.) Please confirm attendance with leader; otherwise leader will not show up. Joint with AMC-NY/NJ

Sun., Sept 28  “Hudson Valley Ramble: Rock Rift”
Leader: Roberta Forest 845-750-7059
9:30am-3pm. Meet at the Mohonk Preserve Spring Farm Trailhead. This is a moderate to strenuous, 7-mile hike with scrambling. The fee per person: Free for Mohonk Preserve members, non-members pay the $12 hiking day use fee. This is a joint hike with Mohonk Preserve hikers. Contact leader for additional information.
**Fall Outings Schedule**

**October Outings Overview (details follow)**

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Leader</th>
<th>Contact Info</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sat, Oct 4</td>
<td>Paddle &amp; Hike to Slabsides Open House</td>
<td>Russ Faller</td>
<td>845-297-5126 (before 9PM) <a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>Class C</td>
</tr>
<tr>
<td>Sat, Oct 4</td>
<td>Wonder Lake &amp; Laurel Pond Loop Hike</td>
<td>Tom Buckley</td>
<td><a href="mailto:TrailHikerTom@gmail.com">TrailHikerTom@gmail.com</a></td>
<td>Class B</td>
</tr>
<tr>
<td>Sat, Oct 4</td>
<td>Library Talk for MHADK</td>
<td>Newburgh Free Library @ 2PM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sun, Oct 5</td>
<td>Annual Picnic at Norrie Point</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a>, 845-471-9892</td>
<td></td>
</tr>
<tr>
<td>Sat, Oct 11</td>
<td>Fahnstock State Park</td>
<td>Georgette Weir &amp; Jean-Claude Fouere</td>
<td><a href="mailto:gweir@nynjtc.org">gweir@nynjtc.org</a>, <a href="mailto:jcfouere@gmail.com">jcfouere@gmail.com</a>, 845-462-0142</td>
<td>Class B</td>
</tr>
<tr>
<td>Sat, Oct 18</td>
<td>Hike Mt Beacon via alternative routes</td>
<td>Tom Amisson</td>
<td><a href="mailto:Tamisson@aol.com">Tamisson@aol.com</a></td>
<td>Class A</td>
</tr>
<tr>
<td>Sun, Oct 19</td>
<td>Blackhead Range, Catskills</td>
<td>Shari Aber &amp; Joseph Ferri</td>
<td><a href="mailto:shnaber@yahoo.com">shnaber@yahoo.com</a>, <a href="mailto:newpaltz33@yahoo.com">newpaltz33@yahoo.com</a> 914-489-1582</td>
<td>Class A</td>
</tr>
<tr>
<td>Tues, Oct 21</td>
<td>Audubon Buttercup Sanctuary 10 AM</td>
<td>Beth Willis</td>
<td>845-373-8202 <a href="mailto:bethwillis@optonline.net">bethwillis@optonline.net</a></td>
<td>Class C</td>
</tr>
<tr>
<td>Sat, Oct 25</td>
<td>Harriman State Park-Northern Section</td>
<td>Alvin DeMaria</td>
<td>845-255-1704 <a href="mailto:demonalvin@yahoo.com">demonalvin@yahoo.com</a></td>
<td>Class B+</td>
</tr>
<tr>
<td>Sun, Oct 26</td>
<td>Brace Mountain</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a>, 845-471-9892</td>
<td>Class B</td>
</tr>
</tbody>
</table>

**Sat., Oct. 4**  Paddle & Hike to Slabsides Open House  
Leader: Russ Faller 845-297-5126 (before 9PM) or russoutdoors@yahoo.com
John Burroughs, one of the most popular and influential nature writers of the 19th & early 20th centuries, built rustic Slabsides in the 1890s. Slabsides will be open, and with a guest speaker, on this day. We'll paddle across Chodikee Lake, then hike to Slabsides for this event. Fall colors should be good. The paddle and hike are easy. Hike is about 4 mi. RT. Beginners welcome. Any type of boat is appropriate. Bring lunch, snacks, water, comfortable walking shoes & paddling gear - PFDS required. Rain cancels; contact leader if doubtful. Meet at Chodikee Lake DEC launch at 10AM. Contact leader if you need driving directions.

**Sat., Oct. 4**  Wonder Lake & Laurel Pond Loop Hike – Patterson, NY - Class B (7+ miles - Moderate Pace)  
Leader: Tom Buckley: TrailHikerTom@gmail.com
We will hike the Highland Trail, the Orchard Hill Trail, the Yellow Trail & the Red Trail. We will see Wonder Lake & Laurel Pond from numerous vantage points. Feel free to bring your camera as we should see some nice seasonal foliage and wildflowers. We will meet at the Wonder Lake parking lot on Ludingtonville Road in Holmes, NY. Email leader for directions and meeting time.

**Sat., Oct. 4**  Library Talk for MHADK – 2 pm Newburgh Free Library
Subject will be Doodletown and the other vanished hamlets such as Baileytown, Johnsontown, Pine Meadows and Sandyfields (just to name a few) acquired by the Palisades Interstate Park Commission within the Harriman park region. Learn about the history of this area we lead hikes through and the families that lived there for generations. Guest speaker Elizabeth “Perk” Stalter (former resident of Doodletown) has graciously agreed to share her extensive knowledge of this area. She is the author of Doodletown Hiking Through History in a Vanished Hamlet on the Hudson.

**Sun., Oct. 5**  Annual picnic at Norrie Point – Hudson River Paddle - TBA
Walk from Norrie Point Gazebo to Ogden Mills Mansion and return - pre-picnic standard
Leader: Sue Mackson 845 471 9892 suemackson@gmail.com
I’m told the Riverside trail has been improved since last I was there. We’ll look at plants, mushrooms and whatever wildlife we can see. Bring binoculars and whatever bird knowledge you have. Meet at the Gazebo (where our pot luck picnic is held) at 10:30. The paths are rolling and rough, but all should be able to work up an appetite in this familiar and gracious landscape. We’ll wave to whatever paddlers are out on the water. No reservations needed.

**Sat., Oct. 11**  Fahnstock State Park, moderately strenuous (7-8 mile loop)  
Leaders: Jean-Claude Fouere, 845-462-1909  
Georgette Weir, georgette.weir@gmail.com
Starting at Canopus Lake head south on 3 Lakes Trail to Charcoal Burners, to Fahnstock Trail and back to parking area at Canopus Lake. Call for meeting time and place.

**Sat., Oct. 18**  Hike Mt Beacon via alternative routes  
Leader: Tom Amisson Tamisson@aol.com
We will hike approximately 7 miles with some very steep sections and scrambling. Elevation = 1500’ plus. Contact leader by email to confirm and for meet up info.

**Sun., Oct. 19**  Blackhead Range, Catskills - 7.6 miles, 2600 feet elevation gain  
Leaders: Shari Aber (shnaber@yahoo.com) 914-489-0654 and Joseph Ferri (newpaltz33@yahoo.com) 914-489-1582
We will hike the Blackhead Range doing three 3500’ peaks as a through hike at a moderate pace. This is a beautiful ridge hike that has lots of views. Contact leader for details including meeting place, time and shuttle arrangements. Co-listed with Catskill 3500 Club.
**Fall Outings Schedule**

**Tues., Oct. 21**  
**Audubon Buttercup Sanctuary 10 AM**  
**Leader:** Beth Willis 845-373-8202 bethwillis@optonline.net  
Come and enjoy a leisurely (3-4 mile) fall hike in the beautiful and diverse Buttercup Audubon Sanctuary in Stanfordville, New York. This is a wonderful time and place to enjoy the beauty of autumn. Stroll alongside Wappengers Creek, and enjoy autumn colors and views of Stissing Mountain. Wear sturdy hiking boots and bring lunch, snacks, plenty of water. Call or email leader before 8:00 pm on Sunday, October 19th, to register and for meeting place. (If you email, be sure to include a phone number at which you can be reached).

**Sat., Oct. 25**  
**Harriman, B+ (8.5 mi), Map #119: Harriman North**  
**Leader:** Alvin DeMaria 845-255-1704 demonalvin@yahoo.com  
From Anthony Wayne parking, we’ll head south on Beechy Bottom road, cross Palisades Pkwy on the A.T., ascend Black Mtn and have lunch at Brien Memorial lean to. Complete the loop with yellow Me-nominee and Red Cross trail, crossing parkway again and head north to cars. Meet 9:30 at Anthony Wayne parking off Palisades Pkwy.

**Sat., Nov 1**  
**Wonder Lake & Laurel Pond Loop Hike – Patterson, NY - Class B (6+ miles – Moderate Pace)**  
**Leader:** Tom Buckley  
TrailHikerTom@gmail.com  
Enjoy a nice crisp day as we hike portions of the Yellow Trail & the Highland Trail, and the entire Orchard Hill Trail. No big hills, just gently rolling terrain with lots of scenery. It’s too early to hibernate for winter, so please come outside to hike and enjoy the fresh air of the outdoors. We will meet at the Wonder Lake parking lot on Ludingtonville Road in Holmes, NY. Email leader for directions and meeting time.

**Sun., Nov. 2**  
**Annual Planning Meeting** - details to follow  
**Leader:** Mel Kleiman 845-216-6805  
Come Meet at 9:30 am In Black Rock parking area off 9w south. Rain C cancels

**Sat., Nov 22**  
**Harriman State Park**  
**Leader:** Alvin DeMaria 845-255-1704 demonalvin@yahoo.com  
We’ll be hiking west from the North Bluff Road parking area, with the option to hike either the Grassy Path or the Iron Masters Trail. We’ll do the A.T. to the North Bluff Road parking area instead of the usual South Bluff. The hike is intended for those ready to hike, but we will meet and leave from the North Bluff Road parking lot.

**Sat., Nov 29**  
**Harriman State Park**  
**Leader:** Mel Kleiman 845-216-6805  
This is a more challenging hike that will do both the Pines & Greens and North Bluff trails. It’s a great fall hike with some nice views. Let’s meet 9:30 at the North Bluff Road parking lot.

**Sat., Nov 15**  
**Catskills Hike**  
**Leader:** Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com  
Yes, there will be some scrambling and some uphill, but I ascend slowly. Contact me for carpool information. We will plan to leave from central Dutchess County by 8:30 am as the trip to the trailhead is long.

**Sun., Oct. 26**  
**Brace Mountain, B (under 6 miles)**  
**Leader:** Sue Mackson suemackson@gmail.com or 845-471-9892  
I cannot forget the autumn spectacle from the top of Brace Mountain several years ago! The view at top is unobstructed and we looked from the Taconic Mountains all the way to the Catskills, the Harlem Valley and the hills were in iconic fall color. I’m hoping we will have such a day this year. The approach, however, will be from Massachusetts, which is considered the less steep access to the highest mountain in Dutchess County. Perhaps you remember getting there with Salley Decker one year, or with Jane Geisler several years before. Don’t let “6 miles” deter you. Think of it as just 3 miles to lunch and 3 miles back. Yes, there will be some scrambling and some uphill, but I ascend slowly. Contact me for carpool information.

**Tues., Nov. 11**  
**Harlem Valley Rail Trail**  
**Leader:** Beth Willis 845-373-8202 bethwillis@optonline.net  
Come and walk a section (about 4 miles) of the beautiful Harlem Valley Rail Trail in Eastern Dutchess County, followed by lunch (optional) in one of the local restaurants and tea tasting at Harney Teas in Millerton, New York. Please wear sturdy boots or shoes and bring snacks and plenty of water. Meeting time 10:00 AM in the Amenia Town Hall parking lot. Call or email leader to register before 8:00 pm on Sunday, November 9th. (If you email, please include a phone number at which you can be reached).

**Sat., Nov. 15**  
**Catskills Hike**  
**Leader:** Russ Faller 845-287-5126 (before 9:30 PM) or russoutdoors@yahoo.com  
Hike one of the Catskill 67 (highest peaks under 3500 ft.) in the South-Central Catskills. It’ll probably be the East & West Wildcats or Van Wyck. Contact leader for specifics, meeting place and time.
**Fall Outings Schedule**

**Sat., Nov. 15**  
**Schunemunk, B+ (8 miles)**  
Map #114: W. Hudson  
Leader: Alvin DeMaria; 845-255-1704; demonalvin@yahoo.com  
Up Trestle trail, along Western ridge. Return on Jessup and Otterkill.  
Call leader for meeting place and time.

**Sun., Nov. 16**  
**Two Part Autumn Hike**  
Leader: David Kaplan 845-876-4642  
We will meet at Burger Hill parking at 10:30 am and hike first to Burger Hill; we will then hike to Ferncliff Forest. Rain will cancel. For additional information, call leader.

**Sat., Nov. 22**  
**Harriman State Park**  
Leaders: Jean-Claude Fouere, 845-462-19092, and Georgette Weir, georgette.weir@gmail.com  
Silvermine Lake and Lake Nawahunta via an 8-mile loop that includes the Menomine Trail, Appalachian Trail, Long Path, and Ramapo-Dunderberg Trail. Call for meeting time and place.

**Sat., Nov. 29**  
**Harriman State Park - B Hike (7-8 miles)**  
Leader: Mel Kleiman 845-216-6805  
Meet at 9:30 am at Silver Mine parking area. Rain cancels.

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**Harlem Valley Trails Crew Formed**

In spring of 2014, a new trail crew was formed in eastern Dutchess County. Known as the Harlem Valley Trails Crew, it will be co-supervised by Salley Decker and Bill Beehler. Participants will be responsible for maintaining the current trail to Dover Stone Church as well as future trails to be built on adjacent property. There will also be trail maintenance trips on the Appalachian Trail and other trails in the area.

On Saturday, May 31st, the first work trip was held. Members of this newly-formed crew spent several hours working on the Appalachian Trail off Duell Hollow Road. White 2” X 6” blazes were painted after the expert instruction/demonstration by Bill Beehler. Annual growth was clipped, and branches were removed along the trail. In just a couple of hours, a difference was made!

A highlight of the trip was meeting a thru-hiker, a man from Maine who was hiking the Appalachian Trail back home. (Actually, he was meeting his wife at the NY/CT state line parking lot for a much-needed weekend off before resuming the trek north.)

As a result of this morning work trip, Bill was able to recruit a new maintainer for this section of A.T.! After the work was finished, some of us walked south on the A.T. to visit the Wiley Shelter. Shelter Caretakers Donna Chapman and Marti Hunley had worked with the other volunteers in the morning. Several photos of the shelter were posted on Face book. (Wiley Shelter was built in 1940, which makes it 75 years old in 2015!)

If you are interested in volunteering for the Harlem Valley Trails Crew (residency in Eastern Dutchess County is not required), please contact Salley Decker or Bill Beehler. Another work trip will be held in October.
May 10  Nuclear Lake
Leaders: Bill Beehler & Ellen Zelig
2 brave or crazy hikers joined the co-leaders for the hike even though the weather reports forecast showers. It turned out to be a warm, sunny morning—we made it to Nuclear Lake and back. No one got lost or fell in the lake. Six people said they would be there. Weather report made them chicken out. Bert Waelder, Rich Chapman.

May 17  Silver Mine/Harriman
Leader: Mel Kleiman
Excellent Day. Sunny and cool. End of hike marked by cup of ice cream. Tom Amisson, Lalita Malik

May 31  Long Dock Paddle
Leader: Tom Amisson
13 intrepid paddlers braved the Hudson in Beacon on a beautiful but windy day. The paddle was modified for safety reasons and included a hike around Dennings Point after paddle across a narrow bay. Hopefully we can meet up again to complete the paddle into the Fishkill Estuary and the scenic falls at Madam Brett Park. Dave Webber, Carol Gray, Roberta Forest, Bob Clark, Ginny Fauci, Karen Flaherty, Kathi Marek, Anthony and Pat Gafao, Ralph Heiman, Diane Diutruff

June 1  Kayak/Canoe Catskill, NY
Leader: Dave Kaplan
Tom McDrdle, Leigh and Joe Toth, Arlene Kaplan 1 tandem canoe and 3 kayaks met at Dutchman’s Landing in Catskill, NY. We paddled secondary to the whirls of currents and tides down to the Ramshorn Creek and paddled up the creek as far as tide level would allow us. We turned around and reentered the now north flowing current up to Catskill Creek where we paddled up another hour or two. It was a beautiful day, mild wind, blue skies and the irises in Ramshorn Creek were in bloom. Observation: when running a trip on the Hudson that involves tributaries and marshes, it is important to note times of currant and tidal changes.

June 1  Loop Hike of Wonder Lake and Laurel Pond
Leader: Tom Buckley
On a bright, comfortably warm, sunny day I led Tom Spence, Judy Dwyer, Tom Amisson, Rose Brown, Yaneth Rodriguez, Patricia Lancredi, Carol Gray, Karen Glenning, Richard Wilson, Ellen Kelly on a loop hike of Wonder Lake and Laurel Pond. From the main parking lot on Ludingtonville Rd we started out on the Highlands Trail and hiked 0.9 miles up about 350 feet to the 2nd junction with the Yellow Trail. We continued downhill on the Highlands Trail to the shoreline of Wonder Lake. We continued around the lake on the Highlands Trail past the first of 2 earthen dams looking for some early blooms of mountain laurel; but only saw a few small buds. We did startle a long water snake that everyone admired from a safe distance.

We then gradually gained some elevation before going downhill to Laurel Pond. Along the way we did see some wildflowers. We found an excellent spot for lunch as Mother Nature provided us a with a very long fallen tree that made a perfect bench for our group. In fact everyone had a choice of settling in the sun or sitting in the shade. I gave out wrapped pieces of dark chocolate to those who wanted some. After lunch we continued around the north end of Laurel Pond past the 2nd earthen dam until we arrived at the start of the Orchard hill Trail (The Blue trail). We continued on the mile long Orchard hill trail until we came out to the short White Trails which connected us back to the Highlands Trail. We followed the Highlands Trail back to the junction of the Yellow Trail. We stayed on the Highlands Trail and then had an easy 0.9 mile hike back to the parking lot.

We covered 5.52 miles. I have already been asked when the next hike is. I guess I have to buy some more dark chocolate pieces.

June 7  Mine Hole Rd, Minnewaska
Service Project and Hike
Leader: Tom Amisson
ADK members Ginny Fauci, Sue Mackson, Lalita Malik and the leader celebrated National trails Day by hiking the Long Path and Mine Hole Trail in Minnewaska State Park. Part of the trail is maintained year round by the Chapter. We enjoyed a beautiful day and the satisfaction of a job well done (cleared some water bars--), placed stepping stones, built one cairn.)

June 8  Perry Nature Preserve in Dover Plains
Leader: Sue Mackson
Marie Caruso, Judy Ahrens, Douglas Kramer, Sharon Slocum, Karen Flaherty .enjoyed lovely late spring day for a mid-morning walk at two sites—the “White Sands of Dover—which really has a sand base, as well as interesting limestone boulders, and the wet meadow east of the Dover Oak on the AT where the blue flag irises were blooming in great purple swathes of color. No animal encounters, though two days before, in the evening I nearly tripped over a beautiful box turtle. Doug took this flower photo—still haven’t identified it.

June 10  Evening Paddle Lower Wappingers Creek
Leader: Dave Webber
We paddled up to the creek to the hydro-electric plant generating power from the waters of Wappingers Lake. John McPhee wrote an essay titled “Mini-Hydro” in the Feb 23, 1981 New Yorker magazine that was later published in his book "Table of contents" where he describes how the present day hydro-electric plant came to be at the base of the Wappingers Falls. This was a night of the herons, 9 great blue herons and 4 black crowned night herons were seen as we paddled out to the Hudson River. In early June the invasive water chestnut was only beginning to show and was easy to move thru. Later in the season the water chestnut forms a dense mat that makes paddling near shore hard work. Clyde Clounie, Dave Baldauf.

June 17  Evening Paddle- Hudson River at Poughkeepsie
Leader: Dave Webber
A hot and sunny Tuesday evening with a south wind June Sanson, Mike Pettigrew, Russ Faller. headed north along the east shore where we shared with water with many rowing shells from the Community Boat House. We paddled past Marist College, Brass Anchor Marina and up to the CIA. Our return to Poughkeepsie was assisted by an ever increasing ebb current. Still the rowing shells passed as at least twice our speed.

June 24  Evening Paddle- Hudson River at Beacon
Leader: Dave Webber
A brisk south wind greeted us at the launch. A few people decided after looking at the conditions to wait for a calmer day. Tom Amisson, Marsha Kramer, Mike Pettigrew, John Monton, Clyde Clounie, Kathi Maier, Dan Strickland. Left Beacon’s Long Dock Park to head south into the
wind to Dennings Point. Once around Dennings Point we escaped the wind and find the calm waters of the Fishkill Creek. We paddled up to Madam Brett Park and enjoyed a quick snack and drink while watching the water cascade by the Ticonderoga Hat Factory building. The return trip had us surfing our way back to Long Dock

June 28 Wonder Lake & Laurel Pond Loop Hike
Leader: Tom Buckley

THERE’S A NEAT LESSON AT THE END OF THIS TRIP REPORT—EVERYONE LEADING OUTINGS CAN BENEFIT FROM IT.

On a bright, comfortably warm, sunny day I led Georgette Weir, Sue Mackson, Clyde Clounie, Bill Mahonis, Jeff Lawyer, Marsha Kramer, Connie Haven, Suzanne Cuvatolo. hikers on a loop hike of Wonder Lake and Laurel Pond. From the main parking lot on Ludingtonville Rd we started out on the Highlands Trail and hiked up about 340 feet to the 2nd junction with the Yellow trail. Along the way we passed numerous stonewalls which showcased the diverse geology throughout the park. I took the opportunity to explain some of the “rules” we had to follow when building the trails through the stonewalls. We continued downhill on the Highlands Trail to the shoreline of Wonder Lake. Here we straddled the stonewall marking the border between the towns of Kent & Patterson. We continued around the lake on the Highlands trail. We then gradually gained some elevation before going downhill to Laurel Pond. We found a lunch spot, as we had on my June 1st hike and I remembered the chocolate.

After lunch we continued around the north end of Laurel Pond and continued to the end of the Highlands Trail on Mooney Hill Rd. We returned as we had on June 1st up to the intersection with the Red Trail. The Red Trail took us over Bare Hill and then we had an easy hike back to the Highlands Trail and to the parking lot. We covered 7.42 miles.

Luckily at the parking lot I waited to make sure everyone departed safely. One of the hikers realized they had a dead battery. I showed her how to use jumper cables and had her on her way with just a slight delay.

June 28 Castle Rock Unique Area Hike
Leader: John Ragusa

We met at the Castle Rock Unique Area Parking Lot at 10:00 am. The day was sunny and hot. Dina Terry, Donna Wiegend, Joan Billows, Andy Lawrence, Andrew & Joan Peconado and the leader hiked along the blue trail leading from the parking lot through the meadow and onto the trail which then turned into the red trail and we ascended up Sugar Loaf Hill. At the top of the ridge, we observed several outcrops of prickly pear cactus. Some of the cactus was flowering with beautiful yellow flowers. The view looking south along the Hudson to the Bear Mountain Bridge and surrounding area was fabulous. We then descended the hill and hiked back to the parking lot and continued to Route 9D where we picked up the trail to Arnold’s Flight. We stopped at the information kiosk to read the history of Arnold’s Flight. We hiked the trail to the river and stopped at a lovely shelter for lunch. We then walked the Marcia’s mile path and back onto Route 9D and into the parking lot. A good time was had by all. The hike was completed by 2:00 pm.

July 1 Evening Paddle Hudson River at Norrie Point
Leader: Dave Webber

Another breezy Tuesday evening on the river. Peter Rivera, Mike Pettigrew, JC Fouere and the leader left the Norrie Point Marina for a trip out to Esopus Island and then on to Bard Rock at Vanderbilt NHS

July 8 Evening Paddle- Hudson River at Poughkeepsie
Leader: Dave Webber

It looked like this was going to be my first cancellation of a Tuesday evening paddle. The forecast was for thunderstorms all throughout the area. However, always hoping for the best and watching the weather radar the evening turned out fine and clear until well after dark when the storms finally arrived. We paddled across the river to Highland and then down the west shore fighting the flood current. Though we had to work hard paddling south our return to Poughkeepsie was done in half the time with the current behind us. At one point we were drifting at 2.4mph as measured by Mike’s GPS. Mike Pettigrew, Clyde Clounie.

July 12 Newburgh Beacon Bridge Walk
Leader: Sue Mackson

2 members and 4 guests enjoyed watching the sun set at Riverside Park. Clouds somewhat obscured, but the background was live music at a park festival. We enjoyed ambling up to the bridge – by then the “supermoon” had risen and we caught a nice breeze off the river. We waved in the direction of the paddlers on the river who, we think were also enjoying the brilliant orange moonlight.

July 17 Shawangunks Lost City
Leaders: Alvin DeMaria& Anthony Sorace

From the Coxing Kill Split Rock parking, took blue and yellow trails to base of Lost City rock-climbing cliff. Then leaders took group in-and-out of crevices, with fun scrambling over and under boulders. Excellent lunch spot on open rock ledge at top of cliff. Our rout followed a description from newsletter of Friends of the Shawangunks (Dec.,2003). Participants: Ginny Fauci, Lalita Malik, Shari Aber, Pete Schwindeller & other Thursday group hikers

July 27 Upper Manhattan
Leader: Sue Mackson

Stan & Ines Augie, Judy Kito, Bill Jacobs, Glenda Schwatz, June Post, Sayileela Nulu, Nancy Ross, Kate Harnick Elliott, with Sara and Daniel, Daphne Liu with Dylan Greenberg and Josh Zola, Deborah Gross with Attie Heisler hit all the important spots in northern Manhattan—the restored salt marsh on the Harlem River, the site of the Tulip Tree where Peter Minuit did the bargain deal and purchased Manhattan, the “Indian Caves”. We followed the blue trail through Inwood Hill Park, and climbed up to Fort Tryon Park where we lunched on an outcrop of gneiss. The 5 children and their parents Manhattan residents left us at that point. We admired the Heather Garden and the lawns of the park surrounding the Cloisters, made a pit stop at the sort of fancy laveratories you’ll never find in the Catskills, and headed out down Fort Washington Avenue to Bennett Park where we peaked bagged the highest point in Manhattan at 265 ft. The site is a standard urban park with trees and benches and a playground, lounging adults a surprising cannon (this was the site of Fort Washington, lost to the rebels in 1776) and a bit of rock outcrop. We returned north along the traffic of Henry Hudson Parkway and again, over the Broadway Bridge into the Bronx and the Marble Hill Metro North Station. Ask us about the MacDonalds.
Many ADKers turned out at Vassar College Tuesday evening, July 15 to hear Douglas Brinkley, well known authors, discuss John Burroughs and Theodore Roosevelt and the conservation movement. TR was closely connected to John Burroughs and Mr. Burroughs was friends with and influenced by Walt Whitman. Burroughs was writing in monthly magazines and reached the general public. I know my own parents were influenced too. My mother, as a girl, belonged to a Sharp Eyes Club. My father majored in Forestry at Harvard. When I was growing up we went on regular Sunday afternoon walks. We hunted the earliest Skunk Cabbage in January. We found Trailing Arbutus in Maryland pine woods and Spring beauties and Trout Lilies on the flood plain of the Anacostia River. We looked for the red berries of the Winterberry in November.

When I moved to the Hudson Valley in the fifties with a young family, we would attend the May and October events at Slabsides (the John Burroughs home in West Park). At these gatherings JB’s son Julian was there with a big white beard. My five year old thought he was seeing John Burroughs. We met folks from the Museum of Natural History: Harold Moldenke, author of American Wild Flowers and Farida Wiley, expert on ferns and mosses would lead walks. (JB preferred the term tramps which Brinkley says today we would call bushwacks.) We also visited the grounds of Riverby, his farm overlooking the Hudson River, where we saw a gazebo-like structure where JB did some of his writing.

Douglas Brinkley wrote Wilderness Warrior: Theodore Roosevelt and the Crusade for America and is now working on Rightful Heritage: FDR and the Land of America. Brinkley feels that FDR was influenced by John Burroughs. The conservation actions taken by FDR (he considered his occupation Tree Farmer) were far reaching such as the CCC, the Soil Conservation Services, Cape Hatteras National Seashore, etc. Ed Nixon, one of the founders of our Mid-Hudson chapter, researched and published the letters describing FDR’s tree farming activities and Jean Harper’s plea to save and create Okeefenokee National Wildlife Refuge. As we left we all had an urge to reread Walt Whitman’s Leaves of Grass”.

ed. note: Brinkley also mentioned the membership that FDR maintained in ADK.

Where are my MHADK Emails???

The chapter sends out timely emails for all outings and events. Sue Mackson sends out a weekly email; Shari Aber sends an email to those on the kayaking list; Ginnie Fauci and Lalita Malik cover the Mid-Week hikes.

If you’ve been wondering why you are not getting any emails – might have an answer for you. Currently, we have 74 chapter members out of our 558 families that do not have a known email address. It’s possible when you joined ADK you left the email address blank on the registration form. Maybe you have changed your email address or maybe the address was entered wrong into the ADK database.

So, if you are not getting any chapter emails and would like start receiving them. Send an email with your name and email address to ebc12533@yahoo.com. The email lists are also open to family members.
**HAVE YOU MET—TOM AMISON, MHADK TRAILS CHAIR?**

You may have met Tom when you paddled with him on the Hudson around Beacon, or as you wended your way, under his guidance, through one of the trails at Fahnestock Park, or while learning how to do basic trail maintenance at the seminar he organized. Despite all Tom’s activities if you’ve been an MHAD-Ker for a long time, you’d might not have met him until two or three years ago.

Tom has lived in Dutchess County only for the last five years—when he and his wife Sue, moved to Beacon from Danbury. His acquaintance with our area, however, goes back many more years through his capacity as a Social Worker in the Poughkeepsie City Schools, mostly in planning educational services for students with physical or educational challenges. Upon his retirement, he determined to become substantially involved in outdoor recreation. He started paddling and hiking seriously in preparation for his greater free time.

Trail maintenance got Tom involved first—and that was quite by accident. About twenty years ago he was out hiking with his children when NYNJ Trail Conference volunteer approached and asked if he wouldn’t like to help out with the trails in the area. The answer was yes, the trails were in Fahnestock Park and Tom eventually became supervisor of an AT section running from NYS 84 to NYS 301, as well as a corridor monitor, checking along the trail for encroachments on the linear federal parkland that comprises the Appalachian Trail. Tom’s also been a supporter of the Stony Kill Foundation and manages its trails.

Tom started road racing and trail running as a young man and expected those sports to involve him into his later years. Back problems limited his ability to keep pounding his feet on the road and he switched to hiking and later took up paddling. He’s done both in the Adirondacks, returning to that wilderness area each year—enjoying the trails and waterways on his own. In recent years, however, he’s found enjoyment in sharing his enthusiasms with folks he’s met at AMC and ADK activities. That’s how he came to join our Mid-Hudson Chapter, encouraged by Russ Faller. It’s also how he became our Trails Chair, when Jean-Claude Fouere learned of Tom’s long trail maintenance experience.

We’re lucky that Tom has decided to devote his skill, and energy to our chapter’s projects and to design several of these himself. Perhaps you’d like to get to know Tom by devoting your energy to a trail project? Contact him and you’re sure to want to get involved.(see page 2 for contact information) Or—get out with him on a hike or paddle. Maybe he’ll talk you into a long term project, just as he was, many years ago. Or maybe he’ll steer the conversation to Beacon, and what a great community he’s chosen to live in.

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The Mid Hudson Chapter of the ADK Welcomes Our New Members!

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Mid-Hudson Trails
Stay Connected.....

Adirondack Mountain Club:  www.adk.org
Mid-Hudson Chapter:  www.midhudsonadk.org
NY/NJ trail Conference:  www.nynjtc.org

To make a change of address, phone or email, send a message with the specifics to: adkinfo@adk.org or call 1-800-395-8080 x22

To be included in the Mid-Hudson Chapter e-mail list or to change your e-mail please send a message to ebc12533@yahoo.com