Appalachian Trail in Maryland- Backpack Trip

See pages 9-11 for the write up on this and other Spring outings

Summer Outing Season is Here! Join us on a hike or paddle. Check out the schedule inside.

In This Issue
- Feature Story: Front Cover
- Outing Schedule: Pages 3-8
- Outings Log: Pages 9-11
- News & Events: Page 11
In memoriam, Brianne Seipp

Written by Carole Marsh

We are all saddened by the recent passing of our good friend and colleague, Brianne Seipp. Bri had been an integral part of ADK for many years, being both editor of the *Mid-Hudson Trails* and a member of the Board.

She was born on Vachon Island in WA state, and consequently loved being near the water, especially our beautiful Hudson River. She enjoyed paddling on it, the view from the lawn of Boscobel Mansion, and getting to be a part of the night time celebration of the historic opening of the "Walkway over the Hudson."

She loved her family, her flower gardens and her wonderful dogs. She was a gracious caregiver to all her friends, neighbors and those in need. She was kind, helpful, reliable and a Super Friend.

She will be greatly missed.

www.midhudsonadk.org
GENERAL OUTINGS GUIDELINES

⇒ Notify leader of your intent to join an outing at least 2 days prior to the outing.
⇒ Be at designated meeting place 10 minutes prior to the scheduled departure time.
⇒ Car pooling is encouraged, riders are expected to share the expenses equally at a rate of $.20 per mile plus any tolls and parking fees incurred.
⇒ Dogs may be allowed on some outings, check with trip leader. If allowed; bring a leash, be able to control your dog and provide for its needs (especially water).
⇒ Guests are welcome to participate in two outings. After that they are encouraged to become members of the Mid-Hudson Chapter of the ADK.

HIKING GUIDELINES

⇒ Check out the Ten Essentials (www.midhudsonadk.org/outings/ten_essentials)
⇒ Wear sturdy footwear as required for season and type of outing.
⇒ Be equipped with water, lunch, snacks, extra clothing and foul weather gear.
⇒ Hike Ratings indicate relative degree of difficulty and may vary with terrain, weather, season, etc. Check with Trip Leader to verify that the trip is suitable for your ability.

PADDLE OUTING REQUIREMENTS

⇒ PFDs (Personal Flotation Devices) must be worn at all times on the water.
⇒ On “Big Water” trips, such as those on the Hudson River (see exceptions below), Long Island Sound, and Lake George, the minimum boat length is 13.5 feet and must have dual bulkheads or flotation bags (unless the boat is a sit-on-top kayak).

Hudson River Exceptions: “Big Water” requirements do not apply to trips into Constitution Marsh or other areas where travel on the Hudson in minimal. Check with trip leader to verify if the trip meets these criteria or not.

MHADK OUTINGS SCHEDULE Summer 2015 – June, July & August

If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail

Mid Week Hikes
The leaders offer hikes of varying difficulty to different areas of the Mid Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

Leisurely Weekdays
Walks or easy hikes on different weekdays during each month.

Kayaking: How to get started
Always wanted to try kayaking but don’t know how to get started? We’ll tell you how to get started, what gear you’ll need, where to go paddling, where to meet other paddlers and where to get instruction on your technique. General Public is welcome, ADK volunteers are needed. For more information contact Don Urmston: mrmrurmston@gmail.com or 845-549-4671
Newburgh Library, TBA
Warwick Library, TBA
East Fishkill Library TBA
### JUNE OUTINGS OVERVIEW (details follow)

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Leader</th>
<th>Contact Info</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sat, June 6</td>
<td>National Trail Day –Trek and Trim</td>
<td>Tom Amisson</td>
<td><a href="mailto:Tamisson@aol.com">Tamisson@aol.com</a></td>
<td></td>
</tr>
<tr>
<td>Sat, June 6</td>
<td>Kayak Skills Session, Plum Point, New Windsor</td>
<td>Don Urmston</td>
<td><a href="mailto:Murmston@gmail.com">Murmston@gmail.com</a> or 845-549-4671 (before 9pm)</td>
<td>All Levels</td>
</tr>
<tr>
<td>Sun, June 7</td>
<td>Hike Doubletop Mountain</td>
<td>Shari Aber and Joe Ferri</td>
<td>914-489-0654 or <a href="mailto:shnaber@yahoo.com">shnaber@yahoo.com</a></td>
<td>Class B</td>
</tr>
<tr>
<td>Sat, June 13</td>
<td>Kingston Kayak Festival at Kingston Point Beach</td>
<td>Russ Faller</td>
<td>845-297-5126 (before 9:30 PM) or at <a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Mon, June 15</td>
<td>Mid-week Paddle - The Bashakill</td>
<td>Shari Aber</td>
<td>914-489-0654 or <a href="mailto:shnaber@yahoo.com">shnaber@yahoo.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Tues, June 16</td>
<td>Minnewaska State Park Preserve</td>
<td>Georgette Weir and Jean-Claude Fouéré</td>
<td><a href="mailto:georgette.weir@gmail.com">georgette.weir@gmail.com</a> 1-845-462-1909 or <a href="mailto:jcfouere@gmail.com">jcfouere@gmail.com</a></td>
<td>Class B+</td>
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<tr>
<td>Sat, June 20</td>
<td>Sea Kayaking Acadia National Park, Maine</td>
<td>Donald Urmston</td>
<td>845-549-4671 phone/text</td>
<td>Intermediate</td>
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<tr>
<td>Sat, June 20</td>
<td>Dutchmans Landing Catskill, NY, to Ramshorn Creek</td>
<td>Dave Belarge</td>
<td>914-497-1698 (8am-8pm please 845-457-4552 (before 9pm)</td>
<td>Class B</td>
</tr>
<tr>
<td>Sat, June 20</td>
<td>Castle Rock Unique Area, Garrison, NY</td>
<td>John Ragusa</td>
<td>917-692-1159 or <a href="mailto:john.ragusa@bnymellon.com">john.ragusa@bnymellon.com</a></td>
<td>Class B</td>
</tr>
<tr>
<td>Thurs, June 25</td>
<td>Storm King Art Center</td>
<td>Sue Mackson</td>
<td>845-471-9892 <a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a></td>
<td>Walk</td>
</tr>
<tr>
<td>Sat, June 27</td>
<td>Stonykill Farm</td>
<td>Sayi Nulu</td>
<td>845-264-2270 <a href="mailto:sayinulu@yahoo.com">sayinulu@yahoo.com</a></td>
<td>Walk</td>
</tr>
<tr>
<td>Sun, June 28</td>
<td>Fishkill Creek Clean-Out &amp; Paddle</td>
<td>Russ Faller</td>
<td>845-297-5126 (before 9:30 PM) or at <a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>See Details</td>
</tr>
</tbody>
</table>

**Sat., June 6  National Trail Day –Trek and Trim**

*Trail maintenance will be done on Mine Hill/ Long Path*

**Coordinator:** Tom Amisson Tamisson@aol.com

**Sat., June 6  Kayak Skills Session – 9:00 am, Plum Point, New Windsor (All Levels)**

**Leader:** Don Urmston: Murmston@gmail.com or 845-549-4671 (before 9pm)

Come get a free lesson from our ADK paddling trip leaders. We will cover basic strokes, rescues & safety. Whether you are new to kayaking or just need to brush up on your basics, we’ll have something for you. Meet at Plum Point in New Windsor at 9:00am. Participants must preregister with leader. PFD required.

**Sun., June 7  Hike Doubletop Mountain, B+ hike, 6 miles, 1970’**

**Leader:** Shari Aber 914-489-0654 shnaber@yahoo.com and Joe Ferri 914-489-1582 newpaltz33@yahoo.com

Doubletop is one of the trail-less 3500’ Catskill Peaks. Bring your map and compass for a short navigational planning session before the hike. We’ll start and end on a trail, following a pretty creek for about a mile. Contact leaders for meeting time and place. Co-listed with Catskill 3500 Club

**Sat, June 13 - Kingston Kayak Festival at Kingston Point Beach on Delaware Ave., 10 AM - 4 PM**

Contact: Russ Faller 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

This year we are again merging our PaddleFest energies with Kenco and Kingston Parks & Recreation for the Kingston Kayak Festival. There will be activities for first-time paddlers as well as for experienced paddlers. You can test paddle the newest kayaks, canoes and stand-up paddleboards on the market. Beginners can take a guided tour (kayaks and gear provided) and experienced paddlers can bring their own boats and gear and take a more advanced guided tour. There will be clinics, lessons and demonstrations. It will be a day of fun in the sun on Kingston’s sandy beach by the Hudson River so ring your friends and family, including the kids. Kenco will offer discounts on kayaks, canoes, paddleboards, car-top racks and paddling gear. There will also be a used gear sale. You can buy food there or bring a picnic. Admission is $10 and is a donation to environmental programs of the Forstyh Nature Center. Mid-Hudson ADK members enter free – bring your membership card. Visit www.kingstonkayakfestival.info or www.midhudsonadk.org/paddlefest for more info.

**Mon., June 15  Mid-week Paddle - The Bashakill**

**Leader:** Shari Aber shnaber@yahoo.com (914) 489-0654

The Bashakill is one of the premier paddling spots in the area. We will start from the main boat launch on South Road and paddle both downstream past the nesting eagles to the low end of the swamp and upstream to Haven Road. Bring PFD, lunch, and water. Beginners are welcome. Please confirm with leader.

**Tues., June 16  Minnewaska State Park Preserve B+/A, 9-10 miles, 6-7 hours**

**Leaders:** Georgette Weir georgette.weir@gmail.com and Jean-Claude Fouéré jcfouere@gmail.com 1.845.462.1909
Starting from the lower Awosting parking lot, we will walk along Mossy Glenn by the Peters Kill stream, up the Blue Berry run to Castle Point to enjoy a view of the Hudson Valley, along the Shawangunk Ridge Trail to Rainbow Falls and head back along the Peters Kill. Contact hike leaders for meeting time and place and for car pooling. ($8/car parking fee or Empire State Pass)

Sat., June 20 to Fri., June 26    Sea Kayaking, Acadia National Park, Maine - Class: Intermediate
Leader: Donald Urmston: Mrurmston@gmail.com 845-549-4671 phone/text
We will paddle around Mt. Desert Island / Acadia National Park and see the awesome beauty of coastal Maine. Our trip will take us out in the open ocean, tidal marshes, coves and quaint Maine fishing harbors. Sightings of harbor seals and porpoises are common. Approximately 5-6 hours of paddling per day. Then we retire to our nice soft beds each night. REGISTER EARLY, ONLY 6 SPACES AVAILABLE. $320 per person ($500 per couple)
Contact trip leader for more information or if you have any questions.

Sat., June 26    Dutchman’s Landing Catskill, NY to Ramshorn Creek, 5.5 miles
Leader: Dave Belarge 914-497-1698 (8am-8pm please) or dbelarge63@aol.com
Meet at docks at 9 AM. We will depart from Dutchman’s landing and paddle on the Hudson for a short while to Ramshorn Creek. You should be an intermediate paddler to go on this trip as it is a combination of big and calm water. The Hudson part of the trip is a little over 2 miles and the creek part about 3 miles. Bring snacks and water. PFDs must be worn while on the water. 13.5’ kayak with flotation is required.

Sat., June 20    Castle Rock Unique Area, Route 9D, Garrison, NY, Class B, 3 miles
Leader: John Ragusa Phone: 917-692-1159
Email: john.ragusa@bnymellon.com
We will hike along the blue trail leading from the parking lot through the meadow and onto the trail which then turns into the red trail and ascend up Sugar Loaf Hill. At the top of the ridge, we will observe several outcrops of native prickly pear cactus. Hopefully, the cactus will be flowering with beautiful yellow flowers. There are great views looking south along the Hudson to the Bear Mountain Bridge and surrounding areas. We will also do some light trail work around the delicate cactus to protect them from hiker’s boots.
Meet at 10 AM in the parking area off Route 9D, about a quarter mile south of the intersection of Routes 9D and 403. Look for large DEC sign on left-hand side. Heavy rain cancels.

Thurs., June 25    Storm King Art Center http://www.stormking.org/
Leader: Sue Mackson suemackson@gmail.com, 845 471 9892.
Admission, normally $15, is free to all comers on this day. If you’ve never been to this dramatic outdoor display of sculptures, it’s a must see. If you’ve been there, you know how wonderful and varied is the landscape and what fun it is to walk a natural landscape dotted with sculptures of all sorts, almost entirely nonrepresentational. Meet at 1:30 at the entrance to the park to spend the afternoon. Perhaps we’ll go up to the Newburgh Beacon bridge and walk it in the evening.

Sat., June 27 - We will take a leisurely walk in the Stony Kill farm, visit barn animals
Leader: Sayi Nulu 845-264-2270 sayinulu@yahoo.com
It would be 2 to 3 hr walk/hike. Meet at 2PM in front of visitor center Manor House. After a short 0.5 mile wood land trail we will carpool to go to Red Schoolhouse Rd. and hike the 2mile sierra trail.

Sun., June 28    Fishkill Creek Clean-Out & Paddle
Leader: Russ Faller 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com
Come help us build a water trail on the Fishkill Creek. We’ll paddle the creek as we clear it for canoes and kayaks. If you don’t have a boat, gear or tools, but want to help, contact the leader. Bring lunch, water & work gloves. Useful tools include: loppers, axes, saws, come-alongs, rope, pry bars. If you cannot make this date, but want to become part of this exciting project, contact the leader. Contact leader for meeting time & place.

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**JULY OUTINGS OVERVIEW (details follow)**

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Leader</th>
<th>Contact Info</th>
<th>Rating</th>
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</thead>
<tbody>
<tr>
<td>Wed, July 1 - Sun, July 7</td>
<td>Appalachian Trail Backpack in Maine: Sandy River (Rt. 4) to Monson</td>
<td>Russ Faller</td>
<td>845-297-5126 (before 9 PM) or <a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Sat, July 4</td>
<td>Nighttime Fireworks Paddle, Location TBA</td>
<td>Don Urmston</td>
<td><a href="mailto:Mrurmston@gmail.com">Mrurmston@gmail.com</a> or 845-457-4552 (before 9pm)</td>
<td>Class B</td>
</tr>
<tr>
<td>Sun, July 5</td>
<td>Appalachian Trail at Fahnestock State Park</td>
<td>Georgette Weir</td>
<td><a href="mailto:georgette.weir@gmail.com">georgette.weir@gmail.com</a></td>
<td>Class B</td>
</tr>
<tr>
<td>Tues, July 7</td>
<td>Hudson River Evening Paddle at Poughkeepsie</td>
<td>Dave Webber</td>
<td>845-452-7238 or <a href="mailto:webberd1@yahoo.com">webberd1@yahoo.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Tues, July 7 - Fri, July 10</td>
<td>7th Annual Erie Canal Trip – Amsterdam to Waterford</td>
<td>Don Urmston</td>
<td>845-457-4552(before 9PM) or <a href="mailto:mrmurston@gmail.com">mrmurston@gmail.com</a></td>
<td>Class C+</td>
</tr>
<tr>
<td>Sat, July 11</td>
<td>Hudson River Paddle at Hyde Park</td>
<td>Dave Webber</td>
<td>845-452-7238 or <a href="mailto:webberd1@yahoo.com">webberd1@yahoo.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Sun, July 12</td>
<td>Paddle - Tivoli, across the Hudson to the Esopus</td>
<td>Jeff Kaplan</td>
<td><a href="mailto:fitdoc@sprintmail.com">fitdoc@sprintmail.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Tues, July 14</td>
<td>Hudson River Evening Paddle at Beacon</td>
<td>Dave Webber</td>
<td>845-452-7238 or <a href="mailto:webberd1@yahoo.com">webberd1@yahoo.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Sat, July 18</td>
<td>Fishkill Creek Clean-Out &amp; Paddle</td>
<td>Russ Faller</td>
<td>845-297-5126 (before 9 PM) or <a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Sat, July 18</td>
<td>Overlook Mountain, Woodstock, NY</td>
<td>Mike Phipps</td>
<td>646-373-5891 or <a href="mailto:PhippsMcp@aol.com">PhippsMcp@aol.com</a></td>
<td>Class A</td>
</tr>
</tbody>
</table>
Wed., July 1 - Sun., July 12  Appalachian Trail Backpack in Maine: Sandy River (Rt. 4) to Monson  Leader: Russ Faller- 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com  The first part of this trip will be more difficult than the last part. The first part will take us over many high peaks and down into deep valleys (steep ascents/descents), with a total elevation gain of more than 10,000 ft. But we will be rewarded with spectacular vistas, mountain tams, rock-strewn streams, and alpine areas above tree line. The last 5 and 1/2 days, we’ll traverse only a few low mountains in a wild lake country, with scenic ponds, waterfalls and long stream walks. Moderate pace to enjoy the scenery and good swimming. Total mileage is 105.8 miles, ranging from 6.2 to 13 miles/day. You can join this trip for either the first 7 days, for a total of 69.3 miles, or the last 4 days for a total of 36.5 miles. Contact leader to register.

Sat., July 4 – Nighttime Fireworks Paddle, Location TBA (B, Intermediate)  Leader: Don Urmsston Mrurmston@gmail.com or 845-457-4552 (before 9 PM)  Exact launch and route to be determined. We will paddle out on the Hudson and watch the fireworks from the water. This is is a “big water” trip, so experienced paddlers only. Minimum 13.5’ kayak with flotation. PFDs required. Email or call for more information closer to trip date. Register by 7/3/15 please.

Sun July 5  Appalachian Trail at Fahnestock State Park, from Canopus Lake to Shenandoah Mountain and back, 4-5 moderate miles  Leader: Georgette Weir georgette.weir@gmail.com  End with a swim at the lake (changing rooms on site). $7/car parking fee or Empire State Pass. Contact leader for meeting time, place and car-pooling.

Tues, July 7  Hudson River Evening Paddle at Poughkeepsie  Leader: Dave Webber webberd1@yahoo.com or 845-452-7238  Launch at 5:30 PM from the Waryas Park boat ramp. We’ll paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD must be worn! Participants must have a kayak 13.5 feet or longer with 2 bulkheads. Contact leader for directions.

Tues, July 7-Fri, July 10 - 7th Annual Erie Canal Trip – Amsterdam to Waterford (C+, Easy but long)  Leader: Don Urmsston Mrurmston@gmail.com or 845-549-4671  This year’s journey will be a bit different. No camping. We are staying in a hotel instead! We will cover approx. 55+ miles of the canal. The trip starts with a make-up day in Rome, and then we move to our hotel in Schenectady and paddle 3 days from Amsterdam to Waterford. Join us for any or all of the 4 days. Minimum 12’ kayak. Contact leader for more information. ADK Members only.

Sat., July 11  Hudson River Paddle at Hyde Park, 10 miles  Leader: Dave Webber 845-452-7238, or webberd1@yahoo.com  We will meet at Foundry park/train station parking lot at 7:30pm for an 8pm launch. Participants must have a kayak at least 13’ long with either dual bulkheads or flotation. Must have a ready light source (white light or headlamp), PFD required.

Sun July 12  Paddle - Tivoli, across the Hudson to the Esopus lighthouse in Saugerties for a shore lunch after going up the creek and back.  Leader: Jeff Kaplan fitdoc@sprintmail.com  Note: properly equipped flotation devices in reasonable length canoes or kayaks, only; life jackets, a must. High winds are a no-go, but if the winds are less then 15 +/- knots, as an alternative, we can go South on the Hudson, hugging the East shore to the nearby marshes.  Brief History: "The first lighthouse of the Esopus Creek at Saugerties was built in 1838 with funds from Congress. It was built to guide ships away from nearby shallows and into the Esopus Creek when Saugerties was a major port with daily commercial and passenger transportation. The light was five whale oil lamps with parabolic reflectors." Contact leader for launch time and additional information.

Tues, July 14  Hudson River Evening Paddle at Beacon  Leader: Dave Webber webberd1@yahoo.com or 845-452-7238  Launch at 5:30 PM from Scenic Hudson’s Long Dock Park. We’ll paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD must be worn! Participants must have a kayak 13.5 feet or longer with 2 bulkheads. Contact leader for directions.

Sat., July 18  Fishkill Creek Clean-Out & Paddle  Leader: Russ Faller 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com  Come help us build a water trail on the Fishkill Creek. We’ll paddle the creek as we clean it for canoes and kayaks. If you don’t have a boat, gear or tools, but want to help, contact the leader. Bring lunch, water & work gloves. Useful tools include: loppers, axes, saws, come-alongs, rope, pry bars. If you cannot make this date, but want to become part of this exciting project, contact the leader. Contact leader for meeting time & place.

Sat., July 18  Overlook Mountain, Woodstock, NY, 9.5 mile out and back hike with 1.300+ ft elevation gain, "A" level hike  Leader: Mike Phipps Cell: 646-373-5891 or email: PhippsMcp@aol.com  Hiking to the summit of Overlook Mountain, visiting the ruins of the Overlook Hotel, climbing the Overlook Mountain Fire Tower, and then descending down to Echo Lake. Bring 3+ liters of water, nutritious trail snacks and lunch. Dress appropriately and for the weather because I never cancel!
Meet at the Meads Mountain Road Trailhead Parking Lot at 8 AM. Anticipate hike finishing by 4 PM. Hikers wishing to carpool can meet up at 7:30am in the Kingston Thruway Park and Ride. Confirm with leader for directions or additional information.

Sun., July 19 Hike Hunter and Southwest Hunter, “A” hike, 10 miles, 2500’
Leaders: Shari Aber 914-489-0654 or shnaber@yahoo.com and Joe Ferri 914-489-1582 or newpaltz33@yahoo.com
We will hike up to the top of Hunter Mountain, where the tower atop the second highest Catskill peak affords great views of the area. From the Devil’s Path we will take a short detour down a shaded herd path to Southwest Hunter, one of several “bushwhack” 3500’ mountains. We will rest and maybe cool off at Diamond Notch Falls. Contact leaders for details. Co-listed with Catskill 3500’ Club.

Sun., July 19 – Paddle the Wallkill River, New Paltz to Rifton. 8.5 miles
Leader: Dave Belarge 914-497-1698 (8am-5pm please) or dbelarge63@aol.com
Launch at 5:30 PM from Scenic Hudson’s Long Dock Park. We’ll paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD must be worn! Participants must have a kayak 13.5 feet or longer with 2 bulkheads. Contact leader for directions.

Sun., July 19 – Wonder Lake & Laurel Pond Loop
Leader: Sue Mackson 914-845-7238 or suemackson@gmail.com
Meet at 9:00 AM at main entrance to Minnewaska. We will hike around the lake at Minnewaska. The more experienced and/or adventurous hikers will have the option of climbing to the top of Millbrook Mountain. We will all meet at the beach for a swim before heading home. Don’t forget packs, lunch and bathing suits if you intend to swim. Meet at 9:00 AM at main entrance to Minnewaska State Park. Please confirm with leaders. (Parking fees apply though we may be able to arrange carpooling.)

Sun., Aug 2 – Volunteer Picnic – Place and time TBA

Sun., Aug 2 Family Hike - Minnewaska
Leader: Shari Aber shnaber@yahoo.com or 914-489-0654 and Ginny Fauci gefauci@gmail.com or 845-399-2170
Bring your kids, grandkids, nieces, nephews, or young friends to a family hike. We will all hike around the lake at Minnewaska. The more experienced and/or adventurous hikers will have the option of climbing to the top of Millbrook Mountain. We will all meet at the beach for a
**SUMMER OUTINGS SCHEDULE**

**Sun., Aug 9**  Sleepy Hollow Trail to Little Pine Orchard Picnic Area 3 mi, 800 ft elevation gain  
**Leader:** Sue Mackson sueamackson@gmail.com or 845 471 9892  
This is hike # 5 in Catskill Day Hikes by Carol and David White. This is not a difficult ascent in the area of North Lake. We will, if sufficient cars, follow the suggestion to take in the North Lake swimming area.  

We’ll admire the views, enjoy the cool of a hemlock forest, and perhaps be able to wet ourselves in North Lake. Various carpool options--the park and ride at the Thruway in New Paltz or at the Thruway in Kingston. Please call in advance.

**Tues., Aug. 11**  Wappingers Creek Evening Paddle FULL  
**Leader:** Dave Webber webberd1@yahoo.com or 845-452-7238  
Launch at 5:30 PM from the ramp next to Reese Park. We’ll paddle for 1.5-2 hours, 4-6 miles at an easy pace to explore the tidal Wappingers Creek and perhaps a peek at the Hudson River. PFD must be worn! Contact leader for directions.

**Sat., Aug. 15:**  Ward Pound Ridge Reservation 5.5 mile loop hike with +250ft elevation gain  
"B" level hike.  
**Leader:** Mike Phipps Cell: 646-373-5891, email: PhippsMcp@aol.com  
This At 4,700 acres, Ward Pound Ridge is the largest park in Westchester County. We will be hiking on the Leatherman’s Loop Trail. Learning about the fascinating legend of the 19th Century French vagabond known only as the Leatherman, we will visit his cave shelter, see an interesting Indian petroglyph, and stop for lunch at Dancing Rock. Bring 2+ liters of water, nutritious trail snacks and lunch. Dress appropriately and for the weather because I never cancel! Meet at the Michigan Road Trailhead Parking Area at 9AM Anticipate hike finishing by 2 PM.  
Note that if you arrive before 8:30am it is free to enter the park. If arriving after 8:30 AM there is a $10 per car charge so carpooling is encouraged. Hikers wishing to carpool can meet up at 8:30 AM in the Katonah Commuter Parking Lot on Katonah Avenue just off Route 35.

Confirm with leader for directions or additional information.

**Sun., Aug 16 – Sat., Aug. 22** 6th Annual White Mountains, NH Trip  
**Leader:** Ginny Fauci gefauci@gmail.com  
TRIP IS FULL! Please contact leader to be put on the waiting list.

**Tues., Aug. 18**  Hudson River Evening Paddle at Poughkeepsie  
**Leader:** Dave Webber webberd1@yahoo.com or 845-452-7238  
Launch at 5:30 PM from the Waryas Park boat ramp. We’ll paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD must be worn! Participants must have a kayak 13.5 feet or longer with 2 bulkheads. Contact leader for directions.

**Sun., Aug. 16** 9AM Hudson River Paddle from Beacon to Dennings Point, Fishkill Creek and Bannermans Island, 10-12 miles  
**Leader:** Dave Webber webberd1@yahoo.com or 845-452-7238  
Morning launch from Scenic Hudson’s Long Dock Park. PFD must be worn! Participants must have a kayak 13.5 feet or longer with 2 bulkheads. Bring water, lunch. Email leader to confirm and for meeting time and directions.

**Sat., Aug. 22**  Wonder Lake & Laurel Pond Loop – Patterson NY  
– Class B 5.5+ miles  
**Leader:** Tom Buckley trailhikertom@gmail.com  
We will hike some of the numerous trails that offer various views of Wonder Lake, Laurel Pond and the surrounding ridges. We will hike at a moderate pace to enable everyone to enjoy the day. We will meet at the Wonder Lake parking lot on Ludingtonville Road in Holmes, NY. Email leader for directions and meeting time.

**Sun., Aug. 23** - NYC somewhere  
**Leader:** Sue Mackson suemackson@gmail.com or 845-471-9892  
Head south when the weather is hot? Well, yes, but we might do Pelham Bay Park in the Bronx or Governors Island in Brooklyn, or even the Highbridge over the Harlem River which is due to open this summer. Check back with me in August.

**Sun., Aug. 30 – Fri., Sept. 4 - Kayak/hiking camping trip at Harris Lake & Indian Lake in the Adirondacks**  
**Leader:** Tom Amisson Tamisson@aol.com  
We will stay two nights at Harris Lake then three nights on an island campsite on Indian Lake. I would like to reserve several campsites soon and would like to get an idea of who may be interested in coming along. I plan to tour the Essex Chain one day then kayak down the Hudson to Indian Lake the next. Besides kayaking, there are several fire towers and other hikes in the Indian Lake area. Contact Tom for additional information.

**Save the dates!**

**Sat, Sep12 - Norrie Point to Esopus Meadows Light House. 8 miles**  
**Leader:** Dave Belarge 914-497-1698 (8am-8pm please) or dbelarge63@aol.com  
Meet at 9 AM. We will depart from the launch at Norrie Point and paddle north to the light house. Bring snacks and water. PFDs must be worn while on the water. ‘13.5’ kayak with flotation is required. You should be an intermediate or better paddler to go on this trip as it is “big water”.

Sun, Sep 27 – Annual Picnic at Norrie Point – Details to follow.

**Fri, Oct 2 - Sun, Oct 4, 2015 – MHADK will be hosting the ADK Fall Outing at Hudson Valley Resort in Kerhonkson.** There will be a variety of hikes, walks, biking & paddles planned from Friday afternoon through Sunday. Information can now be found at www.adk.org/special-events.

**Lalita Malik, Committee Chair, Ginny Fauci – Overall Outings Chair, Sue Mackson – Leisurely Outings, Russ Faller – Paddles.**

**Sun, Oct 25 – Annual Planning Meeting – Details to follow.**

**Sun, Dec 6 – Holiday Party – Details to follow.**
Wiezel Trails Cabin Winter Weekend  
Organizer, Pete McGinnis  
Nine stalwart outdoorspeople had a great week end at the Wiezel Trails Cabin at Heart Lake. Crisp, clear weather ranging from 0 to 15 on Saturday and Sunday provided ideal conditions for hiking and cross country skiing. Monday was minus 16 so we all decided to leave early rather than hike or ski. Monday night Russ was able to try out his new sleeping bag in his vehicle in minus conditions and reports he was comfortable and warm. As usual the potluck dinners provided an abundance of excellent and nourishing meals. Highlights were Jean Claude and Maureen’s skiing to the Mount Van Hoevenberg Ski Center and Catrine, Gino and Georgette hiking up Haystack on Sat. and St. Regis on Sunday. We are all already looking forward to next year.

Sat, Feb 21 Catfish Loop in Fahnestock  
Leader: JC Fouere  
A small but very congenial group of three men snowshoed Catfish Loop in Fahnestock Park. Leader joined by Tom Amisson and Noel Schulz.

Sat, Feb 28 Giant Ledge and Panther  
Leaders: Shari Aber and Joe Ferri  
A single digit morning turned into a splendid, sunny winter snow-shoe. We started from the trailhead on Oliveerea Road, taking the Phoenixia East Branch Trail for .7 miles. There we picked up the blue trail to Giant Ledge and Panther. At the base of Giant Ledge, Pete decided to take his own more leisurely pace to the top of Giant Ledge. The rest of the group continued summiting first Giant Ledge with five or six serious viewpoints, then on to Panther Mountain. We met up with Pete again in the parking area, where he was patiently awaiting our return so he could pick up belongings locked in our car. A great day for all. Participants: Anthony Sorace, Roberta forest, Peter Cantine, Dana Bennet, and the leaders Joe Ferri and Shari Aber.

Sun, March 1 Vassar Walk/late afternoon munching  
Leader: Sue Mackson  
Snow and cold—as per the rest of winter 2015. Doug Ahrens brought along some red ribbons and tied them around various branches along our campus walk. We were participating in what he told us was an ancient Bulgarian celebration of the beginning of Spring. “Bulgarians celebrate on March 1 a centuries-old tradition and exchange martensiti on what is called the day of Baba Marta. The tradition of giving friends red-and-white interwoven strings brings health and happiness during the year and is a reminder that spring is near” (Wikipedia) Despite the hopes, we all know that on Mar 1, 2015 Spring was nowhere around the corner. Warm soup at the leader’s house and edibles brought by several folk were the best way to end a short winter walk.

Sat, March 7 Harriman Park  
Leader: Mike Phipps  
Our outing began at 9:20 am at the Johnstown Rd. cul-de-sac parking ear in Harriman State Park. As we began our 5 mile trek in knee deep snow on the Blue Disk Trail the going was slow due to the trail conditions. However, our group was strong and thanks to Jean-Claude and Susan whose snow shoes pushed down the snow for the others following easier behind. We had four dogs with us on this hike without issues. In fact it was a pleasure sharing the trail with them. Stopping for lunch at the Dutch Shelter and then hiking out on the Tuxedo Mt. Ivy Trail, we made it safely back to the trailhead by 2 pm. Very interesting rock formations of Almost Perpendicular, Elbow Brush with frozen water cascades made for a memorable day. Peter Cantine, Kathleen Cherry, Jean-Claude Fouere, Susan Stengold.

Sat, March 21 Black Rock Forest hiking and mindfulness  
Leader: Mel Kleiman  
Fresh snow. Good day to be out. (When you go out with Mel you might find mindfulness in the periods of silence he encourages. You might also find whimsy or beauty in the poems he brings along.) Pat Conray, Russ Faller, L Limone, Anthony Sorace.

Sun, March 22 Minnewaska Lagniappe  
Leader: Sue Mackson  
Winter dragged on into spring, and in places wind was strong. The landscape was snow white, conifer green and rock gray. Light was high, sky was blue. We toured round the frozen lake. Cross country skiers were everywhere, but the melting kept Lake Minnewaska’s circuit free of them. Bert Waehler, Carol Lee, Lorraine Laufer and the leader were all glad to get out.

Sat, March 28 Wonder Lake & Laurel Pond Loop  
Leader: Tom Buckley  
Loop Hike of Wonder Lake & Laurel Pond - Due to severe icing conditions this hike was shortened to just under 3 miles. 10 people had signed up for the hike, but due to some light snow the morning of the hike, only 5 showed up. The initial incline proved to be too slippery, so the 3 hikers without spikes had to be turned away because of the slippery conditions. The remaining 2 hikers, with spikes, asked me to at least do a quick hike to Wonder Lake. We hiked portions of the Yellow Trail & the Highlands Trail to the viewpoint at the southern end of Wonder Lake and returned to the parking lot via other routes on the same two trails. The icy conditions did slow us down, but since they had spikes we had no safety problems. No slips & no falls. Guests: Cindy & Dave Tanacea.

Sun, March 29 Melzinger Dam Hike, Beacon, NY  
Leader: John Ragusa  
We had a beautiful, sunny, cool day. Not a cloud in the sky. There were 4 participants besides the leader. Our lovely ADK member, Carol Gray, was the only female. We first gathered at the Mt. Beacon parking lot at 10 am then car pooled to the trailhead. We hiked up a rather steep hill and made a right off the main trail to the woods road that leads to the reservoir. The reservoir, holding 58 million gallons of water, was still frozen but water was running from the reservoir into the brook. A brief history was told of the name “Melzingah” and the association with the local chapter of the Daughters of the American Revolution. We then proceeded to walk along the right side of the reservoir then veered right onto another woods trail and up another hill. Trails were very wet with some snow cover. We then crossed Squirrel Hollow Brook and followed the woods trail to the Blue Notch trail. We stopped about midway for some lunch and, unfortunately, saw two jeeps pass by. We were certain that they were not allowed on these trails. The vehicles tore up the trail and created deep grooves and mud puddles along the trail. We
then looped around and started our descent with the reservoir now on our left seen through the woods. Most of the trail was dry. We also had nice views of the Hudson River to our right. As we came near the trailhead, we observed a much smaller secondary dam as the brook flowed near Route 9D. We came back to the trailhead at about 1:30 PM and figured that we hiked about 3 miles. A good time was had by all. Pete Cantine, Carol Gray, Dave Webber, Guest, Paul Breau and the leader.

**Sat, April 4**  **Fitzgerald Falls! Sterling Forest, Greenwood Lake, NY: 8 miles, 5 hour B+**
This past weekend’s hike to Fitzgerald Falls went well! We had 9 hikers in all; no issues, just smiles! We did some trail maintenance as the loss of winter snows uncovered much trash...came back home with three bags full! Pete Cantine, Richard Held, Jerry & Marie Rubenstahl, Linda Lax, Tim, Kim, Justin & TJ Robinson.

**April 10-13**  **Appalachian Trail in Maryland Backpack**
Leader: Russ Faller
On this 40-mile backpack from the PA/MD border to Harpers Ferry, WV, we met some interesting people. There was the young couple - a girl from Michigan and a guy from Australia - who had just started out towards Georgia. They had never done any long-distance hiking before. The young woman had made herself a rain skirt of Tyvek. There was the middle-aged couple from East Texas who had just left Harpers Ferry on their way north to Kathadin, then would return to Harpers to go south to Springer Mtns. The husband had just returned from Afghanistan, where he had done a lot of hiking and camping, but with a gun. Then there was the young guy from the State of Washington who had quit his job installing fiberglass insulation, sold all his belongings, bought outdoors gear and decided to hike the AT until he figured out what he wanted to do. He was toying with the idea of moving to Alaska.

This was a joint ADK/AMC trip. Participants were: Anthony Sorace (ADK) and Valerie Wallace, Jose Zapata & Anthony Palandro (all AMC) and the leader. See cover page for photo of this trip.

**Sat, April 18**  **Bashakill Wetlands Paddle**
Leader: Don Urmonst
For our first official ADK paddle of the year, we went to the Bashakill on April 18. It was a warm, sunny Saturday and we had a great time as we paddled from the south end of the wetland to the bridge that crosses it towards the north end. There were several geese guarding their nests, and we stopped at the east launch to view the osprey through the spotting scopes. The wind kicked up a bit in the afternoon, but we all made it back safe and sound--our paddlers always wear their life jackets. Participants: Jerry Levine, Harry Newton, Clyde Clounie, Ian McDonald, Ellie Shortle

**Sun, April 19**  **Waryas Park Cleanup organized by Sierra Club**
ADK members Carol Gray, Connie Haven, Marsha Kramer and Marie Caruso joined approximately 22 Sierra Club participants in celebration of “Earth Week”. They participated in a venture to clean up litter at Waryas Park on the Poughkeepsie waterfront. There was loads of litter, but we made the place sparkle. We separated out the recyclables, which several people took home to dispose of, since we didn’t spot any recycling containers at Waryas Park.

Following the clean-up, we enjoyed a lunch of various nibbles and excellent home-made wraps made by Sierra’s program chair, JoyAnn Savino. Good weather helped to make this event a fun and productive way to honor our Mother Earth.

**Thurs, April 23**  **First MW Paddle of the Year  Chodikee Lake / Black Creek Paddle**
Leader: Joseph Ferri
Well, some days you have good weather and some not... We had sun, snow flurries and light sleet. Yes, we all had fun and did not really feel too cold! The paddle was slow and a good start to the season, loosening up winter muscles. Our luncheon was at the waterfall at the north end of Black Creek. We were going to go south after our return but with the sky getting dark we decided to call it a day... Participants: Stanley Augie, Roberta Forest, David Weber, Ellie Shortle, Betsy Silverstein, Paul Silverstein and Leader

**Sat, April 25**  **Storm King**
Leader: Mel Kleiman
Elena Kleiman, Bill Machonis, Dennis Orlowski, Ben Shor, Alvin DeMaria,Joan ??? and leader enjoyed an early spring day: Sun out, and mild temperatures.

**Sun, April 26**  **Pond Gut/ Taconic Hereford Multiple Use Area**
Leader: Sue Mackson
It was cool, it was sunny, it was a picturesque spring day. Several participants had never been to the Taconic-Hereford MUA’s Pond Gut area. It’s a nice place to see woodland flowers, and despite apprehensions that we might be too early to see much in bloom, we saw lots. Marsha Kramer became Bloodroot, Ellie Shortle was Hepatica, Carole Marsh was Trout Lily, Christine Beumer was Trillium, Guest Gianfranco Cataudella was Dutchmans Breeches, Carol Gray was Canada Mayflower (this was only in bud, not in bloom). Marie Caruso used her camera to document.

And the 3 hours walk ended at the ravine and a hillside covered in white flowers. As we walked to our cars a small clump of Chionodoxa was spotted – ephemeral as the natives but certainly a garden escapee. Connie Haven was happy to see Mountain Laurel, though it, of course, had no blooms whatsoever.

**April 25-26**  **Beginners’ Backpack to Quick Lake, Western Catskills (14.5 miles)**
Leader: Russ Faller
This springtime beginners’ backpack turned into a late-winter back-pack. Those arriving Friday evening found it was snowing lightly and a dusting had accumulated on the ground. We hiked the 1/2 mile to Frick Pond and set up our tents and tarps. The temperature dropped into the 20s and the high winds crystalized the sky with stars. The next morning, we met the others at the parking area and took the Flynn Trail towards Quick Lake. On the way, we took a side trip up Beech Mtn., the highest summit in Sullivan County, with views of Mongaup Mtn. and Hodge Pond. Going back to our packs, we investigated the ruins of cottages that were probably a summer camp a long time ago. The Quick Lake lean-to is clean and nicely constructed and has a large tenting site, both overlooking the lake. On Sunday, we took time out to bushwhack up Hodge Pond Mtn., one of the Catskill 67. At Junkyard Jct, we took a different route that brought us back to Frick Pond. This was a joint ADK/AMC trip. Participants were: Catrine Moore, Gino Platania, Tom Amisson (all ADK) and Chris Bickford, Mike Pellicciotti, Tom Dinell (all AMC) and the leader.

**Wed, April 29**  **“Two for One Hike” C+**
Leaders: Salley Decker and Jennifer Anderson
On a mild spring day, 15 of us carpooled from Dutchess County along...
rural roads to Taconic State Park, where we were joined by a member of the Albany Chapter. First we visited the iron furnace, a stone and brick, beehive-shaped construction protected from the elements thanks to the efforts of Friends of Taconic State Park. From there we hiked a new trail through hemlock along Bashbish Brook to view the falls. We spied trillium, picnicked, then piled into the cars again for a 4-mile ride north to another gem in Columbia County, Roeliff Jansen Park south of Hillsdale. We hiked across expansive, breezy fields with views of hills all around. At the end of the hike we entered a small wetland section where we found trout-lilies beginning to bloom and studied a shallow, clear section of the Roeliff Jansen Kill flowing past. It was a day with something for everyone.

Sat, May 2  “Black Creek Clean-Up & Paddle Leader: Russ Faller

On a beautiful Spring day, 13 people showed up for our Chapter’s annual maintenance of the Black Creek Water Trail in the Town of Lloyd, near Highland, NY. The number of volunteers was impressive and a testament to our members’ sense of responsibility for the waterways they enjoy paddling. For if paddlers do not maintain and clean-up their own favorite waters, who else will? We do it for ourselves and for all other paddlers. We were pleasantly surprised because it turned out there was very little to be done on the Black Creek. Only a few snags, overhanging branches and a couple of logs to be pulled out of the water. So we had a really easy time, doing more paddling than working. Hardworking participants were: David Kaplan, Arlene Kaplan, Keith Faucher, Stan Augie, Joe Marsico, Scott Greene, Jack Maguire, Tom Cowan, Roberta Forest, Judy Mage (all MH-ADKers), Paul Stoddard (MH Sierra Club), Bud Hossenlopp (Highland Environmental Conservation Council) and the leader.

Note: We received a thank you for the funds we donated for repairs in 2014 in the Wiley Shelter. The thank you appears below:

Dear Sirs,

My name is Donna Chapman and I am one of the caretakers of the Wiley Shelter in Wingdale. The Wiley shelter just had a major renovation as the benefactor of an Eagle Scout project. On behalf of myself, my co caretaker Martin Hunley and Eagle Scout Hunter Esposito we would like to take this opportunity to thank you for your generous donation to the DPATMC/NYNJTC. Your funds assisted in the completion of this project. Hunter completed a total refurb of the shelter floor decking, the front of the roof, rebuilt an existing tent platform and also built a new tent platform. We again would like to thank you!

Best regards,

Donna Chapman

The Mid Hudson Chapter of the ADK Welcomes Our New Members!

Karl and Theresa Bienwald
Mahlona Capistrano and Noel Salinas
Dr Katherine Clark
Susan Hamilton
Paul Higgins
Mathew and Anna Homeijer
Nathaniel Mehlman and Jessica Fraser
Jean Noack
Ray Winchcombe

Mid-Hudson Trails
Stay Connected.....

Adirondack Mountain Club:  www.adk.org
Mid-Hudson Chapter:  www.midhudsonadk.org
NY/NJ trail Conference:  www.nynjtc.org

To make a change of address, phone or email, send a message with the specifics to: adkinfo@adk.org or call 1-800-395-8080 x22

To be included in the Mid-Hudson Chapter e-mail list or to change your e-mail please send a message to e_b_cohen@yahoo.com