Join Us For Our Chapter’s Annual Holiday Party and Potluck Supper

Sunday, December 6, 2015 at 5 pm

At Locust Grove, the Samuel F.B. Morse Historic Site

Route 9, Poughkeepsie

Music provided by “Lost in the Woods”

Attendees will have the opportunity to tour this magnificent historical home with its traditional holiday decorations at the special member rate of $10. The tour will begin at 4 pm and must be reserved with Carole Marsh at 845-849-2044 by Thursday, December 3rd.

Whether or not you plan on taking the tour, everyone should contact Carole to confirm attendance and to make known your potluck contribution of appetizer, main dish, salad or dessert.

Happy Holidays to All
In Memoriam: JENNY ROBERTS

Our Board of Directors received a message from Jenny Robert’s daughter, Margaret McGrath, letting us know that her mom had passed away in September. Jenny is remembered as Chair during the 1997 50th anniversary Mid-Hudson Chapter helping to revive chapter membership during her years as chair. Margaret has sent us the following:

Jenny joined ADK while she was studying for her Masters degree and teacher certification. She and Stan hiked regularly with the Mid Hudson Chapter accompanied by their children. Jenny was active in many chapter activities and also main club activities, including the St. Regis Canoe Outing for many years. She was a cross country and downhill skier, and competitive ice dancer.

She and Stan were Trail Maintainers of a section of the High Peterskill trail at Minnewaska State Park. They were hike leaders for many years, encouraging other members to become leaders and trail maintainers as well.

Jenny designed the chapter patch, a lovely rendition of the Mid-Hudson bridge and surrounding hills. She sewed the matching red plaid vests that she and Stan are remembered for wearing at chapter holiday parties.

She instilled a love of outdoors in her children, some of who are avid hikers, rock climbers and skiers in the Alps, Adirondacks, and Catskills. The family met at a reunion at Blue Mountain State Park. They were hike leaders for many years.

Jenny continued to hike the trails when her Alzheimer’s necessitated placing her in alternate care, and only slowed down in her last few years. We are all grateful for the memories of her cheerful and capable support. She will be sorely missed by all who knew her.

Clip a Little, Blaze a Little: Volunteers to Hit the Trails at Mills-Norrie State Park

You may not need a reason beyond pure pleasure to get out on trails. But we’re happy to give you one anyway, as you can provide public service while enjoying a nice hike.

The New York-New Jersey Trail Conference, which our club belongs to, is excited to be increasing its efforts in Hyde Park as a result of its adoption of Mills-Norrie State Park as a park partner. Mills-Norrie, right on the Hudson River, is a favorite place to walk for many of us, and we can really make a contribution to the park by helping to keep the trails there clear and well marked.

The Trail Conference relies on an extensive network of volunteers to help public and agency land owners in the region maintain trails for public use and enjoyment. Trail maintenance typically focuses on keeping trails cleared of brush and minor blow-downs, free of litter, and well marked. Volunteers are offered training in various trail maintenance and trail building skills. They may participate in organized group trail outings or adopt trails or sections of trails as individuals or clubs.

Georgette Weir, long-time member and volunteer of both Mid-Hudson ADK and the Trail Conference will help launch the trail volunteer program at Mills-Norrie. “I would love to have ADK members join me on the trails at Mills-Norrie,” she says. “And if anyone is interested in adopting a trail or trail section there, please feel free to get in touch with me.”

If you enjoy getting out on trails at this magnificent state park on the Hudson River and want to learn about upcoming trail work outings and training contact Georgette at georgette.weir@gmail.com or 845-462-0142.

To learn about other trail volunteer opportunities with our club, contact our Trails Chair Tom Amisson at 845-592-1572.
MHADK OUTINGS SCHEDULE Winter 2015/2016 – December, January & February

If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail

Mid Week Hikes - The leaders offer hikes of varying difficulty to different areas of the Mid Hudson Valley. Hikes may be followed by a stop for refreshments.

Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

Week Day Hikes - Depending on the weather, a few weekday hikes may be offered (in addition to the usual Thursday hikes). There may also be a walk at Clermont on a Saturday in December.

Leader: Salley Decker 845-454-4206. Watch the weekly email updates for details.

QUICK RESPONSE CROSS COUNTRY SKIING - GET ON THE LIST NOW! (Please Note: This list is a service open only to ADK Members) - Good snow doesn't last very long around here. That's why you've got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response Snowshoe List. When there's a good snowstorm, you'll get an e-mail invitation to snowshoe after the roads are cleared. It could be a weekend or a weekday. I have a new laptop; although my contacts transferred over, my groups did not. Please sign up again this year.

SKILLS FOR HILLS XC SKI WORKSHOP

Date TBD (short notice) - 8 to 10 miles, 8 hours

Leader: Ron Gonzalez - iamrongon@gmail.com

We'll cross country ski on ungroomed woods roads in Fahnestock State Park. The goals will be to spend the day skiing in our nice forests, and to find a couple of gentle slopes we can use for an informal workshop on how to control downhill speed, turn, and stop on our lightweight skis.

Please understand that this is not a 'how to ski' class for beginners. Participants should be reasonably competent cross country skiers (classic technique) with a good snowplow and kick-and-glide. We'll start from the snowplow and progress to turning with a snowplow ('stem turn') and then skiing on one ski, which leads to a parallel turn ('stem christie') and performing a 'hockey stop' (sideways stop).

We'll be out all day, so bring 2 quarts of water and your trail lunch/snacks. Appropriate clothing is required (dress in breathable layers, NO COTTON). If the snow is hardpacked or icy, you will want steel edges on your skis. If the snow is fresh and soft, plain-edged skis will be fine. Reliable, sturdy boots and poles are also necessary. Gaiters are recommended over your boots if the snow is deep.

Participants must contact leader (by email) for meeting time and location.

Mid-Hudson Trails
Sat., Dec. 5  Lost City with some scrambling, 10:00 from Coxing lot - joint with Mohonk Preserve
Leader: Roberta Forest —(845) 750-7059
Contact leader for additional information

Sat., Dec. 5  Plateau Mountain 7 miles, 1700’ Ascent — Joint with the Catskill 3500 Club
Leaders: Joe Ferri — newpaltz33@yahoo.com or (914) 489-1582,
Shari Aber — shnaber@yahoo.com or (914) 489-0654
We will hike on the Devil’s Path to the summit of Plateau and then continue across its ridge. This is a through hike and will involve shuttling cars. The Catskills generally have more snow and harsher winter conditions than other mountains in the region. Contact leaders for details including meeting place and time and information regarding what winter gear may be necessary. Registration period: Nov 26 – Dec 3.

Sun., Dec. 6  Holiday Party at Locust Grove, 5PM. See front page of this newsletter for information.

Sun., Dec. 6  Vanderbilt National Historic Site Holiday Tour
Leader: Salley Decker — (845) 454-4206
This is the same day as our Holiday Party. The hours for the Vanderbilt holiday open house have not been determined to date. Depending on the weather and interest, we may also take a short walk on one of the trails. Watch the weekly email updates for complete details.

Sat., Dec. 12  Harriman Park; approximately 7.0 miles, B+
Leaders: Jean-Claude Fouere — jcfouere@gmail.com and Georgette Weir — georgette.weir@gmail.com
Leaving at 9:30AM from Lake Tiorati circle parking area, off Seven lakes Drive (NY-N Trail Conference map 119), we will head to, and follow the AT North up to the Ramapo-Dunderberg trail, cross over to the Long Path, head South and loop back along the AT and the Ramapo-Dunderberg trail.
Contact leader for more details and to confirm attendance.
Note 1: hikers to wear adequate late fall or winter clothing and hiking shoes, and to carry cleats or microspikes if ice has already formed on the trails!

Sat., Dec. 12  Eleanor Roosevelt’s “Valkill” and/or F.D.R.’s “Springwood”
Leader: Salley Decker — (845) 454-4206
The hours for this annual holiday open house have not been determined to date. Depending on the weather and interest, we may also take a short walk on one of the trails. Watch the weekly email updates for complete details.

Sun., Dec. 13  Pine Meadow Lake, Harriman State Park, (5.5 Miles/4 hours), B+ Level Hike
Leader: Michael C. Phipps — Phippsmcp@aol.com or 646-373-5891
This out and back winter hike follows a relatively level trail along Quartz Brook to Pine Meadow Lake, passing some interesting sights (Cascade of Sld, Ga-Nus-Quah Rock, the Fred Snow cabin and the Conklin homestead). Micro spikes and trekking poles highly recommended! Bring water, snacks and lunch. Dress in layers and watch the weather reports! Ice, snow and winter conditions really up the difficulty level of this hike.
Meet at Reeves Meadow Visitors Center on Seven Lakes Drive in Sloatsburg, NY at 9:30 am. Confirm with Leader or to request carpooling info or more detailed directions.

Sat., Dec. 19– Sun., Dec. 20  Westkill, SW Hunter & Hunter in the Catskills - Intro to Winter Backpack
Leader: Russ Faller — (845) 297-5126 (before 9:30 PM) or russoutdoors@yahoo.com
Early Winter backpack with day hikes to 3 Catskill high peaks (over 3500’). Arrive early Saturday, hike @ 1.5 mi. and set up camp at the Diamond Notch shelter. Then day hike over SW Hunter (from an unusual angle) to Hunter and enjoy the fantastic fire tower views and possibly some soup from Catskill 3500 volunteers in the firewoods cabin. Take the Spruceton Trail back. Total of 7 mi. On Sunday, either go back to the cars for an early start home OR day hike Westkill Mtn. for the wonderful view (6.5 mi. RT). Winter beginners, with 3-season experience and all the necessary gear, are welcome. Snowshoes and Microspikes, Stabilizers or crampons required. Limited to 8 people in good physical shape. Joint with AMC.

Note 2: if snow is already covering the ground, hike will be tuned into a snowshoeing outing!
### JANUARY 2016 OUTINGS OVERVIEW (details follow)

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Leader</th>
<th>Contact Info</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri, Jan 1</td>
<td>New year's Day 2016 Vassar Walk</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a> or 845-471-9892</td>
<td>Walk</td>
</tr>
<tr>
<td>Sat, Jan 2</td>
<td>Hudson River at Mills-Norrie State Park.</td>
<td>Georgette Weir</td>
<td><a href="mailto:georgette.weir@gmail.com">georgette.weir@gmail.com</a></td>
<td>Class B</td>
</tr>
<tr>
<td>Sun, Jan 3</td>
<td>Blackhead Mountain</td>
<td>Joe Ferri</td>
<td>914-489-1582 or <a href="mailto:newpaltz33@yahoo.com">newpaltz33@yahoo.com</a> or 914-489-0654 or <a href="mailto:shnaber@yahoo.com">shnaber@yahoo.com</a></td>
<td>Class A</td>
</tr>
<tr>
<td>Tue, Jan 5</td>
<td>Joppenbergh Mountain, Rosendale &amp; rail trail</td>
<td>Ginny Fauci</td>
<td><a href="mailto:gefauci@gmail.com">gefauci@gmail.com</a> or 845-399-2170</td>
<td>Class C</td>
</tr>
<tr>
<td>Sat, Jan 9</td>
<td>Fort Montgomery/Anthony’s Nose</td>
<td>Michael C. Phipps</td>
<td><a href="mailto:Phippsmcp@aol.com">Phippsmcp@aol.com</a> or 646-373-5891</td>
<td>Class B+</td>
</tr>
<tr>
<td>Sat, Jan 9</td>
<td>Winter Trails Day Hyde Park</td>
<td>Salley Decker</td>
<td>845-454-4206</td>
<td>See Details</td>
</tr>
<tr>
<td>Sun, Jan 10</td>
<td>Slide Mountain, Catskills</td>
<td>Joe Ferri</td>
<td>914-489-1582 or <a href="mailto:newpaltz33@yahoo.com">newpaltz33@yahoo.com</a> or 914-489-0654 or <a href="mailto:shnaber@yahoo.com">shnaber@yahoo.com</a></td>
<td>Class A</td>
</tr>
<tr>
<td>Fri, Jan 15</td>
<td>Go With the Snow for MLK Weekend 2016 - Tug Hill Plateau/Western Adirondack Park</td>
<td>Ron Gonzalez</td>
<td><a href="mailto:iamrongon@gmail.com">iamrongon@gmail.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td>Sat, Jan 16</td>
<td>Fahnestock State Park</td>
<td>Tom Buckley</td>
<td><a href="mailto:TrailHikerTom@gmail.com">TrailHikerTom@gmail.com</a></td>
<td>Class B+</td>
</tr>
<tr>
<td>Sat, Jan 16</td>
<td>Winter snowshoe in Black Rock Forest</td>
<td>Mel Kleiman</td>
<td>845-216-6805</td>
<td>Class B</td>
</tr>
<tr>
<td>Sat, Jan 23</td>
<td>Lake Minnewaska</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a> or 845-471-9892</td>
<td>Walk</td>
</tr>
<tr>
<td>Sat, Jan 23</td>
<td>Mt. Taurus</td>
<td>Pete McGinnis</td>
<td>845-797-7945 or <a href="mailto:pmcg1@aol.com">pmcg1@aol.com</a></td>
<td>Class B</td>
</tr>
<tr>
<td>Sat, Jan 30</td>
<td>Ashokan High Point, Southeast Catskills</td>
<td>Russ Faller</td>
<td>845-297-5126 (before 9:30 PM) or <a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>Class A</td>
</tr>
</tbody>
</table>

The Hyde Park Recreation Department annual "Winterfest" is on a Saturday afternoon in late January. There will be a short guided hike on one or two trails at Hackett Hill (East Market Street). Both trails are included on the list of trails eligible to earn a patch (Hyde Park Healthy Trails Walkabout). Public invited. Residency in the Town of Hyde Park is NOT required. Let’s plan to go (when I find out the date and time)! Details will follow in the weekly email updates or contact Salley Decker at (845) 454-4206.

**Thurs., Jan. 1** New Year’s Day 2016. Vassar Walk/afternoon munching  
**Leader:** Sue Mackson — (845) 471-9892 or suemackson@gmail.com  
I’ve considered going to other campus, but decided to return to Vassar College—or more particularly, Vassar Farms. If the trail is not covered in deep snow we will walk through the field to the end and return. 1 to 2 hours walk. Return to my house for soup and warm drinks. If you’d like to bring along cookies, just bring a few. Thanks. Meet 11:10 am at the Collegeview Ave parking lot inside the college north gate—at the end of Collegeview—a long block down from Raymond Ave. We’ll walk or drive to Vassar Farm from there. It’s a good idea not to need a bathroom when we head out.

**Sat., Jan. 2** Step into your new year with a Hike (or Snowshoe) along the Hudson River at Mills-Norrie State Park.  
**Leaders:** Georgette Weir — georgette.weir@gmail.com  
We will take the River Trail, then ramble other trails for a loop totaling 4-5 miles. B level hike. Contact leader for meeting time, place, and car-pooling.

**Sun., Jan. 3** Blackhead 5.5 miles, 1800’ Ascent, A- Hike (or snowshoe) — Joint with the Catskill 3500 Club

**Leaders:** Joe Ferri — newpaltz33@yahoo.com or (914) 489-1582, Shari Aber — shnaber@yahoo.com or (914) 489-0654  
The Catskills generally have more snow and harsher winter conditions than other mountains in the region. Be prepared with winter gear including snowshoes and/or microspikes (or crampons). Blackhead is probably the most challenging of the peaks required to be done in the winter by the 3500 Club for the patch. We’ll do it as a loop depending on weather and trail conditions. Contact leaders for details including meeting place and time. Registration period: Dec. 18 – Dec. 24.

**Tues., Jan. 5** Two-part snowshoe (hike) Joppenbergh Mountain, Rosendale & rail trail — C  
**Leader:** Ginny Faucil — gefauci@gmail.com or (845) 399-2170  
Let’s snowshoe up Joppenbergh Mountain in Rosendale stopping at the viewpoint looking down on the Trestle Bridge before continuing over the top and down the other side (2 mile loop). Following that we will drive over to Binnewater Road and snowshoe the Rail Trail through Williams Lake and back over the Trestle Bridge before returning to our cars. After our snowshoe is an optional stop at one of the many restaurants in Rosendale. Meet at the public parking lot behind the Rosendale Theater at 11 am. Please confirm with leader. If no snow, we will hike and most likely need microspikes or other traction.

**Sat., Jan. 9** Fort Montgomery/Anthony’s Nose. Bear Mountain State Park (5 Miles/3.5 hours) B+ Level Hike  
**Leader:** Michael C. Phipps — Phippsmcp@aol.com or (646) 373-5891  
This out and back winter hike begins at the historic Fort Montgomery Revolutionary War outpost, crossing over the Popolopen Gorge and the Bear Mountain Bridge, then steeply following the Appalachian.
Trail to the summit of Anthony’s Nose, with outstanding views of the Muh-he-kun-ne-tuck River! Micro spikes and trekking poles highly recommended! Bring water, snacks and lunch. Dress in layers and watch the weather reports! Ice, snow and winter conditions really up the difficulty level of this hike. Meet at the Hiker’s Parking Area just north of Fort Montgomery on Route 9w at 9:30am. Confirm with Leader or to request carpooling info or more detailed directions.

Sat., Jan. 9  Winter Trails Day Hyde Park
Leader: Salley Decker —(845) 454-4206
There may be a walk or XC-ski tour on trails in Hyde Park. Some XC ski equipment may be available for free use (courtesy of Hyde Park Recreation Department). Possible walk led by a National Park Service Ranger. Watch the weekly email for details or contact Salley Decker 845-454-4206 in late December.

Sun., Jan 10  Slide 6.5 miles, 1900’ Ascent, A-Hike (or snowshoe) Joint with the Catskill 3500 Club
Leaders: Joe Ferri —newpaltz33@yahoo.com (914) 489-1582, Shari Aber —shnaber@yahoo.com (914) 489-0654
The Catskills generally have more snow and harsher winter conditions than other mountains in the region. Be prepared with winter gear including snowshoes and/or microspikes (or crampons). Slide is the highest Catskill peak affording impressive views. We’ll do it as a loop depending on weather and trail conditions. Contact leaders for details including meeting place and time. Registration period: Jan 1 – Jan 8.

Fri., Jan. 15—Mon., Jan. 18  Go With the Snow for MLK Weekend 2016 - Tug Hill Plateau/Western Adirondack Park
Leader: Ron Gonzalez —iamrongon@gmail.com (joint with NY-NJ AMC Ski Committee)
I’ve found that in January the best and most reliable snow in the East is on the Tug Hill Plateau, northeast of Syracuse, to the immediate east of Lake Ontario, in our very own State of New York. That area averages over 25 feet of snow every year! The terrain is gentle and the snow is often very deep, making it great for cross country skiing. We’ll seek out some long trails into the woods or along the local ‘gulls’ (we call them ‘cloves’) for two full days of ski touring. Expect to ski all day, about 10 miles per day. There may be groomed trails for part of the way, but plan for deep, untracked snow. We will be out in state forest areas, not in nordic centers. That means there will be no facilities. Participants should have solid winter hiking skills (on snowshoes) as well as being strong skiers with good endurance. Contact leader for additional info.

Sat., Jan. 16  Fahnstock State Park - Class B+, 5.0+ Miles
Leader: Tom Buckley —TrailHikerTom@gmail.com
We will start out on the blue Three Lakes Trail that will provide us with nice winter views of John Allen Pond and Hidden Lake. We will then join the Appalachian Trail and use it to loop back along a different ridge that parallels the one we just hiked. During this hike we will see evidence of the significant mining history this area had prior to the park’s existence. I highly recommend you bring your micro spikes and trekking poles as we most certainly will encounter some icy areas. We will meet at the large parking area on Dennytown Road (look for the old abandoned stone building on the east side of the road) in Putnam Valley, NY. Email leader for directions and meeting time.

Sat., Jan. 23  Lake Minnewaska, Walk
Leader: Sue Mackson —(845) 471-9892 or sueamackson@gmail.com
We’ll walk around the lake. If ice or snow wear traction devices. There is no more beautiful area in the snow. And without snow it’s pretty nice as well. Dress for the weather, bring water and snack. Per car admission. Meet at Poughkeepsie train station parking lot–near the restaurants at 1:00 pm to carpool. Other carpool options from west of river if needed.

Sat., Jan. 30  Ashokan High Point, Southeast Catskills 9-10.5 mi., 1930 ft. ascent, Class A
Leader: Russ Faller —(845) 297-5126 (before 9:30 PM) or russoutdoors@yahoo.com
Alan Via, author of The Catskill 67, rates this as a “top ten” Catskills hike. He says, "The unusual lineup of peaks seen from the summit meadow is extraordinary, as are the views of Ashokan Reservoir." Come see for yourselves! We’ll search for the remains of an old plane crash as the trail loops downhill from the summit towards Hoop Pole Mtn., which got its name from locals driving mules and oxen there for bundles of thin saplings to be made into barrel hoops. Ashokan High Point (3080’) is one of the Catskill 67 mountains 500’ lower than the high peaks. Bring lunch, snacks, water, microspikes, stabilizers or crampons and snowshoes. Dress for the weather; no cotton. Contact leader for meeting time, place & carpooling info.

February 2016 OUTINGS OVERVIEW (details follow)

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Leader</th>
<th>Contact Info</th>
<th>Rating</th>
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<tbody>
<tr>
<td>Sat, Feb 6</td>
<td>Fahnstock State Park, Catfish Loop</td>
<td>Georgette Weir</td>
<td><a href="mailto:georgette.weir@gmail.com">georgette.weir@gmail.com</a></td>
<td>Class B+</td>
</tr>
<tr>
<td>Fri, Feb 12—Mon., Feb 15</td>
<td>Winter Weekend at Wiezel Cabin</td>
<td>Pete McGinnis</td>
<td><a href="mailto:pmcgin1@aol.com">pmcgin1@aol.com</a> or 845-454-4428</td>
<td>See Details</td>
</tr>
<tr>
<td>Sat, Feb 13</td>
<td>Winter snowshoe in the Unique Area off 9w</td>
<td>Mel Kleiman</td>
<td>845-216-6805</td>
<td>Class B</td>
</tr>
<tr>
<td>Sat, Feb 20</td>
<td>Bald Mountain/Doodletown Loop, Harriman SP</td>
<td>Michael C. Phipps</td>
<td><a href="mailto:Phippsmcp@aol.com">Phippsmcp@aol.com</a> or 646-373-5891</td>
<td>Class B+</td>
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**Winter Outings Schedule**

**February 2016 OUTINGS OVERVIEW (continued)**

<table>
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<tbody>
<tr>
<td><strong>Sat., Feb 20</strong></td>
<td>West Stoppel Point Bushwhack, Northeast Catskills</td>
<td>Russ Faller</td>
<td>845-297-5126 (before 9:30 PM) or <a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td><strong>Sun., Feb 21</strong></td>
<td>High Peterskill snowshoe end-to-end</td>
<td>Roberta Forest</td>
<td><a href="mailto:robertafoREST@gmail.com">robertafoREST@gmail.com</a></td>
<td>See Details</td>
</tr>
<tr>
<td><strong>Sat., Feb 27</strong></td>
<td>Wonder Lake &amp; Laurel Pond Loop Hike</td>
<td>Tom Buckley</td>
<td><a href="mailto:TrailHikerTom@gmail.com">TrailHikerTom@gmail.com</a></td>
<td>Class B</td>
</tr>
<tr>
<td><strong>Sun, Feb 28</strong></td>
<td>Tivoli Bays Walk</td>
<td>Sue Mackson</td>
<td>845-471-9892 or <a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a></td>
<td>Walk</td>
</tr>
<tr>
<td><strong>Mon, Feb 29</strong></td>
<td>Leap Year – Once every 4 years Snowshoe –</td>
<td>Ginny Fauci</td>
<td><a href="mailto:gefauci@gmail.com">gefauci@gmail.com</a> or 845-399-2170</td>
<td>See Details</td>
</tr>
</tbody>
</table>

Sat., Feb. 6  Fahnstock State Park, Hike or Snowshoe Catfish Loop with possible extension to Chimney Top viewpoint 6-ish moderately strenuous miles; B+
Leader: Georgette Weir — georgette.weir@gmail.com
Contact leader for meeting time, place, and car-pooling.

Fri. to Mon., Feb. 12—15  Winter Weekend at Wiezel Cabin
Leader: Pete McGinnis — pmcginn1@aol.com or (845) 797-7945
Once again our Chapter is leading a weekend at the Wiezel Trails Cabin in the high peaks region of the Adirondacks, on the property of the ADK Loj on Heart Lake near Lake Placid. This is a chance to experience winter recreation in a relaxed setting with others from our chapter who enjoy the same. Cost will be the same as last year, $80 per person. Please make check payable to Mid-Hudson Chapter ADK and mail to Pete McGinnis, 515 Haight Avenue, Poughkeepsie, NY 12603. Contact Pete for additional information.

Sat., Feb. 13  Winter snowshoe in the Unique Area off 9w just outside Garrison 6 miles B
Leader: Mel Kleiman — (845) 216-6805
#2 Mindful hike (listen to the sounds of winter) leader will bring a poem to read. We will cover six miles depending on conditions; if no snow, traction will be required. Please call leader to register leave phone number if weather conditions require a change in plans. Meeting place: Unique area parking lot off 9D just before Rte 403 intersection at 10 am.

Sat., Feb 20  Bald Mountain/Doodletown Loop, Harriman State Park, (5 Miles/3.5hours), B+ Level Hike
Leader: Michael C. Phipps — Phippsmcp@aol.com or (646) 373-5891
This loop winter hike steeply climbs to a panoramic viewpoint atop Bald Mountain and then descends down on old woods roads through the historic former settlement of Doodletown. Micro spikes and trekking poles highly recommended! Bring water, snacks and lunch. Dress in layers and watch the weather reports! Ice, snow and winter weather conditions really up the difficulty level of this hike. Meet at the Smaller Hiker Trailhead parking area just south of the Bear Mountain Inn on route 9w at 9:30am. Confirm with Leader or to request carpooling info or more detailed directions.

Sat., Feb. 20  West Stoppel Point Bushwhack, NE Catskills
Leader: Russ Faller — (845) 297-5126 (before 9:30PM) or russoutdoors@yahoo.com
Alan Via, author of The Catskill 67, writes, “West Stoppel is one of those untouched peaks with no development, a wilderness feel from the moment you step into the woods, and bushwhacker-friendly routes from any direction.” The best time to hike this peak is when the leaves are off the trees, so let’s go! This will be a loop hike, with most of the return on marked trail. Expect 4.75 miles (or more depending on how much we wander in the woods) with a 1000 ft. ascent in @1.5 miles and a 1400 ft. descent, with a steep section, in @0.5 mile. Bring lunch, snacks, water, microspikes, stabilicers or crampons and snowshoes. Dress for the weather; no cot-ton. Optional apres-hike socializing, over hot drinks or soup, in Tannersville. Rain cancels. Contact leader for meeting time, place and car pooling info.

Sun., Feb. 21  High Peterskill snowshoe end-to-end
Leader: Roberta Forest — robertafoREST@gmail.com
We will snowshoe from one end of High Peterskill trail to the other. If no snow, we will hike. Joint with Mohonk Preserve. Contact leader for more information.

Sat., Feb 27  Wonder Lake & Laurel Pond Loop Hike – Patterson, NY - B; 5.5+/ Miles
Leader: Tom Buckley — TrailHikerTom@gmail.com
Wonder We will hike some of the numerous trails and/or woods roads that offer various views of Wonder Lake, Laurel Pond and the surrounding ridges. The day’s snow conditions will dictate the specific route we take. I highly recommend you bring your micro spikes and trekking poles as we most certainly will encounter some icy areas. We will meet at the Wonder Lake parking lot on Ludingtonville Road in Holmes, NY. Email leader for directions and meeting time.

Sun., Feb. 28  Tivoli Bays Walk
Leader: Sue Mackson — (845) 471-9892 or suemackson@gmail.com
We’ll meet at the Rte 9G Parking lot to follow the Overlook Trail and then connect with the North Bay trail with views of the Hudson River unobscured by leaves. Some up and down, but do-able. Wear traction devices if it’s been icy or snowy. Contact me in advance if you wish to car pool or if questions about the weather.

Sun., Feb. 21  Leap Year – Once every 4 years Snowshoe – Place TBD
Leader: Ginny Fauci — gefauci@gmail.com (845) 399-2170
Let’s get out and celebrate Leap Year! Additional information will be found in the weekly emails.
Aug 15  Ward Pound Ridge
Leader: Mike Phipps
Loop hike of 5.5 miles. Attendees got to see the petroglyph of the bear, and Leatherman’s cave on a warm, sunny day. Luckily the bulk of the hike was undercover of trees. Leader provided excellent pre hike information and brought along two hikers who joined him to cross the Grand Canyon several years ago, some groan-producing jokes, and a watermelon for midday refreshment. John Ragusa, Tammy Wies, Peter Cantline, Sue Mackson, David Kupstan and the leader.

Aug 30  Sam’s Point Preserve
Leader: Sue Mackson
We were headed to Verkeerderkill Falls which, in light of our lack of rain most of the summer, promised little in the way of water. The stream which the trail crosses was totally dry. During the previous month it had flowing water. When the path down to the falls proved overly rock strewn, we decided to cut short that portion of the hike and return to Lake Maratanka. Lunched shoreside and traded various goodies. Hiked around the lake. When we could see it, the water was a lure. Group was easy going and friendly. Returned to visitor center and out before 2 pm. Robert and Katherine Martin, Beth Baumert, Bert Waehler and guest, Ann Impellizzi.

Sept 3  Mohonk Preserve
Leader: Roberta Forest
From Coxing lot up Old Minnewaska trail to Laurel Ledge. Then scramble up Giant’s Workshop. On to Archery Rocks, Cathedral and Plateau Path to Zaidee’s Bower scramble and lunch afterward. Down Clove Path to Undivided Lot and our return. Humidity and heat rose during day so some lingered at Coxing Kill to cool off. Arthur Stein, Mike Lichtman, Betsy Silverstein, Ken Moran, Paul Silverstein and Shari Aber.

Sept 8  Mills Norrie State Park
Leader: Georgette Weir
Shore path doesn’t look improved to me—but the views out from the woods Five indefatigable hikers joined the leaders on what was promised to be the hottest day of the summer for a 4+ mile hike on the River Trail and Blue Trail in Mills-Norrie State Park. We beat the worst of the heat and enjoyed calm views of the Hudson River, returning to our starting point for a short picnic above the water and revival in the shade. Stephanie Plant, Arthur Stein, Dave Lindemann, Michael Lichtman, Jon Ferris and the leader.

Sept 12—13  Hudson River Paddling & Camping on Islands
Leader: Russ Faller
This trip was cancelled although it was listed with ADK and AMC. Only one person signed up. He is Roger Deitlin, an intrepid paddler from western Connecticut and a Mid-Hudson ADK member. Russ was surprised because this has always been a popular trip in the past.

Sept 12  Norrie Point to Esopus Meadows Light House
Leader: David Belarge
Another great day with great people. We added onto this trip for an extra paddle and had eagles flying above us. Gindy Eastwoop, Russ Faller, Jerry Levine and Mary Ellen Campbell.

Sept 13  Chodikee Lake Paddle and Clean-up
Leader: Shari Aber
A group of civic-minded paddlers gathered to paddle the Chodikee Lake and the Black Creek to the waterfall looking for those invasive water chestnuts that have recently taken hold here. (We were continuing an effort started by the Town of Lloyd Environmental Conservation Council.) Using both kayaks and canoes, we pulled up the remaining plants and dumped them at the camp on the western shore of the lake, where they will dry out prior to be disposed of. Participants: Judy Mage, Shirley Warren, Ken Morgan, Bob Clark, Sharon Slocum, Ron Crovisier, Keith Faucher, Gloria Steinhartt, Dave Gordon and the leader.

Sept 13  Mohonk Preserve
Leaders: Roberta Forest
Today’s hike was supposed to be a rock scramble, but after a very dry summer, last night we had nearly 3 inches of rain. Rocks were too wet to safely do a rock scramble. Instead, we hiked up to a back from the Mountain House. Jill Abrahamson, Tonda Highly, and Don Murat.

Sept 17  (Thursday) Hike to Hidden Pond
Leader: Shari Aber
In preparation for a similar hike to Hidden Pond for the Fall Outing, we met at the Peterskill parking lot at Minnewaska. We took the red trail down to the creek and the connector trail along the creek to the High Peterskill Trail. Crossing the bridges we climbed the High Peterskill, leaving the trail and bushwhacking to Hidden Pond. It was one of the final warm days of summer and at the pond we had lunch and most of the hikers took the opportunity to take a short swim before heading back. On our return route, some hikers opted to retrace their steps; the leader with most of the other hikers continued on the High Peterskill Trail, stopping to enjoy a snack and the view at Compass Rock before heading back to the parking area. Participants: Barbars Surowitz, Arthur Stein, Betsy Silverstein, Margery Grotten, Roberta Forest, Al Limo-ne, JC Fouere, Paul Silverstein, Bob Thonne, Shirley Warren and the leader.

Sept 19  Big Indian and Fir Hike
Leaders: Shari Aber and Joe Ferri
We met in the parking lot where we went over the plan for the day’s bushwhack. As agreed on we followed the Pine Hill (West Branch) trail north toward the Big Indian summit. From the trail we picked up a well-tromped herd path to the top of Big Indian. We used our bearings and our compasses to follow the ridge to the top of Fir, and then back to the trail and out. Participants: Chris Anchus, Jonathan Chenette, Michael Todaro, Gianfranco Cataudella, Nancy Allen, Wayne Ouderkirk, Karen Glemming, Jill Abrahamson, and the leaders.

Sept 19  Harriman Park Triangle – Dunderberg – Blue Disk – Tuxedo, Approx. 6 miles
Leader: Jean-Claude Fouére
Seven of us enjoyed this beautiful late summer day hiking from the ADK Nawakwa Camp to Parker Cabin Mountain, looping back along the Ramapo-Dunderberg trail and the Tuxedo-Mount Ivory trail for a total of 6+ miles. Discussions were varied, ranging from iron mining in the Harriman and Sterling Forest area, to geological features left from the last glaciations, to Ravel’s waltz composition, combining healthy physi-
day of arrival. Our 1st hiking day put us at wild and remote Marie Louise Pond high up on Rocky Peak Ridge. We squeezed 8 tents side-by-side into the small site since we had to share it with others. Just at sunset, 3 others came looking for places to rest, but the "inn" was full, so they had to clear sites down the trail. So much for "wild and remote"! The 2nd day we found remoteness at Giant Lean-to. No one there until a lone backpacker arrived at dusk to share the lean-to. Possibly to show his gratitude, he built one hell of a roaring fire for us. Participants were: Jim Bonadonna, Alex Polubarov, Manny Gallego, Dave Mackley (all AMC), Kaitlin Hamilton (AMC guest) and the leader.

Oct 17  Mount Beacon
Leader: Alvin DeMaria
Perfect temperatures. Parking Lot full at 9 am. Up steeply to old casino site Side trip to Revolutionary War Monument, South Beacon Tower, then over to Wilkinson Trail and north to Lambs Hill. Down steeply to reservoir road and across it to stream in ravine. Up yellow trail and around NW side of Beacon Mountain to stairway and cars. 8.5 miles covered, 1500 ft altitude gain. Joan Billows, Gianfranco Cotaudello, Connie Haven, Marsha Kramer, Bill Machonis, John Schimmel, Arthony Sorace, Chuck Waller and the leader.

Oct 17  Camp Smith Trail
Leader: Alvin DeMaria
G. Hu, Clare Gutenberg, Michael Simon, Jane Moor, Elizabeth Martinelli, Sophie Wells, Maria Sola, Tom Amisson, Larry Ornstein, Jolin Griffen(?)
Names may be messed up, but the photo of participants is not.

Oct 17  Mid Week Hike in Harriman
Leader: Ginny Faucci
This rooster greeted us at the trailhead parking lot on Rte 9W, did a small bit of crowing, and was there to send us off at the end of the hike. His feathers were beautifully iridescent and color was the message of the day—there were orange maples that took one’s breath away at various places along the route. Ginny took us up and over Bald Mountain and to the wonderful overlooks of the Timp. We ended up in Doodletown reading historical markers and admiring the fall colors. It was a perfect fall day to be out. 14 hikers.

Mid-Hudson Trails
MH Chapter hosted the ADK Fall Outing Oct. 2-4, 2015. It was the first time in the history of ADK that we combined the Fall Outing with the Presidents dinner. It was also the first time that we minimized our carbon footprint by having online registrations (following Albany chapter’s example), and reduced our footprint even further by handing out registration material that fit in the badge lanyards. This effort was managed by our computer geek, Eli Cohen, who not only developed the registration web site but also the software to generate myriads of ongoing reports.

We had a record 182 registrations. Our chapter offered 29 Outings (hike, paddles, bike rides and walks), led by 19 Outing Leaders. An additional 16 volunteers helped with logistics, registrations and hosts to our guests.

The weather was not ideal, but it was not a washout either. ADKers were not discouraged. As one participant said, “We came to hike, and hike we will, rain or no rain”. Most activities went on as planned, with some cancellations and modifications. Paddles were affected the most, leaving many disappointed that they did not get to paddle on the Hudson until mother nature smiled on us and gave us a gorgeous Sunday, so participants did get to paddle and enjoy the Gunks and Hudson River walks after all.

The Friday night get together at Robibero Winery was a particularly warm, casual and pleasant evening. With music provided by the recorder ensemble “Lost In the Woods”, including our own Georgette Weir and a casual supper arranged by Brenda Harding and Carole Marsh. The music, excellent farm fresh food catered by Adams and the optional wine tasting, had 101 folks inclined to hang out, renewing or starting acquaintance. We did look longingly out the porch windows imagining the views that might have been enjoyed in clearer weather.

We gathered again at the comfortable Hudson Valley Resort and Spa for the ADK President’s Dinner and Awards and to listen to an illustrated talk by Ken VanderMark

None of this would have happened without the many months of detailed planning by the 15 member Fall Planning Outing Committee, Chaired by Lalita Malik, Website Designer and Registrar, Eli Cohen, and Outings coordinator, Ginny Fauci. Each of them spent hours making choices, bargaining, answering emails, and compiling statistics, dealing with financials and herding those who registered. Please visit our website Mid-HudsonAdK.org to see additional photos collected from the many outings completed during the weekend.

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Looking Ahead in 2016— Save The Dates

**June 18-25**  Sea Kayaking Acadia National Park, Maine  
Class: Intermediate  
Leader: Donald Urmston. Mrumston@gmail.com  845-549-4671  
We will paddle around Mt. Desert Island / Acadia National Park and see the awesome beauty of coastal Maine. Approximately 5-6 hours of paddling per day. Then we retire to our nice soft beds each night. REGISTER EARLY, ONLY 6 SPACES AVAILABLE. $$ includes accommodations, breakfast and lunch each day, hiking guides. Bring your own gear. Contact trip leader for pricing, more information / questions.

**July 14-17**  Kayaking the Erie Canal – The Final Chapter  
(All skill levels)  
Leader: Donald Urmston. Mrumston@gmail.com  845-549-4671  
This year’s Erie trip is approximately 60 miles over 4 days. We will start in downtown Buffalo and follow the Blackrock canal to the Niagara River, and onto the Erie Canal as far as Lockport. (2 days). Then will drive over to Rochester and resume our trip where the Erie meets the Genesee River. We plan on staying in hotels this year. Contact trip leader for more information. Early registration is required.
Paddling Festival A Huge Success

Since we’ve lost EMS, our boat supplier, for good, we’ve again joined our PaddleFest with the Kingston Kayak Festival sponsored by Kenco and Forsyth Nature Center of Kingston Parks & Rec. This event took place on Saturday, June 13th from 10AM to 4PM at Kingston Point Beach. It always occurs on the 2nd Saturday of June at the same location. Mark it on your calendars for next year. Mid-Hudson ADK members always get in free by showing their membership cards. All others are asked for a $10 donation to the Forsyth Nature Center.

The event was a huge success for everyone involved: participants and sponsors. Our Chapter got 7 new fully paid members at this event plus a long list of people wanting our 3-month outings e-mails for guests. These mailings bring in more members.

Our Chapter volunteers, Ginny Fauci and Shari Aber, led a guided paddle up the Rondout Creek to the Eddyville Dam and back. This trip was for experienced paddlers with their own boats and gear. This trip was full almost at the outset of the festival and there was a long waiting list of enthusiastic paddlers who wished they had signed up earlier.

Don Urmston and Mike Pettigrew, Chapter kayakers who are also American Canoe Association licensed instructors and guides, volunteered two land-based and two water-based lessons. (Kayaks were furnished by Forsyth Nature Center.) Don and Mike also brought a variety of kayaks to illustrate the differences between boats for their land-based lessons. Don did his now-famous swamping demonstration to show how a kayak, without bulkheads, sinks when filled with water. This shocked many people who thought you could safely take these boats out onto the Hudson River. Don and Mike’s lessons were very well received. Their first land-based lesson drew about 30 or more participants hungry for knowledge. All water-based lessons had significant waiting lists.

Other Chapter volunteers staffed our successful out-reach table stocked with ADK brochures, Chapter outings schedules, Adirondac magazines, hiking maps for free and other goodies. Still other volunteers did beach duty where they assisted beginners getting in and out of kayaks (furnished again by Forsyth) and offered a quick lesson on proper paddling technique, turning and stopping. Stan Augie was the volunteer-of-the-day, who did such a fantastic job working the beach, for the entire 6 hours of the festival, that an Environmental Educator from Forsyth asked, “Who is that man?”

Two of our Chapter members, Dave and Arlene Kaplan, patrolled the waters to rescue hapless “swimmers” and to offer paddling pointers.

Russ Faller patrolled the festival offering assistance where and when needed.

Bill Kennedy, owner of Kenco, was so impressed with our volunteers and the activities they led that he wants us to become a regular part of the festival he initiated many years ago. In fact, he wants our Chapter to do more during the festival next year. To show his appreciation, Bill has instituted a 10% discount on all non-sale purchases by our Chapter members at his store on Rt. 28 just north of the Kingston traffic circle.

The Mid Hudson Chapter of the ADK Welcomes Our New Members!

Nancy Adams
John and Lori Bergherr
Michele Campbell
Annette Caruso
Jeanne Petrarca Csillag and Thomas Csillag
Fiona Durkin

Jordan Greenough
Joseph Hardy
Jim and Carol Hobbs
Evelyn Johansen
Elsa Kimak
Tom Litty
Cate Montana

Kelly Parden and Max McClusky
Robert Rzemieniecki
Barbara Sarah
Susan Smyth
Arthur Stein
Adam Stone
William Webbe

Mid-Hudson Trails
Stay Connected.....

Adirondack Mountain Club:  www.adk.org
Mid-Hudson Chapter:  www.midhudsonadk.org
NY/NJ trail Conference:  www.nynjtc.org

To make a change of address, phone or email, send a message with the specifics to: adkinfo@adk.org or call 1-800-395-8080 x22

To be included in the Mid-Hudson Chapter e-mail list or to change your e-mail please send a message to ebc12533@yahoo.com