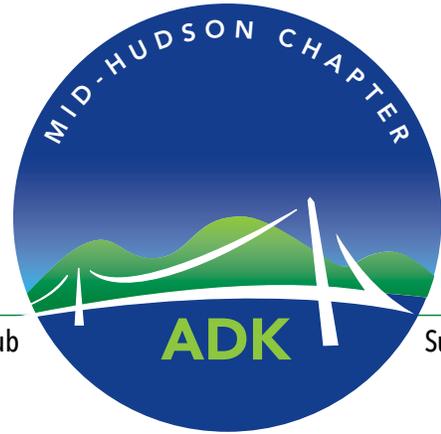


Mid-Hudson

TRAILS



News and activities of the Mid-Hudson Chapter of the Adirondack Mountain Club

Summer 2016

CALLING ALL LEADERS!

IT'S TIME FOR THE OUTING LEADERS PICNIC

July 24th, 4 PM

WE WILL THANK our past year's outing leaders on the afternoon of July 24th at the home of Joe Ferri and Shari Aber in West Park with a pot luck picnic and get together - a thank you for providing the signal activities of our chapter. It's been a year which included the wonderfully organized Fall Outing; Ginny Fauci has continued as Outings Chair and she and Lalita Malik continue to build our strong midweek hike group, with Dana Bennett doing duty when needed. Glenda Schwarze assumed responsibilities for midweek paddles which Shari Aber had originated, and Russ Faller continues as our paddle chair and indomitable backpack leader; Shari and Joe continued to lead Catskill Hikes as well as paddle trips, and Susan Sterngold and Mike Phipps, experienced hikers, began sharing their knowledge in leading hikes with our chapter, Tom Amisson, and Georgette Weir led hikes and trail work days. Carol Gray, Sayi Nulu, Mel Kleiman, Salley Decker, Tom Buckley, John Ragusa, Georgette Weir, Jean-Claude Fouere, Jennifer Anderson, Roberta Forest, Alvin DeMaria, Mike Cunningham, Dave Belarge, Dave Webber, Michele VanHoesen, Chris Cring, Ron Gonzalez, Peter McGinnis, Lou Ruidisch, Mark Tatro, Skip Doyle

all provided outdoor experiences for our membership, as did I. (If

you'd like to learn more about leading or have done so and your name has been overlooked, please let me know so we can invite you to the picnic.

-Sue Mackson.



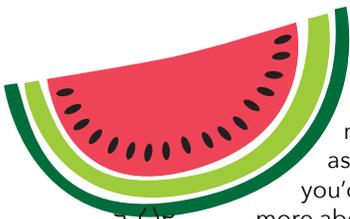
THE RAINY MORNING on Saturday, May 7th did not deter volunteers from showing up for "I Love my Parks" day. After registering at the Yurt at Minnewaska State Park, three teams went to three separate locations for trail work. Ginny Fauci and I joined the team led by Dave Webber to build a trail at Stony Kill Falls. There were multiple unofficial trails to the falls. Our job was to lay out the best route, clear all debris and loose rocks and build a trail. We marked a trail along the creek with views of the falls. Next we broke into teams. Two folks raked the area, a few clipped branches and plants over the trail and others started removing loose rocks and digging out rocks that juttied up and presented tripping hazards. The rocks that we dug out left holes, some huge, that had to be filled. We had to level out the bottom of the holes and



place flat rocks in them for proper footing. Big rocks were split into smaller rocks to fill in areas around the holes. Then the final touch: gravel to smooth out and cement the rocks in place. Team members took turns to carry loose shale in buckets up the trail while a few used hammers to split the rocks.

Our reward came from a hiker who hiked the trail as we were wrapping up and said, "This used to be a really nasty trail".

-Lalita Malik



Elected Officers

TITLE	NAME	EMAIL	PHONE
Chapter Chair	Daniel Jones Jr.	Jones.daniel.jr@gmail.com	845-797-9161
Vice Chair	Peter McGinnis	Pmcgin1@aol.com	845-454-4428
Secretary	Ellen Zelig	ellenzeligcrs@aol.com	845-518-0488
Treasurer	Ralph Pollard	ralphpollard@verizon.net	845-462-3389
Chapter Director	Bill Beehler	Wvbee@aol.com	845-473-5557
Club Director	Jean-Claude Fouere	jcfouere@gmail.com	845-462-0142
Alt. Club Director	Brenda Harding	Brendaharding99@yahoo.com	845-565-8566
Past-Chapter Chair	Lalita Malik	lalitamalik@aol.com	845-592-0204

Committee Chairs & Other Volunteers

TITLE	NAME	EMAIL	PHONE
Conservation	Sayi Nulu	sayinulu@gmail.com	845-264-2270
New Members	Jennifer Anderson	djanderson@fairpoint.net	
Publicity	Skip Doyle	skipnewyork@yahoo.com	
News Media	Michele Van Housen	michelevh8@yahoo.com	845-691-7442
Education Chair	Don Urmston	mrurmston@gmail.com	845-457-4552
Social Events	Carole Marsh	Nanagrace91@aol.com	845-849-2044
Webmaster	Georgette Weir	georgette.weir@gmail.com	845-462-0142
Newsletter Co-Editor	Dana Bennet	dana.f.bennet@gmail.com	845-247-7259
Newsletter Co-Editor	Elizabeth Fitzgerald	elizfitz0729@gmail.com	
Database Admin	Eli Cohen	Ebc12533@yahoo.com	
Outings Co-Chair	Sue Mackson	suemackson@gmail.com	845-471-9892
Outings Co-Chair	Ginny Fauci	gefaucci@gmail.com	845-399-2170
Trails Chair	Tom Amisson	tamisson@aol.com	845-592-1572
Water Trails & Paddles	Russ Faller	russoutdoors@yahoo.com	845-297-5126
NY-NJ Trail Conf. Del.	Salley Decker	Sadecker2002@yahoo.com	845-454-4206
MeetUp	Sayi Nulu	sayileela@gmail.com	845-264-2270

Mid-Hudson ADK Nominee Announcement

The following are nominees to the Executive Committee Position for the two year term 2017-18. All nominees currently hold their positions except for Christopher Cring.

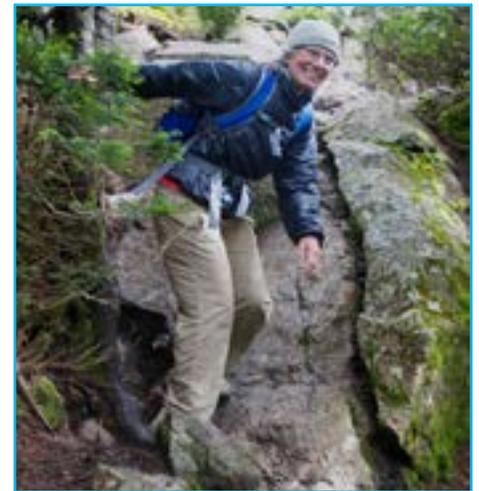
Chapter Chair	Daniel Jones
Vice Chair	Peter McGinnis
Secretary	Ellen Zelig
Treasurer	Ralph Pollard
Chapter Director	William Beehler
Chapter Director	Christopher Cring
Club Director	Jean-Claude Fouere
Alt. Club Director	Brenda Harding

Additional nominations may be submitted in writing to the Nominating Committee prior to the Annual Meeting by any voting member of the chapter, providing such nominations are signed by at least five voting members. The Nominating Committee consists of Sue Mackson: suemackson@gmail.com, and Daniel Jones: jones.daniel.jr@gmail.com.

The Annual Meeting will be held during the Fall Picnic, September 25th, at the Mills-Norrie State Park, Staatsburg, NY.

Profile

Do you know Jennifer Anderson?



JENNIFER ANDERSON assumed responsibilities as chapter Membership Chair in 2012, having moved from NYC with her husband David in 2010. She keeps tabs on our membership numbers, up or down, and is usually the first to greet new members with a packet of information including a welcome letter, copy of our newsletter and chapter patch.

During their working years, Jen and David had been dividing their time between a weekend home in Pine Plains and an apartment in Manhattan. He'd been an architectural photographer and she started in book publishing and ended in a career she loved, elementary school teaching. The decision to settle in a single domicile, the one up in rural Pine Plains, was mutual. Together they have explored the area through hikes.

Jen's love of books and her volunteerism found outlets at the Pine Plains Library, where she is active with the Friends in developing programs; currently she's working on a library exhibit of local artists' works. She's tried her hand at painting with pastels and would like to find time for additional art classes. You can learn more about her through her poem printed on page 8 of this issue. Jen's also contributed a personal memoir of hiking experiences to Senior Hiker magazine, designed by her sister and set to launch in the near future.

In recent years Jen, sometimes together with her sister from Maine, has hiked with Ginny Fauci in the Whites. She grew up just a few miles from the sea on Long Island, and has come to love the mountains, too.

Summer 2016

MHADK OUTINGS SCHEDULE - June/July/August

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES: The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefauci@gmail.com (845-399-2170) or Lalita Malik, lalitamalik@aol.com (845-592-0204). The hikes will be held every Thursday, weather permitting. To add your name to the Mid-Week Hike list, go to the bottom of the weekly e-mail to update your subscription.

MID-WEEK PADDLES: Leader: Glenda Schwarze, schwar582@aol.com. She will lead quiet-water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2nd and 4th Thursdays of every month. To add your name to the Mid-Week Paddle list, go to the bottom of the weekly e-mail to update your subscription.



HARRIMAN DOG-FRIENDLY HIKES: Susan Sterngold and her dogs lead hikes every day in Harriman. Dogs will be on all the hikes and you're welcome to bring yours. Hikes are scheduled a few days ahead of time. To receive notifications of the hikes, please join her Yahoo group <http://groups.yahoo.com/group/harrimanhike>. When signing up, pick special notices and mention you are a Mid-Hudson ADK hiker.

LOOKING AHEAD

HELP CELEBRATE NATIONAL PUBLIC LANDS DAY... FAMILY-STYLE!

SEPT
24

NATIONAL PUBLIC LANDS DAY, an annual event, is scheduled for Saturday, September 24th. The Appalachian

Trail Conservancy (ATC) has been promoting a "family hike" on the Appalachian Trail for the occasion. MHADK needs someone to lead a family-friendly hike on that day. The leader can choose the section of A.T., and the hike need not be longer than a couple of hours.

Suggested sections include the A.T. through the Bear Mountain Zoo and across the Bear Mountain Bridge. For those interested, the hike could continue on the east side of the Hudson River, with a detour on a side trail to Antony's Nose, from which there is a wonderful view. There is also a new A.T. related exhibit on the grounds of the Bear Mountain Inn. It is worth allowing time to visit this exhibit.

Another family-friendly hike is from NY



Route 55 east/north on the A.T. to Nuclear Lake and return. (If there is a car spot, there is a shorter version where hikers could walk out the "road" from Nuclear Lake to a larger parking lot which is located just off NY Route 55 on Old Pawling Road.)

The request for a "hike leader" is being made now so that the hike can be publicized as an official "National Public Lands Day" event and also be listed as a hike in the Hudson River Valley RAMBLE schedule. Deadlines for publication are in early to mid-June, so please consider volunteering to lead a "family hike" for MHADK!

Contact: Salley Decker at sadecker2002@yahoo.com. In the subject line please state: NPLD "family hike" on the A.T.

Provide a telephone number where you can be reached if there are questions. Deadline to contact Salley is June 10!

Thank you for volunteering!

GENERAL OUTINGS GUIDELINES

- Notify Leader of your intent to join an outing at least 2 days prior to the outing
- Be at designated meeting place 10 minutes prior to the scheduled departure time
- Car pooling is encouraged. Riders are expected to share the expenses equally at a rate of \$.20 per mile plus any tolls and parking fees incurred.
- Dogs may be allowed on some outings; check with trip leader. If allowed: bring a leash, be able to control your dog and provide for its needs (especially water).
- Guests are welcome to participate in two outings. After that they are encouraged to become members of the Mid-Hudson Chapter of the ADK.

HIKING GUIDELINES

- Check out the Ten Essentials (www.midhudsonadk.com/outings/ten_essentials)
- Wear sturdy footwear as required for season and type of outing
- Be equipped with water, lunch, snacks, extra clothing and foul weather gear
- Hike Ratings indicate relative degree of difficulty, and may vary with terrain, weather, season, etc. Check with Trip Leader to verify that the trip is suitable for your ability.

HIKE RATINGS

- Class A - Difficult: More than 1500' climb or more than 8 miles total distance
- Class B - Moderate: Less than 1500' climb and 6 to 8 miles total distance
- Class C - Easy: Well-graded trails and less than 6 miles total distance
- Walk: Less than 4 miles total distance; suitable for children

June OUTINGS AT A GLANCE

DATE	DESCRIPTION	LEADER	CONTACT INFO	RATING
Fri, Jun 3	Paddle/Camp Hudson River Islands	Russ Faller	845-297-5126 or russoutdoors@yahoo.com	Paddle
Fri, Jun 3	Mills-Norrie SP, Staatsburg	Georgette Weir	845-463-0142 or georgette.weir@gmail.com	Walk
Sat, Jun 4	National Trails Day	Tom Amisson	tamisson@aol.com	Trail Work
Sat, Jun 4	Copes Lookout, Mohonk Preserve	Roberta Forest	845-750-7059	Scramble - B
Sat, Jun 4	Kayak Skills, Plum Point	Dom Urmiston	845-549-4671 or Mrurmston@gmail.com	Paddle -All
Sun, Jun 5	Taconic-Hereford, Pleasant Valley	John Ragusa	917-692-1159 or john.ragusa@bnymellon.com	Class C
Sun, Jun 5	Long Dock, Dennings Point	Louis Ruidisch	845-896-9332 or ruidisch3@gmail.com	Class C+
Sun, Jun 5	Slide, Cornell, Wittenberg	Joe Ferri & Shari Aber	914-489-1582 or 914- 489-0654	Class A
Tues, Jun 7	Poughkeepsie Paddle	Dave Webber	webberd1@yahoo.com	Paddle
Fri, Jun 10	Black Creek Paddle	Shari Aber	914- 489-0654 or shnaber@yahoo.com	Paddle
Sat, Jun 11	Kingston Kayak Festival	Russ Faller	845-297-5126 or russoutdoors@yahoo.com	Paddle
Sun, Jun 12	Kayak Skills, Plum Point	Don Urmiston	845-549-4671 or Mrurmston@gmail.com	Paddle
Sat, Jun 18-Sat, Jun 25	Sea Kayaking, Acadia NP, ME	Don Urmiston	845-549-4671 or Mrurmston@gmail.com	Class B
Sat, Jun 18	Mt Beacon	Sayi Nulu	845-264-2270 or Sayinulu@yahoo.com	Class B
Sat, Jun 18	Claremont SHS	Sue Mackson	845-471-9892 or suemackson@gmail.com	Walk
Sat, Jun 15	Hike	Mike Phipps	646-373-5891 or phippsmcp@aol.com	Class B
Sun, Jun 26	Annsville Creek Paddle	John Ragusa	917-692-1159 or john.ragusa@bnymellon.com	Paddle
Mon, Jun 27-Sun, Jul 3	AT - Mt Katahdin	Lalita Malik & Ginny Fauci	845-592-0204 or 845-399-2170	Class A

JUNE 2016

Fri, June 3 (6 PM) - Sun., June 5 Paddle & Camp on Hudson River Islands

Leader: Russ Faller, 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

Paddle the Hudson River from Catskill to Schodack Landing. Camp on islands both Friday & Saturday nights. This section of the river is rural and scenic. Total mileage is about 23. Arrive in Catskill, NY, at 6 PM on Friday for the car shuttle and short paddle to the first island camp site. PFD required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. Contact leader by May 27th to register.

Fri, June 3 - Mills-Norrie State Park in Staatsburg.

Leader: Georgette Weir georgette.weir@gmail.com or 845-462-0142.

Morning walk with light trail maintenance (if needed), 9:30-12:30. Please bring work gloves, loppers or shears just in case. For meeting place contact leader.

Sat, June 4 - National Trails Day

Tom Amisson, tamisson@aol.com for information.

Sat, June 4 - Copes Lookout (6-7 miles)

Leader: Roberta Forest 845-750-7059

Scrambling involved. Mohonk Preserve fee of \$12 or preserve membership required. Meet 9:30 at Coxing lot. Joint with Mohonk Preserve

Sat, June 4- Kayak Skills Session - 9 AM, Plum Point, New Windsor (All Levels)

Leader: Don Urmiston, Mrurmston@gmail.com or 845-549-4671 (before 9pm)

Come get a free lesson from our ADK paddling trip leaders. We will cover basic strokes, rescues & safety. Whether you are new to kayaking or just need to brush up on your basics, we'll have something for you. Meet at Plum Point in New Windsor at 9:00am. Participants must preregister with leader. PFD required.

Sun, June 5 - Taconic-Hereford Multiple Use Area Hike, Pleasant Valley, NY, (3miles, C)

Leader: John Ragusa (917) 692-1159 or john.ragusa@bnymellon.com

Easy hike through beautiful, secluded, wooded trails and dirt roads. Meet at 10 am at the Taconic Parkway Trailhead. Directions from Route 55 and other points south: Take Taconic Parkway Northbound. At mile marker 52.0, SLOW DOWN!! Entrance to trailhead at mile marker 52.4 on right side. Small parking area can accommodate up to 6 cars. Would encourage car-pooling. I can take 3 people. Bring picnic lunch. Heavy rain cancels.

Sun, June 5 - Long Dock Park, Denning's Point, and Madam Brett Park Combo, (Approx 7 miles, C+)

Leader: Louis Ruidisch, ruidisch3@gmail.com or 845-896-9332(H), 845-453-0871(C)

We will start at Long Dock Park and take the Klara Sauer Trail to Denning's Point and then continue on to

Madam Brett Park for beautiful views of the river and estuary. We will back-track on the Klara Sauer Trail to return to Long Dock Park. Bring lunch and 2 quarts water. Meet by the kayak pavilion in Long Dock Park at 9 AM. Confirm with leader.

Sun, June 5 - Slide, Cornell, Wittenberg (10 miles, ascent 2700', descent 4000', A)

Leaders: Joe Ferri, newpaltz33@yahoo.com or 914-489-1582 & Shari Aber, shnaber@yahoo.com or 914-489-0654

This challenging through-hike traverses the Burroughs Range. We climb the highest Catskill peak, follow the ridge to Cornell, then Wittenberg, which arguably offers the most dramatic view in the Catskills. Call or email to register. Joint with Catskill 3500 Club-maximum 12 hikers. Sign up period May 27-June 3.

Tues, June 7 - Poughkeepsie Evening Paddle

Leader: Dave Webber, webberd1@yahoo.com

Launch and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. Directions: From Route 9 exit, go west and make a right onto Water Street. Waryas Park is 500 feet on the left. Launch at boat ramp.

Fri, June 10 - Paddle Black Creek Easy (Beginners Welcome)

Leader: Shari Aber shnaber@yahoo.com or 914-489-0654

We will launch from 299 in the town of Lloyd and

paddle upstream through the marshes as far as we can. Then we will head downstream, passing our put-in and continue another mile or two through a wooded area until the creek veers and drops off. Contact leader for details.

**Sun, June 12- Kayak Skills Session
9 AM, Plum Point, New Windsor (All Levels)**

Leader: Don Urmston, Mrurmston@gmail.com
or 845-549-4671 (before 9pm)

Come get a free lesson from our ADK paddling trip leaders. We will cover basic strokes, rescues & safety. Whether you are new to kayaking or just need to brush up on your basics, we'll have something for you. Meet at Plum Point in New Windsor at 9 AM. Participants must preregister with leader. PFD required.

**Sat, June 18-Sat, June 25
Sea Kayaking at Acadia National Park, Maine
Class: Intermediate**

Leader: Don Urmston, Mrurmston@gmail.com
or 845-549-4671 phone/text

We will paddle around Mt. Desert Island / Acadia National Park and see the awesome beauty of coastal Maine. Approximately 5-6 hours of paddling per day. Then we retire to our nice soft beds each night. REGISTRATION DEADLINE IS APRIL 30. ONLY 6 SPACES AVAILABLE. \$\$ includes accommodations, breakfast and lunch each day, kayak guides. Bring your own gear. Contact trip leader for pricing, more information/questions

Sat, June 18 - Mount Beacon (B)

Leader: Sayi Nulu
Sayinulu@yahoo.com or 845-264-2270

Meet at 9 am at the parking area and trailhead located at the intersection of Route 9D and Howland Avenue in the City of Beacon. Additional info online at <http://www.scenicHUDSON.org/parks/mountbeacon>

**Sat, June 18 - Claremont State Historic Site
sunset, moonrise walk**

Leader: Sue Mackson
845-471-9892 or suemackson@gmail.com

You can tour the house earlier in the day, but I propose meeting at 6:00 pm in the parking lot of this beautifully situated estate astride the Dutchess/Columbia border overlooking the Hudson. We'll walk the easy trails and then settle down near the home of Robert Livingston of Revolutionary War fame to watch the sun set over the Catskills. Bring some refreshments. Park closes at sunset (8:30 pm). We'll then drive to an open area to view the full moon rise and head home. Call leader for car pool options. I leave from Poughkeepsie.

Sat, June 25 - Hike - Details to follow

Leader: Mike Phipps
phippsmcp@aol.com or 646-373-5891

**Sun, June 26 - Annsville Creek Paddle,
Peekskill, NY**

Leader: John Ragusa, (917) 692-1159
or john.ragusa@bnymellon.com

Meet at the Annsville Creek Paddlesport Center. We will paddle in the large inlet off the Hudson River where the Annsville Creek flows out from. It is protected from waves and rough waters. Look for many

JUNE
11

KINGSTON KAYAK FESTIVAL

Sat, June 11, Kingston Point Beach, 53 Delaware Ave, Kingston, NY, 10 AM - 4 PM

Contact: Russ Faller at 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

A FUN-FILLED DAY for the whole family. Bring the kids and grandchildren. The Kingston Kayak Festival is not just kayaks. There'll also be canoes and stand-up paddle boards (SUPs). The emphasis is on education, demonstrations, lessons and tours for beginner paddlers and people who have not paddled before. There will, however, also be some activities for experienced paddlers who bring their own boats and gear.

Activities for beginners and non-paddlers will include: Land-based kayak lessons, water-based kayak lessons and guided kayak tour, Kids Kayaking 101 and How to Pick a Kayak & Paddle Presentation.

Activities for experienced paddlers, with their own boats and gear, will include: Guided tour and, possibly, assisted and solo reentry lessons followed by rolling lessons. There will be boats from Confluence, Hurricane, Old Town, Slip Stream and Jackson to test paddle.

For those who want to try SUPs, there will be a presentation and demo on choosing the right board for you. Browse the used boat and gear sale. There will be a food vendor or bring your own picnic lunch. Entry fee: \$10 donation to Fortyth Nature Center. Mid-Hudson ADK members enter free. Bring your membership card.

types of water fowl. We will paddle during high tide so we can paddle up into the creek. Meet at 1 pm at the Annsville Paddlesport Center. Directions: Take Route 9 south. Just before Peekskill, you will come to a traffic circle, locally known as the Annsville Circle. Take the first right out of the circle heading towards the Bear Mountain Bridge (Routes 6 & 202). As you leave the circle, immediately to the left is the entrance to the Annsville Paddlesport Center. Free parking and if you don't own a kayak or canoe, rentals are available right there. Easy put-in. Bring snacks. There's a beautiful park we can paddle to on the Peekskill side. Heavy rain cancels.

**Mon, June 27 - Sun, July 3 - Baxter State Park -
Appalachian Trail - Mt. Katahdin**

Leader: Lalita Malik, 845-592-0204 (H), 845-724-5786 (C) or lalitaMalik@aol.com
Co-Leader: Ginny Fauci, 845-399-2170 (C) or gefaucci@gmail.com

7 Days and 6 nights, \$350 lodging only. Go to our website, www.midhudsonadk.org for more info and to register. Join members of the Mid-Hudson Chapter of ADK as we hike and explore the Northern terminus of the Appalachian Trail and Baxter State Park. Our base will be Big Moose Inn, Millinocket Lake, Maine, which is eight miles from entrance to Baxter State Park. We will stay at a trailside cabin, Katahdin House, which has full kitchen facilities. We will prepare our own meals, pot luck style. Sleeping quarters will be a mix of beds and bunk beds. For more information contact leaders.

JULY 2016

**Sat, July 2 -Mills-Norrie State Park
in Staatsburg**

Leader: Georgette Weir, georgette.weir@gmail.com
or 845-462-0142. (No trail maintenance.)

A moderate B-level morning walk of 4-5 miles along the Hudson River and through the woods. Bring your coffee/tea and a snack. Contact leader for meeting place and time.

**Mon, July 4 - Paddle on the Hudson
for the Fireworks**

Leader: Russ Faller, 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

Let's put in at Cold Spring's Foundry Dock Park and paddle to get an unobstructed view of the fireworks. Optional stop at the Depot Restaurant for refreshments after the display. 360 degree light required and headlamp recommended. Kayaks must be 13.5 ft. or longer & with dual bulkheads or flotation bags. No specifications for canoes. PFDs must be worn while on the water. Contact leader for meeting time.

**Fri, July 8-Sun, July 10 - Paddling/Camping in
the St. Regis Canoe Wilderness, Adirondacks**

Leader: Russ Faller, 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

We'll paddle from Long Pond, in the SW corner of the St. Regis Wilderness, to Paul Smiths. The attraction of the St. Regis area is its numerous lakes and ponds where no power boats can go. Each sheet of water has a distinctive character, even its color may be different. None is so large that you tire of it. When we leave the canoe wilderness, we'll enter Upper St. Regis, Spiffire and Lower St. Regis Lakes, once the playground of 19th Century millionaires. The "camps" lining these lakes are quite extravagant and of distinctive architecture. We'll take some time to cruise past some of these. Total mileage: @15-23 (depending on the number of optional side trips). Ten carries: only one 1-mile carry with the rest much shorter - as short as a couple of yards. Carries can be made in 2 trips if desired. Must arrive Thurs. evening. Leader will linger for 3 more days for base camping and day trips. You're invited to join him. (Wooden Canoe Heritage Gathering at Paul Smiths College from 7/12-17/16.) Contact leader to register by 6/30.

**Sat, July 9 - Hidden Pond
(5+ miles, ascent 1100', B)**

Leaders: Joe Ferri, newpaltz33@yahoo.com or 914-489-1582 & Shari Aber, shnaber@yahoo.com or 914-489-0654

From the High Peterskill Trail in Minnewaska, we will hike off the beaten path to this pristine lake, where we will have lunch, relax, and hopefully cool off with a swim. On the way back we will stop at Compass Rock for a snack and views before heading back to the trailhead. Contact leaders for details.

July OUTINGS AT A GLANCE

DATE	DESCRIPTION	LEADER	CONTACT INFO	RATING
Sat, Jul 2	Mills-Norrie SP, Staatsburg	Georgette Weir	845-463-0142 or georgette.weir@gmail.com	Walk
Mon, Jul 4	Hudson Paddle	Russ Faller	845-297-5126 or russoutdoors@yahoo.com	Paddle
Fri, Jul 8	Paddle/Camp, St Regis	Russ Faller	845-297-5126 or russoutdoors@yahoo.com	Class B
Sat, Jul 9	Hidden Pond	Joe Ferri & Shari Aber	914-489-1582 or 914-489-0654	Class B
Sat, Jul 9	Lower Wappingers Creek	Mike Pettigrew	845-489-5620 or mbpettig@yahoo.com	Paddle
Sun, Jul 10	Birchen Trail, Mohonk	Roberta Forest	845-750-7059	Scramble - B
Sun, Jul 10	Dover Stone Church Trail	Sue Mackson & Carol Gray	845-471-9892 or 845-471-1168	Class C
Thurs, Jul 14-Sun, Jul 17	Kayaking the Erie Canal	Don Urmiston	845-549-4671 or Mrurmston@gmail.com	Paddle
Sat, Jul 16	Hike	Mike Phipps	646-373-5891 or phippsmcp@aol.com	Class B
Sat, Jul 16	Harriman SP - Breakneck Mtn	Jean-Claude Fouéré	845-462-1909 or jcfouere@gmail.com	Class A
Sun, Jul 17	Neversink Reservoir	John Ragusa	917-692-1159 or john.ragusa@bnymellon.com	Paddle
Wed, Jul 20	Kayak Presentation, Esopus Library	Dom Urmiston	845-549-4671 or Mrurmston@gmail.com	Meeting
Sat, Jul 23	Long Dock, Dennings Point, Beacon	Tom Amisson	tamisson@aol.com	Paddle
Mon, Jul 25	Bashakill Paddle	Shari Aber	914-489-0654 or shnaber@yahoo.com	Paddle
Sat, Jul 30	Night Hike Mt Beacon	Tom Amisson	tamisson@aol.com	Class B
Sun, Jul 31	Rhinecliff to Kingston	Mike Pettigrew	845-489-5620 or mbpettig@yahoo.com	Class A paddle
Sun, Jul 31-Aug 7	White Mountain Trip-Wait List	Ginny Fauci	gfauci@gmail.com	Trip is Full

JULY 2016 (CON'T)

Fri, July 8 - Vly and Bearpen (7 miles, ascent: 2300', A)

Leaders: Joe Ferri, newpaltz33@yahoo.com or 914-489-1582 & Shari Aber, shnaber@yahoo.com or 914-489-0654

We will hike two peaks in the western Catskills. Vly is considered a bushwhack though there is a well defined herd path to it. We will have lunch and enjoy the views on the top of Bearpen, which is crisscrossed by various skimobile and hiking trails. Well-behaved dogs are welcome. Call or email to register. Joint with Catskill 3500 Club-maximum 12 hikers. Sign up period June 29-July 6.

Sat, July 9 - Lower Wappingers Creek paddle 10 AM - 1 PM

Leader: Mike Pettigrew mbpettig@yahoo.com or 845-489-5620 (C)

Easy Paddle - any boat ok - Life jacket required - meet at Market street launch in Wappingers Falls. Contact leader for additional information.

Sun, July 10 - Birchen Trail (6-7 miles)

Leader: Roberta Forest 845-750-7059

Scrambling involved. Mohonk Preserve fee of \$12 or membership required. Meet 9:30 am at Pine Road. Joint with Mohonk Preserve.

Sun, July 10 - Dover Stone Church Trails (3 to 4 miles, C)

Leader: Sue Mackson 845-471-9892 or suemackson@gmail.com

Co-leader: Carol Gray 845-471-1168 or outdoorcarol@verizon.net

With the help of Salley Decker, the NYNJ Trail Conference carved out additional trails last year at this formerly hidden jewel in the east of the county. The stone church is a grotto and a great place to cool off on a summer day. Path to the grotto has slippery wet stones. Wear appropriate gear and bring water, snacks. Meeting at 10:15 at the Dover Plains Elementary School on Rte 22 across from the site. Call leaders for car pool options. Option to continue on to Perry Preserve afterward--nother ecologically unusual site, very small and short drive away.

Thurs, July 14-Sun, July 17 - Kayaking the Erie Canal - The Final Chapter (All skill levels)

Leader: Don Urmiston mrurmston@gmail.com or 845-549-4671

This year's Erie trip is approximately 60 miles over 4 days. We will start in downtown Buffalo and follow the Blackrock canal to the Niagara River, and onto the Erie Canal as far as Lockport. (2 days). Then will drive over to Rochester and resume our trip where the Erie meets the Genesee River. The next two days will take us through Pittsford, Fairport, Macedon and finally into Palmyra. We plan on staying in hotels this year. Contact trip leader for more information. Early registration is required.

Sat, July 16 - Hike - Details to follow

Leader: Mike Phipps phippsmcp@aol.com or 646-373-5891

Sat, July 16 - Harriman State Park Breakneck Mountain (7.5 miles, A)

Leader: Jean-Claude Fouéré jcfouere@gmail.com or 845-462-1909

This 7.5 miles hike will take us from Sebago Lake north along the Buck trail and the Breakneck Mountain trail to Breakneck Pond, looping back south along the Suffern - Bear Mountain trail and the Tuxedo - Mt Ivy trail (NY-NJ Trail Conference trail map No 118). Meeting place and time: 9:00 AM at Sebago Lake boat launch parking area off Seven Lakes Drive. Contact hike leader for detailed information and for carpooling. Joint with ADK NYC Chapter.

Sun, July 17 - Neversink Reservoir Paddle, Liberty, NY

Leader: John Ragusa, 917-692-1159 or john.ragusa@bnymellon.com

Paddle on the pristine waters of the Neversink Reservoir, part of the NYC water supply system. Highest reservoir in elevation of all NYC reservoirs. Beautiful scenery, surrounded by wilderness on all sides. Look for bald eagles. Kayak and canoe rentals available on site. If you bring your own kayak or canoe, you must have a DEP Access Permit which you can obtain free at www.nyc.gov/dep AND it must be steam cleaned prior to being placed into the reservoir at an authorized steam cleaning vendor. There is one two miles from

August **OUTINGS AT A GLANCE**

DATE	DESCRIPTION	LEADER	CONTACT INFO	RATING
Tues, Aug 2	Poughkeepsie Evening	Dave Webber	webberd1@yahoo.com	Paddle
Thurs, Aug 4-Mon, Aug 15	AT-Backpack in Maine	Russ Faller	845-297-5126 or russoutdoors@yahoo.com	Class A
Sat, Aug 6	Fahnestock SP	Georgette Weir	845-462-0142 or georgette.weir@gmail.com	Class B+
Sat, Aug 6	Innisfree Gardens	Sue Mackson	845-471-9892 or suemackson@gmail.com	Walk
Sun, Aug 7	Waywayanda MUA	John Ragusa	917-692-159 or john.ragusa@bnymellon.com	Paddle
Tues, Aug 9	Poughkeepsie Evening	Dave Webber	webberd1@yahoo.com	Paddle
Fri, Aug 12	Mills-Norrie SP, Staatsburg	Georgette Weir	845-462-0142 or georgette.weir@gmail.com	Walk/Trail Work
Tues, Aug 16	Long Dock, Beacon	Dave Webber	webberd1@yahoo.com	Paddle
Sat, Aug 20	Hike	Mike Phipps	646-373-5891 or phippsmcp@aol.com	Class B
Tues, Aug 23	Long Dock, Beacon	Dave Webber	webberd1@yahoo.com	Paddle
Sat, Aug 27	Harriman SP - Hogencamp Mtn	Jean-Claude Fouéré	845-462-1909 or jcfouere@gmail.com	Class A
Sun, Aug 28	Brooklyn History Walk	Sue Mackson	845-471-9892 or suemackson@gmail.com	Walk

JULY 2016 (CONT')

the reservoir at the Neversink General Store. I plan to bring my own kayak so anyone who brings their own can follow me to the steam cleaning vendor. **Directions:** Take I-84 west to the Route 17 interchange (exit 4W). Take Route 17 west towards Binghamton. Travel past Monticello. Take Liberty exit 100A. At end of ramp, make right onto Route 55/County Rt. 16 (Neversink Rd). Continue about 5 miles. Make left onto Aden Rd. Entrance to cove on right. Bring picnic lunch and empty water bottle. We will refill in the reservoir. Car-pooling recommended. I have room for 3 others. Meet at 11 am at the cove. Boat and kayak rentals are right there. You won't have to deal with permits and steam cleaning if you rent! If you plan to go and rent, please let me know so I can reserve from the boat rental vendor.

Wed, July 20 - How to Get Started Kayaking Presentation, Esopus Library, 6:30 PM

All ADK members are welcomed to attend and/or assist with the presentations-No kayaking experience is necessary. Contact: Don Urmston: Mrurmston@gmail.com or 845-549-4371

Sat, July 23 - Paddle from Long Dock in Beacon around Dennings Point

Leader: Tom Amisson, email only: tamisson@aol.com.

We will go into the Fishkill Creek estuary to check out the bird and aquatic life. Approx 4 miles/2-3 hours. Beginners welcome. Kayak rentals available at Long Dock.

Mon, July 25 - Paddle the Bashakill Easy (Beginners Welcome)

Leader: Shari Aber shnaber@yahoo.com or 914-489-0654

We'll launch from the southernmost put-in off of 209 and paddle upstream. This is a leisurely paddle and we will take our time, looking at wildlife along the way. Bring your binoculars and/or camera. We'll go at least as far as the Haven Road Bridge, possibly further if water levels permit. Contact leader for details.

Sat, July 30 - Night hike up Mt Beacon (4 miles, A)

Leader: Tom Amisson, e-mail only: tamisson@aol.com.

Enjoy the sunset from the Fire Tower, and the Newburgh and Beacon night view from the Casino. Headlamps a must.

Sun, July 31 - Cross the Hudson & paddle the historic Rondout creek in Kingston, 9 AM-3 PM (A level paddle)

Leader: Mike Pettigrew mbpettig@yahoo.com or 845-489-5620 (C)

Minimum length boat 13.5' with dual bulkheads required. Life jacket required. Bring lunch and water, camera. Meet at launch in Rhinecliff NY. Contact leader for additional information.

Sun, July 31-Sat, Aug 6 - 7th Annual White Mountains Trip - Leader Ginny Fauci - FULL.

Contact Ginny, gefauci@gmail.com to be put on wait list.

AUGUST 2016

Tues, Aug 2 - Poughkeepsie Evening Paddle

Leader: Dave Webber, webberd1@yahoo.com

Launch and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. **Directions:** From Route 9 exit, go west and make a right onto Water Street. Waryas Park is 500 feet on the left. Launch at boat ramp.

Thurs, Aug 4-Mon, Aug 15 - Appalachian Trail Backpack in Maine: Sandy River to Monson (A)

Leader: Russ Faller, 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

NOTE: Backpackers can join this trip for either the first 7 days or the last 4 days. See below.

The first part of this hike will be more difficult than the last. The first 5 and 1/2 days will take us over many

high peaks and into deep valleys (steep ascents & descents) with a total elevation gain of more than 10,000 ft. But we'll be rewarded with spectacular vistas, mountain tarns, rock-strewn streams and awesome alpine environments. The last 5 and 1/2 days, we'll traverse only a few low mountains in a wild lake country, with scenic ponds, waterfalls and long stream walks. Moderate pace to enjoy the scenery and good swimming. Mileage for the entire 11 days is 105.8, ranging from 6.2 to 13 miles/day. Note: Backpackers can join for either the first 7 days for a total of 69.3 miles or the last 4 days for a total of 36.5 miles. Joint with AMC. Contact leader to register.

Sat, Aug 6 - Fahnestock State Park, Cold Spring, Route TBD (6-8 mile, B+)

Leader: Georgette Weir georgette.weir@gmail.com or 845-462-0142.

For meeting time and place contact leader.

Sat, Aug 6 - Innisfree Gardens (Walk)

Leader: Sue Mackson 845-471-9892 or suemackson@gmail.com

There is a fee to enter the garden, which is in Millbrook off Route 44. Unique setting and lovely place to spend a summer afternoon. Both a garden in the oriental style and a wooded path around a heart shaped lake. We'll go slowly meeting at entrance to park on Tyrell Rd at 2 pm.

Sun, Aug 7 - Waywayanda Lake Paddle, Pudding Street State Multiple Use Area, Putnam Valley, NY (Paddle)

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com

Little known lake in secluded, wooded area. Easy put-in. Meet at 11AM. **Directions:** Take Taconic Pkwy southbound to Pudding Street exit (on left). Cross-over northbound lane (be careful!). Continue east on Pudding St. for 2 miles (Pudding St. turns into Lake Shore Rd then back to Pudding St). Go past the Pudding Street NYS DEC MUA property, and make the first right onto Waywayanda Ct. Follow Waywayanda Ct. as it becomes a dirt road for approximately 1 mile

AUGUST 2016 (CON'T)

to the clearing by the dam. Heavy rain cancels. Bring picnic lunch.

Tues Aug 9 - Poughkeepsie Evening Paddle

Leader: Dave Webber, webberd1@yahoo.com

Launch and paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. Directions: See August 2 paddle.

Fri, Aug 12 - Mills-Norrie State Park in Staatsburg.

Leader: Georgette Weir
georgette.weir@gmail.com or 845-462-0142

Morning walk with light trail maintenance (if needed), 9:30-12:30. Please bring work gloves, loppers or shears just in case. For meeting place, contact leader.

Tues, Aug 16 - Beacon Evening Paddle

Leader: Dave Webber, webberd1@yahoo.com

Launch from Scenic Hudson's Long Dock Park. We'll paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. Directions: From I-84 (exit 11) go 1.8 miles south on Route 9D, Right on Red Flynn Drive then immediate left on Long Dock Rd.

Sat, Aug 20 - Hike - Details to follow

Leader: Mike Phipps
phippsmcp@aol.com or 646-373-5891

Tues, Aug 23 - Beacon Evening Paddle

Leader: Dave Webber, webberd1@yahoo.com

Launch from Scenic Hudson's Long Dock Park. We'll paddle for 1.5-2 hours, 4-6 miles at an easy pace. PFD required! Participants must have a kayak 13.5 foot or longer with 2 bulkheads. Directions: See August 16th..

Sat, Aug 27 - Harriman Hogencamp Mountain, (8.5 miles, A)

Leader: Jean-Claude Fouéré
jcfouere@gmail.com or 845-462-1909

We will go from from Lake Skannatati south along the Long Path, the Dunning trail and the Ramapo-Dunderberg trail, looping back north along the White Bar trail, and east along the Arden-Surebridge trail and the Long Path, offering a number of scenic view points and passing by several old mines (NY-NJ Trail Conference map No 119). Meeting place and time: 9:00 AM at Lake Skannatati parking area off Seven Lakes Drive. Contact hike leader for more detailed information and carpooling. Joint with ADK/NYC.

Sun, Aug 28 - Brooklyn History Walk Part II

Leader: Sue Mackson, suemackson@gmail.com
or 845-471-9892(H), 845-891-7173(C)

We will head for Greenwood Cemetery, an extensive park at the highest point in Brooklyn, and observe the reenactment of the Battle of Brooklyn. There will be \$20 history trolley tours during the day, but reservations should be made by early June. Heading down on Metro North. Not sure what else we will include. Contact leader for further details and if interested in trolley to. Meet at 10 AM in the parking area off Route 9D, about a quarter mile south of the intersection of Routes 9D and 403. Look for large DEC sign on left-hand side. Heavy rain cancels

RAMSHORN CREEK

We entered the creek one summer noon
on river's full neap tide
in silence and blinding clarity
feeling the water swell beneath the canoe
watching diligently
listening for wildlife that wouldn't be there
at the height of day,
hopeful, half expecting a miracle
among the wild rice, knotweed and bur-marigold.
Our paddles folded in then out of the water surrounding us
smooth, abundant, dense and deep
moving us on
allowing for drift,
coaxing us on through light and shadow
and quietness
around curves
deep into the marsh
muffled by the banks on both sides
until we reached the deepest point
a simple circle of water with a small pier nestled there
a lush place pale blue and green in the sun
rimmed with purple blossoms and gold
almost regal in the glorious light.
"There's a boy!" someone spoke aloud
and there was
but we only saw him briefly
a boy with shining yellow hair
close enough to touch,
immortal perhaps
oblivious
prancing half hidden in the reeds and arrow arum
along the water's edge
before halting like a deer
and then was gone.
Had we come naively
near an abode of some gods
and startled one?
Or had this one been seduced by light and air,
impelled by youth and curiosity to wander
dangerously far
down the glistening path that led to
our bright soundless boats
floating sideways when he had to bolt and run
from the enchanted place.

—Jennifer Anderson

OutingsLog

WINTER/SPRING 2016

Feb 13 Mindfulness Hike in Black Rock.

Leader: Mel Kleiman

Mel Kleiman cancelled for lack of interest—probably due to weather in the single digits.

Feb Catfish Loop at Fahnestock State Park

Leader: Georgette Weir

Thirteen was a lucky number for our hike. That was the number in our congenial group of hikers, all eager to enjoy a winter walk in the woods. Weather conditions favored us with blue sky, glorious sunshine, and a rare (this winter) inch of fresh snow on the ground to brighten the landscape. We enjoyed lunch at the expansive viewpoint of Chimney Top—a short, easy side trip from the loop. Members: Pete Cantline, Tim O'Shaughnessy, John Ragusa, Carol Doran, Sam Doran, Solomon, LA Lipshie, Tom Buckley, Craig Brown, J.C. Fouere. Guests: JV McAvoeye, Gina Ragusa, r

Feb 20 Bald Mountain, Bear Mountain

Leader: Micheal Phipps

Our loop hike began with wonderful temperatures in the 50s with sunny and blue skies. 13 hikers on the steep climb on the Cornell Mine Trail up Bald Mtn with elevation gains of 1,000 ft, Enjoyed lunch on the summit, looking long and hard but alas, no eagles spotted—maybe next time. Then it was downhill along the Ramapo Dunderberg Trail with sweeping views of the Hudson River then following the route that the British Army marched on the way to attack Forts Clinton and Montgomery along the 1777 trail. We entered Doodletown, the long abandoned two century old settlement. Total time 4 hours, total distance, 4.5 miles. Members: Susan Sterngold, Mary Ann Reilly, Jennifer Reilly, Trish Swatko, Donna Henderson, Marlene Forrester, Kathy Berlow, Robert Maddock, Darrell Moy, Seth Jacobs, Donna Logan.

Feb 21 High Peterskill

Leaders: Roberta Forrest and Dana Bennet

This was a through hike as we did the full length of the trail. We started out at the lower Awosting parking lot in Minnewaska and took this scenic and undulating trail to its other end—the Coxing lot on Mohonk. Lots of views along the way. Jill Abrahamson, Michael Lichtman, Michele Horan, Martin Bayard, Jane Brown.

Feb 28 Tivoli Bays

Leader: Sue Mackson

During small game hunting season our party met two hunters with rifles, but no game, who told us that their hunting fees supported the care of this wildlife management area from which we benefitted. We heard rifle shots, one loud enough to seem uncomfortably close to us. Members Annette Caruso, Carol Lee, Marsha Kramer, Connie Haven, Judy Mage, Shirley Warren, Jeff Gross, Doug Ahrens, Barry and Kathy Skura under leadership of Sue Mackson ventured out on the muddy, slippery trails of the North Tivoli Bays uplands. Weather in the 50s and clear made for a pleasant 3 hour outing. We lunched at a viewpoint above the StonyKill Creek waterfall and forded several streams.

March 6 Red Wing Park, LaGrangeville

Leader's strategy of heading up the steep hill first, then walking the park's flat length was inappropriate for the particular group we had on the bright, sunny Sunday. 3 participants had to stay below and spent time by themselves before returning home, a disappointment. The rest of the group, Marsha Kramer, Wayne Wincell, Kealy Salomon, Robert Cook, Rudy Lapar, Margaret Douglas, Jeffrey Gross, Ann Gross, Annette Caruso, Carol Gray, Connie Haven, Sharon Slocum ascended and enjoyed the great views to south and east at that spot, and walked the length of the park which was mostly unknown to the group.

March 10 Lost City at Mohonk Preserve

Leader: Roberta Forest

Forecast was for rain, so we headed directly for our scramble. We had about an hour of fun before the rain wet the rocks, making for dangerous conditions. So we headed to the top of Lost City and took an unused trail across the ridge. Had lunch in the drizzle, and then back to the cars. Participants: Dana Bennet, Tom Horton, Marge Groton, Ken Horton, Jill Abrahamson, Mike Lichtmann, Tonda Highly, Dave Webber, Anthony and Pat Galfaro, Al Limone.

March 12 Balsam Mountain

Leaders: Shari Aber and Joe Ferri

We met at McKenley Hollow and hiked two miles up the beautiful but steep red trail until the junction with the Pine Hill West Branch Trail. From there we headed to the peak of Balsam for some good views and lunch. Participants: Anthony Sorace, Roberta Forest, Peter Cantline, Dana Bennet, Jill Abrahamson, Al Limone, Glenn Smith, Judy Adams.

March 19 Mindfulness Hike

Leader: Mel Kleiman

Three folks signed up and then cancelled. So leader took a walk with his wife. Domestic bliss.

March 19 East & West Wildcat Mountains, Catskills, Joint with Appalachian Mtn. Club

Leader: Russ Faller

Among the hundreds of people coming to hike Slide Mtn., we were different. On this bluebird day, we sought to climb East and West Wildcat Mountains. This bushwhack was rescheduled a day earlier on the basis of a weather forecast that did not hold true. But it was a very fine day - better than the one that followed. This was a strenuous hike. We covered about 11 miles, but one never really knows how many miles traveled when bushwhacking. It took us almost 10 hours! But it was worth the effort. The forest is just beautiful from the summit of E. Wildcat to W. Wildcat. Everyone held up well and enjoyed the adventure. Participants were: Dave Webber, Marsha Kramer (both ADK), Jeff Chase (AMC).

March 19 Schunemunk Mountain

Leader: JC Fouere

Another great hike. Pete Cantline, Gary Weir, Georgette Weir.

March 26 Fahnestock State Park - Hike to the King's Chamber

Leader: Tom Buckley

I had 18 hikers join me for an adventurous hike to the two stone chambers in a remote part of Fahnestock State Park. There are a couple of ways to access the unmarked trails & woods roads that lead to the largest



The chamber-seekers at King's Chamber March 26, 2016

known stone chamber on the east coast called the "King's Chamber" & an adjacent smaller stone chamber called the "Tomb". The route I chose is my favorite way to access the chambers because it avoids most of the extremely rocky and eroded areas that you have to cross when hiking in from the alternative starting points. A few hikers had already found the two chambers on earlier hikes and were interested in learning about the new route, but for most of the hikers this was their first attempt at finding the stone chambers. Once at the chambers we spent a lot of time taking photos and looking at all the numerous stonewalls on the surrounding hillside. This area certainly had a rich agricultural history. We also explored some of the ruins of the old CCC encampment nearby. We still had time left for a little more exploration so I showed everyone one of the other unmarked woods road that most people use to access the chambers. That's the one that is rocky and eroded. For those on the hike that had reached the chambers on an earlier hike, that was the route they had taken. Now they are going to use the new unmarked trail I showed them today. Members: Jane Geisler, Michele Van Hoesen, Bruce Beard, Bill Machonis, Sue Mackson, Margaret Douglas, Connie Haven, Ellen Kelly, Edward Millano, Marsha Kramer, Pamela de la Grange, Carol Gray, John Ragusa, Trudy Pojman, Judy Mage. Guests, Bob M? Mike Bouche, Warren Geisler.

March 26 Mt. Beacon-Fishkill Ridge Leader: Alvin DeMaria

Overflowing parking areas at both Beacon Incline Railway and Sunnyside road. Where we started our loop hike. Two steep old roads to Bald Hill, passing the memorial site where six military people were killed in a plane crash. One of them, Commodore Kiefer, was a Naval Officer in both WWI and WWII. The plane was in heavy fog and hit the steep mountainside. From Bald Hill we followed white Fishkill Ridge Trail with lunch at the rocking chair view point. Then over Lambs Hill and down red Overlook Trail to cars. Excellent weather and group. John Schimmel, Diane & Rick Levitt, Leader, Alvin DeMaria.

April 3 Blackhead Traverse Leaders: Shari Aber and Joe Ferri

An unexpected winter hike in April after weeks of warm temps and no snow! We started at Big Hollow, climbed via the Escarpment Trail and crossed Blackhead, Black Dome, Thomas Cole and Camel's Hump descending to Barnum Road. Snow was everywhere, deep - maybe a foot - at higher elevations. We used microspikes though in places snowshoes would have been better. A final taste of winter with balsams hanging heavy with snow and a white enchanted forest. Participants: Roberta Forest, Dana Bennet, Mary Ruth Merkel.

April 9 Stony Kill Farm Walk Leader: Sayi Nulu

We met at the visitor center. Walked the woodland trail & Verplank Ridge trail (1.5 miles) took our cars and parked at the Red SchoolHouse Rd parking lot. We had nice 2mile walk of Sierra Trail. Everyone enjoyed the nice afternoon as there was no rain or snow. Nine folks signed up on Meetup 4 folks showed up. Three members James & Mary Temple, Dale Sutton and one from meetup (Michelle Belmar).

April 10 Brooklyn History Hike Park I Leader: Sue Mackson

We subway'ed from GCS to Brooklyn, walking three blocks to climb the hill that is Fort Greene Park and the

Prison Ship Memorial (for prisoners of the battles of revolutionary war in Brooklyn and Manhattan). Rudy pointed out his alma mater, Brooklyn Technical HS, across from the park. Walked past BAM to Atlantic and Flatbush Ave and down Fourth Avenue (which the NYC Marathon Runners traverse each year in November). Weather was chilly, bright sky and not too much wind. Arrived at the Old Stone House, a reconstructed colonial farm house at the edge of Gowanus. Reviewed its exhibits and smelled the pizza baking in a replica colonial hearth. Lunched in the surrounding playground, stopped at a farmers market and headed for Prospect Park with its various plaques commemorating the Battle of Brooklyn. Lots of bikers, walkers, skaters out enjoying the perfect spring day. Unexpected and wonderful tour at the Lefferts House (also colonial era), and stop at a Dominican restaurant on Flatbush Avenue after examining the civil war monument at Grand Army Plaza. Ellen Zelig, Annett Caruso, Marie Caruso, Connie Haven, Ken Walton, Michele Van Hoesen, Rudy Lapar, Ellen Kelly, Guest. Bonnie Auchincloss, Leader, Sue Mackson.

April 13 Poetry Hike in Black Rock. Leader: Mel Kleiman

This hike was unattended. Poetry is obviously not a popular topic or maybe it was the heavy rain?

April 19 Franny Reese State Park Leader: Carol Gray

A beautiful spring day and four exercise enthusiastic hikers-walkers visited one of my favorite Scenic Hudson hikes. Franny Reese has beautiful view of the Hudson River, especially from the scenic overlook on the blue trail. There are photogenic estate ruins as seen off the longer white trail. Accompanying us from time to time were a few black snakes hiking and appearing among the rocks. Next, a rapid back and forth Walkway jaunt with heavy winds in all directions. Intrepid participants: Georgette Weir, Ginny Fauci, Guest Nancy Bruno.

April 22 Doubletop/Big Indian Leaders: Shari Aber and Joe Ferri

We hiked along the Seager Trail, leaving the creek to follow a herd path to the summit of Doubletop. From there we went into the col towards Doubletop's other peak, searching for and finding the remnants of a plane (1983 plane crash) We bushwhacked over a mile to pick up the Pine Hill Trail, which we left briefly to summit Big Indian. Again we continued north on the Pine Hill Trail until it intersected with the Seager Trail. From there it was three miles back to the parking area. Participants: Dana Bennet, Jill Abrahamsen, Al Limone, Anthony Sorace, John Broncato, John Perrella, Tonda Highley, Michelle Sassi, Michael Sassi, Chris De Roberts, George Kugler.

4/23-24/16 Beginners' Backpack in the Hudson Highlands, Joint with AMC Leader: Russ Faller

This trip was cancelled for ADK because no one was interested. But 16 AMCers were and 7 got to go. We hiked from Beacon Hills to Nelsonville - 8 miles on Saturday and 6.5 on Sunday with blue skies and cool temperatures. We had a pristine tent site on a knoll above Squirrel Hollow Brook.

April 24 Storm King Mountain Leader: John Ragusa

We met at the trailhead at 10 am. It was a beautiful sunny day. Perfect temperatures. 13 altogether. Very diverse group; young and not so young. Experienced and not so experienced. Blue trail up a steep slope, ascending in 2 miles enjoying views of the Hudson Highlands and River looking N,E,S. We settled for lunch and afterward made a descent of 3 miles. Finished at 3 pm and enjoyed time together at a Cornwall coffee Shop. We've perhaps recruited a few new members. Melissa Nottles, Dave Webber, Jodi Odave, Madelein McGinley, Connie Haven, Marsha Kramer, Carol Gray, Peter Cantline, Kay Allen, Vanessa Francis., Annette Caruso, Marie Caruso.



Storm King's excellent views April 24, 2016

April 24 Black Rock Forest
Leader: Alvin DeMaria

Wonderful hiking temperatures. Black Rock parking area was overflowing when we finished the hike. Nice figure eight loop with Mt. Whitehorn, Hill of Pines, Black rock, White oak tree, and new Honey Hill Trail. Small participation for such nice weather. Were members on Storm King hike today or on Russ' backpack? Gay Barton, Anthony Sorace.



April 25 Chodikee Lake Paddle and Burroughs Hike
Leader: Shari Aber

We met at the Chodikee parking area and launched into the lake. After paddling to the waterfall, we left our boats and hiked the Ladder Trail through the Celery Swamp to Slabsides. From there we took the South Pond Trail and eventually to the end of the Peninsula Trail, where we had lunch on the rocks overlooking the pond. We took the Chodikee Lake Trail to our boats and paddled back. Participants: Tonda Highley, Russ Padden, Judy Adams, Dave Webber, Diane Dintruff and the leader.

April 26 West Trapps in New Paltz
Leader: Michael Phipps

It was a great outing with 10 hikers in attendance! Today's hike was a little bit longer than planned. It was listed as A-10 miles, but turned out to be almost 12 miles. No worries. The hikers were who joined us on the trail were more than able to complete it. With warm temperatures more than 70F and beautiful, sunny blue skies, we passed very few hikers on the trail. The Millbrook Ridge Trail offered sweeping views of the Hudson Valley. Gertrude's Nose was our lunch stop and again we had the summit to ourselves. Overall a wonderful hike with awesome hikers: Darryl Moy, Deanne & Richard Lovett, Trish Swatco, Cathy LoDuca, Peter Cantline, June Fine.

MAY
7



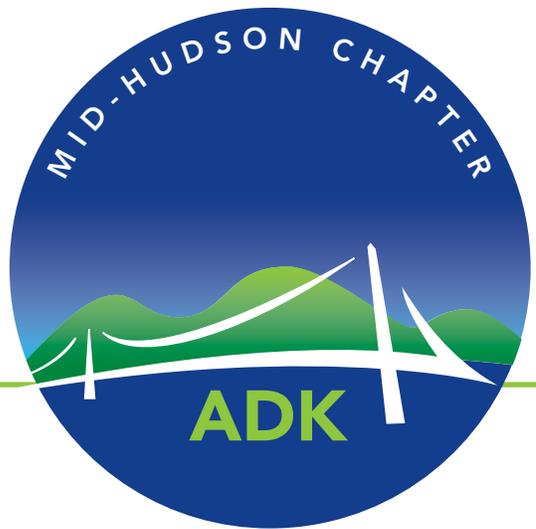
Wappinger Creek Estuary Clean-up with Riverkeeper's Hudson R. Sweep

Leaders: Russ Faller and Wilfredo Chalusant

BETWEEN TWO RAINY DAYS, we were able to get out onto the lower Wappinger Creek to clean it up and finish just as more drizzle started. We pulled out about 780 lbs. of trash that less responsible people threw into the creek! This included 18 bags of trash, 9 bags of recyclables, 5 tires, well over a hundred pounds of metal and other odds and ends, including a ceramic toilet bowl, golf club, 3 soccer balls, plastic roofing, part of a wooden chair, a lawn mower wheel, a can of paint, a very large tarp, hose, a trash can lid and 2 buckets. Seventeen wonderful volunteers worked on this project. Hannaford and Shop Rite were generous in donating a lot of snack foods, all-juice drinks, apples, etc. so we didn't have to bring our own lunches. Afterwards, we sweep to the North River Brewery, in the Village of Wappingers Falls, for free beers donated by the brewery. We spent a couple of hours

there mellowing and socializing. All in all, it was a great day. Wonderful volunteers were: Stan Augie, Jeff Kaplan, Dave Kaplan, Jean-Claude Fouere, Mike Pettigrew, Bob Clark, Gino Platania (all members), Marilyn Carkner, Lindsey Fazzinga, Jesse Inoncillo, Jim Doherty, Bryan Girton, Kristen Planck-Kuney, Patrick Oehler, Naina Maloni (all non-members), the leader and co-leader. Non-members were given a 3-month complimentary subscription to our outings schedule and encouraged to come out with us just for fun.

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