**MEET MARTY CARP!**

Marty has been leading adventures in the outdoors since the 1960s. He has led for Brooklyn College, New York City's Human Resources Administration (where he worked with underprivileged children), the Sierra Club, the AMC, Mohonk Preserve, and the ADK. He is originally from Brooklyn but fell in love with the natural world while spending vacations in Harris, NY (Sullivan County) as a child. When not hiking, skiing or paddling, Marty is a full-time community organizer and part-time poet and rock climber.

This winter, Marty has generously volunteered to lead X-country ski sessions every Tuesday and Friday in Mohonk Preserve starting December 26th. He will also be offering X-country lessons for beginners on the last four Mondays in January. (See listings for details.)

Here's his advice for all you skiing enthusiasts:

Some 50 years ago, the editor of Ski magazine used Thorstein Veblen’s phrase “conspicuous consumption” in referring to downhill skiing. (Veblen himself believed that all sports depend on predation, guile, and chicanery.) So is there any moral, ethical high ground for the X-country skier? Are we permitted to feel superior to the downhill skier because we are less destructive of the environment and so on?

I introduce myself in this way because as a downhill ski instructor, a lifelong ball player and outdoor enthusiast, I would not attempt to refute Veblen’s characterizations. Rather, we must play ball the way Jayson Kidd played the year he won the N.B.A. Sportsman Trophy. We must hike and tread lightly the way the great AMC leader Wayne Foot still does! We must be aware of everyone on the court (and trails) and be mindful of their position and their condition—be respectful.

And, most important, what the beginner X-country skier has to do is THINK OF YOURSELF AS A GORILLA AS YOU SKI! It will help you develop the cross-diagonal technique. So get in the tracks. ADK IS HERE FOR YOU! I don’t think the hirsute Thorstein Veblen would mind.
Elected Officers

<table>
<thead>
<tr>
<th>TITLE</th>
<th>NAME</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>Chapter Chair</td>
<td>Daniel Jones Jr.</td>
<td><a href="mailto:Jones.daniel.jr@gmail.com">Jones.daniel.jr@gmail.com</a></td>
<td>845-797-9161</td>
</tr>
<tr>
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<td>845-454-4428</td>
</tr>
<tr>
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</tr>
<tr>
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<td>845-592-0204</td>
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Committee Chairs & Other Volunteers

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<tr>
<th>TITLE</th>
<th>NAME</th>
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<tr>
<td>Conservation</td>
<td>Sayi Nulu</td>
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<td>845-264-2270</td>
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<tr>
<td>New Members</td>
<td>Jennifer Anderson</td>
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<tr>
<td>Publicity</td>
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<td>News Media</td>
<td>Michele Van Hoesen</td>
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<tr>
<td>Education Chair</td>
<td>Don Urmston</td>
<td><a href="mailto:mrurmston@gmail.com">mrurmston@gmail.com</a></td>
<td>845-457-4552</td>
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<tr>
<td>Social Events</td>
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<td><a href="mailto:Nanagrace91@aol.com">Nanagrace91@aol.com</a></td>
<td>845-849-2044</td>
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<tr>
<td>Webmaster</td>
<td>Georgette Weir</td>
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<td>Database Admin</td>
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<tr>
<td>Outings Co-Chair</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a></td>
<td>845-471-9892</td>
</tr>
<tr>
<td>Outings Co-Chair</td>
<td>Ginny Fauci</td>
<td><a href="mailto:gefauci@gmail.com">gefauci@gmail.com</a></td>
<td>845-399-2170</td>
</tr>
<tr>
<td>Trails Chair</td>
<td>Tom Amisson</td>
<td><a href="mailto:tamisson@aol.com">tamisson@aol.com</a></td>
<td>845-592-1572</td>
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<tr>
<td>Water Trails &amp; Paddles</td>
<td>Russ Faller</td>
<td><a href="mailto:russoutdoors@yahoo.com">russoutdoors@yahoo.com</a></td>
<td>845-297-5126</td>
</tr>
<tr>
<td>NY-NJ Trail Conf. Del.</td>
<td>Salley Decker</td>
<td><a href="mailto:sadecker2002@yahoo.com">sadecker2002@yahoo.com</a></td>
<td>845-454-4206</td>
</tr>
<tr>
<td>MeetUp</td>
<td>Sayi Nulu</td>
<td><a href="mailto:sayileela@gmail.com">sayileela@gmail.com</a></td>
<td>845-264-2270</td>
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BIG CHANGES

Starting with the Spring 2018 issue of Mid-Hudson Trails, we will no longer be including a list of upcoming outings. All information about upcoming outings will continue to be on our website and in the weekly emails. It was proving to be more and more difficult for leaders to commit to outings three months in advance and it is hoped that we will have more leaders and more outings if we make the process easier. We will continue to publish the newsletter four times a year and to include the outings log and other announcements and items of interest to our membership. We will also continue to mail hard copies to those members who have requested them. If you (or a member you know) don’t have access to a computer and would like to participate in the outings, please call Dana Bennet at 914-715-3876.

IN MEMORIAM

Our member Al Poelzl lost his wife, Anne, on October 8th. He survives at home, walking the hills in their Union Vale neighborhood, frequently ascending the steep hill at Wing Park or enjoying the walk to Nuclear Lake. Anne and Al spent their wedding night, 67 years ago, at the top of Slide Mountain. In the following years they drove with their two daughters to visit many of our National Parks. Anne often baked and decorated cakes or knitted while Al was out maintaining trails in Fahnestock State Park and in the Taconic Mountains for the NY/NJ Trails Conference. We send our condolences to him.

CALLING ALL ARTISTS

From the DEC...

Each year the public is invited to submit photography and/or artwork to be considered for the State Arbor Day Poster. The winning artist will be honored at the annual state Arbor Day celebration. Artwork and photography is now being accepted for the 2018 NYS Arbor Day Poster Contest. Submissions must be received by December 31, 2017. Only photographs taken in New York State will be accepted.

For more information, visit www.arbor-day@dec.ny.gov.

www.midhudsonadk.org 2

A LITTLE HISTORY...

Before there were computers there was still a Mid-Hudson Chapter of the ADK and the members were compiling wonderful “yearbooks” of all their exploits. These yearbooks are typewritten sheets in three-ring binders with photos, newspaper clippings, banquet menus, and lyrics to hiking songs pasted in. A trip up Wittenberg was the very first outing of our chapter. It occurred on Sunday, November 9, 1947, and was duly recounted in the yearbook’s premier issue.
MHADK OUTINGS SCHEDULE - DECEMBER/JANUARY/FEBRUARY 2017/18

MID-WEEK HIKES: The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefauci@gmail.com or 845-399-2170 or Lalita Malik, lalitamalik@aol.com or 845-592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly email to update your subscription.

HARRIMAN DOG-FRIENDLY HIKES: ADK leader Susan Sterngold and her dogs lead hikes every day in Harriman. Dogs will be on all the outings and you're welcome to bring yours. Hikes are scheduled a few days ahead of time. To receive notifications of the hikes, please join her Yahoo group http://groups.yahoo.com/group/harriman-hike. When signing up, pick special notices and mention that you are a Mid-Hudson ADK hiker.

MID-WEEK CROSS COUNTRY SKIING AT MOHONK PRESERVE EVERY TUESDAY AND FRIDAY STARTING DECEMBER 26 See details in listings

CROSS-COUNTRY SKI BEGINNER LESSONS AT MOHONK PRESERVE EVERY MONDAY IN JANUARY
The first two lessons will take place on flat Bonticou Road, so park at the Mohonk Mountain Gatehouse. Now that you are ready for a small hill or two, the next two lessons will take place on Cedar Drive, so park at the Mohonk Preserve Spring Farm parking lot. Meeting time for all lessons is 10:30 AM. Confirm with leader: Marty Carp, martymcarp@gmail.com or 845-255-0531 (H) 845-303-3764 (C)

QUICK RESPONSE CROSS-COUNTRY SKIING - GET ON THE LIST NOW! (PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)
Good snow doesn’t last very long around here. That’s why you’ve got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski List. When there’s a good snowstorm, you’ll get an email invitation to ski right after the storm ends. This could fall on a weekend or a weekday. If you were on the list last winter, you’re still on it. If you want off the list, contact Russ.

QUICK RESPONSE SNOWSHOEING - GET ON THE LIST NOW! (PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)
If you have the luxury of dropping everything to go snowshoeing, contact Ginny Fauci at gefauci@gmail.com to be put on the Quick Response Snowshoe List. When there’s a good snowstorm, you’ll get an email invitation to snowshoe after the roads are cleared. It could be a weekend or a weekday. Ask Ginny to put you on the list.

Mid-Hudson ADK Annual Holiday Party & Pot Luck Supper
Sunday, December 3, 2017
Locust Grove, Samuel F.B Morse Historic Site, Rt. 9 Poughkeepsie
Confirm attendance with Carole Marsh, 845-849-2044, or nanagrace91@aol.com by November 30. Tell her what appetizer, main dish, salad or dessert you will contribute and whether you will attend the tour.
4 PM: Tour of Historic mansion
5:45 PM: Potluck dinner followed by dessert table
8 PM: Cleanup commences
Contact Carole if you can help set up at noon or with the cleanup at 8.

www.midhudsonadk.org
### DECEMBER AT A GLANCE

<table>
<thead>
<tr>
<th>DATE</th>
<th>DESCRIPTION</th>
<th>LEADER</th>
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<tbody>
<tr>
<td>Sat, Dec 2</td>
<td>Full Moon Walk at John Burroughs</td>
<td>Shari Aber</td>
<td><a href="mailto:shnaber@yahoo.com">shnaber@yahoo.com</a> or 914-489-0654</td>
<td>C Hike</td>
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<tr>
<td>Sun, Dec 3</td>
<td>HOLIDAY PARTY at Locust Grove</td>
<td>Carole Marsh</td>
<td><a href="mailto:Nanagrace91@aol.com">Nanagrace91@aol.com</a></td>
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<tr>
<td>Sun Dec 10</td>
<td>Palisades Interstate Park</td>
<td>John Ragusa</td>
<td><a href="mailto:john.ragusa@bnymellon.com">john.ragusa@bnymellon.com</a> or 917-692-1159</td>
<td>C Hike Sun</td>
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<tr>
<td>Dec 10</td>
<td>Palisades Interstate Park</td>
<td>John Ragusa</td>
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<td>Sat Dec 16</td>
<td>Locust Grove</td>
<td>Chris Cring</td>
<td><a href="mailto:christopher.cring@gmail.com">christopher.cring@gmail.com</a></td>
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<tr>
<td>Sun Dec 17</td>
<td>Teatown Lake Reservation</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a> or 845-471-9892</td>
<td>Walk</td>
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<tr>
<td>Sun Dec 17</td>
<td>Fir &amp; Big Indian</td>
<td>Joe Ferri &amp; Shari Aber</td>
<td>914-489-1582 or 914-489-0654</td>
<td>A+ Hike</td>
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<td>Fri Dec 22</td>
<td>Taconic-Hereford Multiple Use Area</td>
<td>Georgette Weir</td>
<td><a href="mailto:georgette.weir@gmail.com">georgette.weir@gmail.com</a></td>
<td>C Hike</td>
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<tr>
<td>Sat Dec 23</td>
<td>Falling Waters/Saugerties Lighthouse</td>
<td>Carla Barrett</td>
<td><a href="mailto:barrettincilton@gmail.com">barrettincilton@gmail.com</a> or 315-527-8478</td>
<td>C+ hike</td>
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<tr>
<td>Sun Dec 17</td>
<td>Big Indian and Fir</td>
<td>Joe Ferri &amp; Shari Aber</td>
<td>914-489-1582 or 914-489-0654</td>
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<tr>
<td>Sat Dec 17</td>
<td>- Guided Walk</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a> or 845-471-9892</td>
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<tr>
<td>Sun Dec 17</td>
<td>Big Indian and Fir</td>
<td>Joe Ferri, <a href="mailto:newpaltz33@yahoo.com">newpaltz33@yahoo.com</a> or 914-489-1582, Shari Aber, <a href="mailto:shnaber@yahoo.com">shnaber@yahoo.com</a> or 914-489-0654</td>
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<td>Sat, Dec 29</td>
<td>- Guided Walk</td>
<td>Sue Mackson</td>
<td><a href="mailto:suemackson@gmail.com">suemackson@gmail.com</a> or 845-471-9892</td>
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### DECEMBER 2017

**Sat, Dec 2 - Full Moon Walk at John Burroughs**  
Leader: Shari Aber  
shnaber@yahoo.com or 914-489-0654  
We will explore some of the beautiful trails in the John Burroughs Preserve in Esopus. Bring headlamps for an easy and pleasant evening hike. If there’s snow, we’ll snowshoe; if there’s ice, we’ll use micro-spikes. Anticipated starting time 7 PM. Call leader for specific details.

**Sun, Dec 3 - Holiday Party**  
See information on page 3 in this newsletter.

**Sun, Dec 10 - Palisades Interstate Park in New Jersey (4.5 miles, C hike)**  
Leader: John Ragusa  
john.ragusa@bnymellon.com or 917-692-1159  
We will walk on the Long Trail along the top of the Palisades parallel to the Parkway with unobstructed views of the Hudson River and Westchester County. We will start at the Rockefeller Lookout and walk north to the Park Headquarters. Dress for cold weather and bring picnics. After lunch, depending on interest and time, check out anything interesting around there and take train back to Poughkeepsie. Rain/snow cancels. Contact leader for specific details.

**Sat, Dec 26 - Full Moon Walk at John Burroughs**  
Leader: Shari Aber  
shnaber@yahoo.com or 914-489-0654  
We will explore some of the beautiful trails in the John Burroughs Preserve in Esopus. Bring headlamps for an easy and pleasant evening hike. If there’s snow, we’ll snowshoe; if there’s ice, we’ll use micro-spikes. Anticipated starting time 7 PM. Call leader for specific details.

**Sun, Dec 17 - Falling Waters/Saugerties Lighthouse**  
Leader: Sue Mackson  
suemackson@gmail.com or 845-471-9892  
There is a $7 fee for non-members of the reserve that will allow us to join a two hour guided meditative walk called “Shirin Yoku”. There is a lovely visitor’s center and we will gather after the walk to decide to get lunch nearby or to do some fast walking after picnicking at the center. Call leader by Dec. 14 to reserve your space and decide on carpool site. We will leave by 8:30 AM.

**Sun, Dec 17 - Big Indian and Fir**  
(10+ miles, 2500’ ascent, A+ hike or snowshoe)  
Leaders: Joe Ferri, newpaltz33@yahoo.com or 914-489-1582, Shari Aber, shnaber@yahoo.com or 914-489-0654  
The Catskills are challenging. They generally have more snow and harsher winter conditions than other mountains in the region. Be prepared with winter gear including snowshoes and/or micro-spikes (or crampons). This will be part trail hike and part trail-less. We’ll start from the Biscuit Brook parking area and follow the trail to Big Indian. From the summit we will bushwhack to the summit of Fir and finally back to the trail and our cars. Contact leaders for details including meeting place and time. Pre-registration required. Registration period: Dec. 8 – Dec. 15. Joint with the Catskill 3500 Club.

**Fri, Dec 22 - Explore Taconic-Hereford Multiple Use Area**  
Leader: Georgette Weir, georgette.weir@gmail.com  
Hike or snowshoe, depending on conditions. A moderate hike of 4-6 miles. Bring water and snacks and dress for the weather. Spikes or snowshoes may be required, depending on conditions.

**Sat, Dec 23 - Falling Waters Preserve and Saugerties Lighthouse Trail**  
Leader: Carla Barrett  
barrettincilton@gmail.com or 315-527-8478  
Start at 10 AM at FWP and then go to the Lighthouse Trail. We can eat our packed lunch on the Lighthouse deck in the middle of the Hudson River. Some hills and a few tricky spots along the shoreline. We’ll avoid those if it’s icy. The usual winter gear and food/water. No bathrooms. Parking should be ample. Confirm with leader.

**Tues, Dec 26 - Mohonk Preserve X-Country Ski**  
(7-11 miles, B+ ski)  
Leader: Marty Carp, martympc@gmail.com or 845-303-3764  
We will x-country ski on the best available trail s. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

**Fri, Dec 29 - Mohonk Preserve X-Country Ski**  
(7-11 miles, B+ ski)  
Leader: Marty Carp, martympc@gmail.com or 845-303-3764  
We will x-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

**Sat, Dec 30 - Walk in New York City: High Line**  
Leader: Sayi Nulu  
sayinulu@yahoo.com or 845-264-2270  
Take early-morning train to Grand Central, walk over to the High Line and check it out and then have lunch. After lunch, depending on interest and time, check out anything interesting around there and take train back to Poughkeepsie. Rain/snow cancels. Contact leader for more specific info. Minimum 4 people.
The Catskills are challenging. They generally have more snow and harsher winter conditions than other mountains in the region. But this is one of the easier Catskill hikes. Be prepared with winter gear including snowshoes and/or micro-spikes. Hunter is the second highest Catskill and the fire tower on its peak affords impressive views. We’ll do it as a loop depending on weather and trail conditions. Contact leaders for details including meeting place and time. Registration period: Dec 22 – Dec 29. Joint with the Catskill 3500 Club.

Fri, Jan 5 – Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martympcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Sat, Jan 6 – Sunset Hike and/or snowshoe up Mt. Beacon (2 miles, steep)
Leader: Tom Amisson, tamisson@aol.com
Great views. Hiking poles, micro spikes highly recommended. Will meet one hour before sunset in Route 9D parking area. Confirm with leader by email for meetup time and details.

Mon, Jan 8 – X-Country Beginner Ski Lessons Bonticou Road from Mohonk Mountain Gatehouse
Leader: Marty Carp, martympcarp@gmail.com or 845-255-0531 (H), 845-303-3764 (C)
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Sat, Jan 9 – X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martympcarp@gmail.com or 845-303-3764

This page contains a list of hiking events scheduled for January, including dates, descriptions, leaders, contact information, and ratings. The dates and events span from Mon, Jan 1 to Sat, Jan 29, covering a variety of locations such as Vassar Campus, Mills-Norrie State Park, Mohonk Preserve, and more. Each event includes details such as the type of hike, required gear, and contact information for the leader. The events range from different levels of difficulty, marked as Walk, Hike or SS, Ski, and B + Ski. The text provides specific instructions for each event, such as meeting times and locations, and encourages participants to confirm with the leaders for additional details.
a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Fri, Jan 12 - Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcargar@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Sun, Jan 14 - Peach Hill in Winter
Leader: Sue Mackson sueamackson@gmail.com or 845-471-9892
Deer herds, tracks in the snow, lovely view all around, not far away. A nearby spot good for a short walk with some uphill and downhill. May go up College Hill as well. Meet at 1 PM at trailhead. Park is at 32 Edgewood Rd, Poughkeepsie 12603. Visit the Friends of Peach Hill website for additional info and consider becoming a “friend” (http://peach-hill-park.org). Deep or active snow or rain cancels. Call me that AM.

Mon, Jan 15 - Big Indian and Eagle (6-8 miles 2200’ ascent, A hike or snowshoe)
Leaders: Joe Ferri, newpaltzt33@yahoo.com or 914-489-1582, Shari Aber, shnaber@yahoo.com or 914-489-0654
The Catskills are challenging. They generally have more snow and harsher winter conditions than other mountains in the region. We will through-hike up Pine Hill West Branch Trail from Biscuit Brook toward Big Indian, take the short unofficial trail to the summit, return to the Pine Hill Trail, which we’ll follow to Eagle Mountain. From there we will either continue north to the Oliverea Mapledale Trail to the parking area at McKenley Hollow or cut out two miles by bushwhack-ing from Eagle directly to the parking area. Contact leaders for details including meeting place and time. Pre-registration required. Registration period: Jan. 6 - Jan. 13. Joint with the Catskill 3500.

Mon, Jan 15 - X-Country Beginner Ski Lessons, Bonticou Road from Mohonk Mountain Gatehouse
Leader: Marty Carp, martymcargar@gmail.com or 845-255-0531 (H), 845-303-3764 (C)
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Sat, Jan 20 - Wappinger Creek at Buttercup Farm Sanctuary, Stanford, NY. (5 +/- miles, C hike)
Leaders: Jennifer and David Anderson, djiangerson@fairpoint.net or 518 398-5320 before 9 PM
Meet at the parking area for Buttercup East at 10 AM. We will cross the road and walk down the fields and hedgerows to the former railroad bed that runs parallel with Wappinger Creek. We will look for signs of winter and ought to see various birds from a vantage close to the creek. After the walk we can warm ourselves at the Platter Café in the center of Pine Plains. Bring snack and water and dress for the weather. Poles and binoculars will be useful. This is not a ski/snowshoe outing, therefore conditions too difficult for hiking will cancel. Please register with the leaders prior to the date of the outing.

Mon, Jan 16 - Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcargar@gmail.com or 845-303-3764
www.middusonadk.org

Fri, Jan 26 - Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcargar@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Mon, Jan 22 - X-Country Beginner Ski Lessons, Bonticou Road from Mohonk Mountain Gatehouse
Leader: Marty Carp, martymcargar@gmail.com or 845-255-0531 (H), 845-303-3764 (C)
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Sat, Jan 27 - Hike or Snowshoe on new Scenic Hudson Trail on Snake Hill in Newburgh 2-3 miles RT
Leader: Tom Amisson, tamisson@aol.com
Fantastic Hudson River views on this soon to be opened steep and scenic trail. Meet at 9:30 AM. Contact leader to confirm and for meetup details and directions.

Mon, Jan 29 - X-Country Beginner Ski Lessons Cedar Drive from Mohonk Preserve Spring Farm
Leader: Marty Carp, martymcargar@gmail.com or 845-255-0531 (H), 845-303-3764 (C)
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Tues, Jan 30 - Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcargar@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring
DATE | DESCRIPTION | LEADER | CONTACT INFO | RATING
--- | --- | --- | --- | ---
Fri, Feb 2 | Mohonk Preserve XC | Marty Carp | martymcarp@gmail.com or 845-303-3764 | Ski
Fri, Feb 2 | Fahnestock SP | Georgette Weir | georgette.weir@gmail.com | B Hike or SS
Sat, Feb 3 | Rockefeller SP | Barry & Kathy Skura | barry.skura@gmail.com or 914-779-0936 (H) | B- Hike or SS
Sat, Feb 3 | Balsam Lake & Graham | Joe Ferri & Shari Aber | 914-489-1582 or 914-489-0654 | A Hike or SS
Tues, Feb 6 | Mohonk Preserve XC | Marty Carp | martymcarp@gmail.com or 845-303-3764 | Ski
Fri, Feb 9 | Mohonk Preserve XC | Marty Carp | martymcarp@gmail.com or 845-303-3764 | Ski
Sun, Feb 11 | Wonder Lake Loop | Sue Mackson | suemackson@gmail.com or 845-471-9892 | C Hike
Tues, Feb 13 | Mohonk Preserve XC | Marty Carp | martymcarp@gmail.com or 845-303-3764 | Ski
Fri, Feb 16 | Mohonk Preserve XC | Marty Carp | martymcarp@gmail.com or 845-303-3764 | Ski
Fri, Feb 16 – Mon 19 | Winter Weekend at Wiezel Cabin | Pete McGinnis | PMcginn1@aol.com or 845-454-4428 |
Sun, Feb 18 | Stony Kill Freedom Trail | John Ragusa | john.ragusa@bnymellon.com or 917-692-1159 | C hike or SS
Mon, Feb 19 | Peekamoose & Table | Joe Ferri & Shari Aber | 914-489-1582 or 914-489-0654 | A Hike or SS
Tues, Feb 20 | Mohonk Preserve XC | Marty Carp | martymcarp@gmail.com or 845-303-3764 | Ski
Fri, Feb 23 | Mohonk Preserve XC | Marty Carp | martymcarp@gmail.com or 845-303-3764 | Ski
Fri, 23- Sun, 25 | Indian Head Wilderness | Russ Faller | russoutdoors@yahoo.com or 845-297-5126 | Backpack
Sat, Feb 24 | Sunset Rock & Book Barn | Jennifer and Dave Anderson | djanderson@fairpoint.net or 518 398-5320 | B- Hike
Sun, Feb 25 | Ice Capades! | Chris Cring | Christopher.cring@gmail.com | Skating
Tues, Feb 27 | Mohonk Preserve XC | Marty Carp | martymcarp@gmail.com or 845-303-3764 | Ski

Fri, Feb 2 - Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Sat, Feb 3 - Balsam Lake and Graham (10 miles, 2300’ ascent, A hike or snowshoe)
Leaders: Joe Ferri, newpaltz33@yahoo.com or 914-489-1582, Shari Aber, shnaber@yahoo.com or 914-489-0654
The Catskills are challenging. They generally have more snow and harsher winter conditions than other mountains in the region. Though Graham is officially considered a bushwhack by the 3500 club, there is a well-worn herd path and both of these peaks offer good views of the western Catskills. We will follow the Dry Brook Ridge Trail south from which we will go to the summits, returning via the same trail. Contact leaders for details including meeting place and time. Pre-registration required. Registration period: Jan. 25 - Feb. 1. Joint with the Catskill 3500 Club.

Tues, Feb 6 - Mohonk Preserve X-country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Fri, Feb 2 - Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Sun, Feb 11 - Wonder Lake Loop (5 miles, C hike)
Leader: Sue Mackson suemackson@gmail.com or 845-471-9892
The trails at Wonder Lake wind around Wonder Lake, large and tranquil, and the smaller Laurel pond. We will walk for 2-3 hours. We will meet at 10:30 at the trailhead, 390 Ludingtonville Rd, Holmes, NY 12531, accessed from the Ludingtonville Rd exit from I-84. Active snow or rain cancel. Check with leader that morning.

Tues, Feb 13 - Mohonk Preserve X-country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.
Join the Ice Capades!

Sun, Feb 25
Bear Mountain State Park
Outdoor ice skating, and trailside zoo walk with optional hike to Perkins Tower on the AT trail
Leader: Chris Cring, Christopher.cring@gmail.com or 845-249-5305
We will start the day ice skating at the outdoor rink from 10 -11:30, followed by an informal lunch at the Hikers Cafe (optional). After lunch we will walk to the Trailside Zoo (1.5 hours) or have the option of hiking to Perkins Tower on the AT trail. There are activities on the site including an indoor carousel, gift shop and snowshoeing and sleigh riding if weather permits. Ice skating fees are $5 and under and they also rent skates...see bearmountainicerink.com for pricing details. Meet at the Bear Mountain ice rink at 10 AM. Please Confirm with leader.

Fri, Feb 16 - Mohonk Preserve X-country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Sun, Feb 18 - Stony Kill Freedom Trail, Fishkill, NY (2.5 miles, C hike or snowshoe)
Leader: John Ragusa, john.ragusa@bnymellon.com or 917-692-1159
We will walk or snowshoe on one of the newer and more secluded trails of Stony Kill Farm as we wander across diverse terrain. We will find rock walls, hills, wetlands, fields and forests. Deer, woodpeckers, foxes, raccoons and opossums can all be found here. Meet at 11 AM at trailhead on Stony Kill Rd. Directions: Take Route 9D south towards Beacon. After passing Stewart's on the left, make a left at the next intersection onto Stony Kill Rd. Go about a half-mile and trailhead will be on the left. Heavy rain/snow or very cold weather cancels. Call leader if interested.

Mon, Feb 19 - Peekamoosse and Table (9 miles, 3000’ ascent, A hike or snowshoe)
Leaders: Joe Ferri, newpalitz33@yahoo.com or 914-489-1582, Shari Aber, snaber@yahoo.com or 914-489-0654
The Catskills are challenging. They generally have more snow and harsher winter conditions than other mountains in the region. From Peekamoosse Road in Sundown we will follow the Peekamoosse Table Trail to both peaks. The trail has pretty woods, lots of elevation and lots of views. Contact leaders for details including meeting place and time. Pre-registration required. Registration period: Feb. 10 – Feb. 17. Joint with the Catskill 3500 Club.

Tues, Feb 20 - Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Fri, Feb 23 - Mohonk Preserve X-country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

Fri., Feb. 23 (2:30 PM) to Sun., Feb. 25 - Indian Head Wilderness (Catskills) Basecamp
Leader: Russ Faller 845-297-5125 (before 9:30 PM), or russoutdoors@gmail.com
This is a short, 2 night backpack to a basecamp. Friday afternoon, we’ll backpack two miles to set up a basecamp in the Devil’s Kitchen area of the Indian Head Wilderness of the northeast Catskills. On Saturday, we’ll day hike up 3,573-foot Indian Head Mountain, (about five miles round trip) and possibly 3,640-foot Twin Mountain. (8.5 miles round trip for both mountains) depending on trail conditions. On Sunday, we will day hike to Codfish Point (about 1.5 miles round trip) for the fabulous view. Upon returning, we will break camp and backpack the two miles to our starting point. This trip is suitable for those with 3-season backpacking and winter day-hiking experience who want to try winter backpacking. You know, deep down, you want to do this! Contact leader to register or if you just want to discuss gear and your readiness for this adventure. Register with leader no later than Feb. 16th.

Sat, Feb 24 - Sunset Rock and the Book Barn, Hillsdale, NY (1 mile, B-)
Leaders: Jennifer and David Anderson, djanderson@fairpoint.net or 518 398-5320 before 9 PM
Sunset Rock is a short, secluded and primarily level woods trail in the Taconic range with an impressive viewpoint far to the west and farmland below. There are some minor rises in the path and a couple of step downs, but it is only half a mile each way. This is not a ski/snowshoe outing, so if conditions are too difficult to hike on the ridge, we will walk the perimeter of Rojan Park opposite the library instead. For those who wish to, we’ll then warm ourselves at the Book Barn twenty minutes away, an intriguing place loaded with excellent used books on all subjects. Carpool available from Pine Plains. We have room for 2. Otherwise meet at 10 AM in the parking area for the Roell Jansen Community Library south of Hillsdale. Bring lunch, snack and water, and dress for the weather. Please also register with the leaders prior to the date of the outing.

Tues, Feb 27 - Mohonk Preserve X-Country Ski (7-11 miles, B+ ski)
Leader: Marty Carp, martymcarp@gmail.com or 845-303-3764
We will X-country ski on the best available trails. Bring a hot drink, water, lunch, snacks, and an extra pair of gloves. Meet at the Spring Farm parking lot at 10 AM and please confirm with leader. Hey, we might have to hike or call it a day. Do not forget the $15 fee if you are not already a member of the Mohonk Preserve.

LOOKING AHEAD

Sat, Mar 31 - Full Moon Walk at John Burroughs
Leader: Shari Aber, shnaber@yahoo.com or 914 489-0654
We will explore some of the beautiful trails in the John Burroughs Preserve in Esopus. Bring headlamps for an easy and pleasant evening hike. If there’s snow, we’ll snowshoe; if there’s ice, we’ll use micro-spikes. Anticipated starting time 8 PM. Call leader for specific details.

Cabin Fever!

Fri, Feb 16 - Mon, Feb 19
Winter weekend at Wiezel Trails Cabin
Leader: Pete McGinnis, PMcgin1@aol.com or 845-454-4428
We have once again reserved the Wiezel Trails Cabin for our winter outing. The rate is the same at $80 per person. There are 4 rooms with two bunk beds in each room, separate showers-bathrooms and a full kitchen. We will have pot luck on Sat. and Sun. Cross-country skiing and hiking w/excellent shopping, restaurants and sightseeing Lake Placid. Please make your check to Mid-Hudson Chapter-ADK and mail to Pete McGinnis, 515 Haight Ave. Poughkeepsie, NY.

EARTH DAY FAIR
at Dover High School
9:30 AM to 12:30 PM
Contact Salley Decker at saddecker2002@yahoo.com by April 1st or call 845-454-4206
www.midhudsonadk.org 8
Dave Webber has the facts, and here they are...

For the record here are his paddles this year:
9 paddles, 7 evening paddles, 38 paddlers, 18 unique paddlers. He led at: Norrie Point, Cold Spring, Beacon (3), Poughkeepsie, (4). Paddlers really get out there with Dave.

Aug 6: Paddle at Annsville Creek
Leader: John Ragusa
Glenda Schwarz, Jean McAvoy, Roz and Shelly Werner, Carol Gray, Elsie Rattenbury, Connie Duqueth, Grace Gargiule, Michael Yezuo, Jeffrey Snare, Connie Haven, Robert J. Clark, Judy Mage, Marie Caruso, Adam and Liz Stone, Sherry DiNapoli, Annette Caruso, Jeffrey Snare
Guests: Jeanette Baker, Jonathan Baker

Aug 13: Stissing Mountain
Leader: Sue Mackson
We were lucky to have along Eric Harvey, Judy Ahrens and Doug Kramer, who all live near the mountain and are quite familiar with the trail. This was Annette Caruso’s first time up this unique remains of the crashing of continents. I learned that the trail we took is the shorter, steeper one and that Doug would use the trail to test out the suitability of candidates for “girlfriend.” Judy passed the test. Jennifer Anderson lives not far away and was happy to discuss several of the few flowers we saw. The day was cooler than expected for August and there was just enough climbing, including climbing the metal steps of the fire tower, to make for a pleasant morning’s hike.

Aug 26: Hunter and Southwest Hunter
Leaders: Joe Ferri, Shari Aber
We gathered at the end of Spruceton Road and started hiking up the Diamond Notch Trail. After enjoying the view from Geiger Point we bushwhacked to Southwest Hunter, signing the Canister log at the summit. Then on to Hunter and the climb up the tower for another great view! Finally descending the Spruceton Trail to our cars for 10 miles and 2200 feet of ascent. Participants: Sui Yuen, Ann Hanson, Anthony Sorce, Russel Ley, Robert Halversen, Mike Prestia, Grace Jones, Adrienne Caesar, Angela Michaels

Aug 26: White Pond
Leader: Don Urmston
Participants: Jeanette Tully Baker, Jonathan Baker, Jeffrey Snave, Eleanor Shortle, Shirley Warren, Jeanie Chenette, Jon Chenette. We spent several hours leaning about kayak safety and rescues. Participants attempted several different rescues and we all left better informed.

Sept. 1-4: Jordan River, NW Adirondack
Leader: Russ Faller
We launched onto the Carey Falls Reservoir, paddled north against a heavy wind and camped at the portage to the Jordan River put-in. The amazing thing about this dammed section of the Raquette River is the wide sandy beach around the entire perimeter. We slept on the sand and awoke to a foggy lake, which slowly cleared. After breakfast, we loaded our boats and gear onto carts and hauled them on an old logging road the 2.5 miles to the Jordan River launch. Paddling up the Jordan, we sometimes got lost in the braiding of this narrow, winding stream. No one maintains this river, so there were lots of downed trees, requiring us to bushwhack our boats and gear through thick alders and evergreen thickets. The going was tough, but we reached our goal—the old growth forest. This forest was added to the original forest preserve in 1885. There’s never been logging here. If you’ve never stood in an old growth forest, it’s a magical experience! Thick emerald moss covered the ground and everything upon it - stumps, downed trees, rocks - no dirt could be seen. Through this rich moss carpet poked large ostrich ferns, like the feathers bearing their name. Huge red spruce and pine trees towered overhead. There was no understory. The forest was silent! I waited to see elves and gnomes emerge to scurry about, but we were the only ones there. Go to www.midhudsonadk.org for pictures. Participants: Ron Gonzalez, Rick Cronk, Tom Amisson and the leader.

Sept 9: Annsville Creek to Bear Mountain Bridge
Leader: Mark Tatro
Before we paddled out into the Hudson, a member decided he was not up for this trip. Elsie Rattenbury, the other participant, and I escorted him back to the dock to ensure that he got out of the water safely. Elsie and I continued on the trip to Popolopen. Due to high winds we decided not to cross the Hudson at the Bear Mountain bridge and paddled back to the dock instead.

www.midhudsonadk.org
Sept 10: Family Friendly Hike at Bear Mountain Leader: Chris Cring
A group of seven enjoyed this little hike with its history, it's forts, two bridges, the river, lake, a zoo, and lots of wonderful views.

Sept 13-14: Paddle at Taconic State Park Leader: Glenda Schwarz
In the words of participant Carla Barrett, MHADK kayak leader Glenda Schwarz, “put together a terrific, fun, interesting and never-dull overnight kayak outing for us at Taghkanic State Park!!” Carla continues: “The group was very congenial and the paddles varied and delightful. The food, though potluck, was better than any restaurant we could have gone to. And the cabin was very comfortable, clean and well situated. “All in all: Perfect!!! Thank you so much, Glenda, for taking the time to organize and lead it.” See photos from trip at www.midhudsonadk.org.

Sept. 15-17: South Taconic Mountains Backpack Leader: Russ Faller
We camped on top of Catamount Mountain on Friday night. That evening and into the next morning, there was thick fog in the valley and only the tops of the northern mountains poking through. It felt like we were 45,000 feet high! On Saturday, we hiked south to Bash-Bish Falls, Bash-Bish Mountain, and Alander Mountain, then down into the valley to the east to camp. The next day, we climbed to Brace Mountain, then over Mt. Frissel and Round Mountain to AMC’s NW Camp. We hiked to the Appalachian Trail, then south to the Under Mountain Trail and our car. Go to www.midhudsonadk.org for pictures. Participants: Anthony Sorace (ADK), Tim Hale, Mike Pellicciotti, William Donovan, Tamara Gaskell, William Sheehan (all AMC) and the leader.

Sept 17: Twin Mountain Leader: Dana Bennet
Jen and Dave Anderson and I headed out on a bright, warm day from Roaring Kill. We stopped at Dibble’s Quarry to enjoy the view and to briefly occupy the stone thrones and at the beaver pond to be awed by the beauty of it all. We reached Pocoy Notch without much expenditure of energy and made a sharp right onto the Devil’s Path to begin the steep and stony ascent up to the first and highest of Twin’s two peaks. The rocks were wet and slippery in spots and we ran into one fellow (younger than us!) who couldn’t make it up one difficult pitch and had given up. But we persisted and found a way and, in short order, found ourselves on the top of the first peak. The trail across to the other peak (and the best view!) was a walk in the park. There we met some lovely medical students from Einstein in the Bronx who thought they were on top of Sugarloaf! We set them straight and enjoyed the view and lunch and then headed east again to begin the descent into Jimmy Dolan Notch and the Jimmy Dolan Trail to Prediger Road, where we had stashed a car. A lovely day.

Sept 29: Mills Norrie State Park Leader: Georgette Weir
Four volunteers (one ADK member) joined Georgette Weir on a beautiful fall day for a pleasant and productive trail clipping hike at Mills-Norrie State Park along the Hudson River. We focused on clearing overgrowth at several trailheads while enjoying a nice hike along the river and through the woods. Thanks to regular trail volunteers Bob Bullions, Jeannine Nearing, Dave Lindemann, and new volunteer, ADK member Ken Morgan for their energetic contributions!

Sept 30: Hudson River Paddle from Quiet Cove, Poughkeepsie Leader: Russ Faller
We stood there in pouring rain wondering what to do. Dave looked at the weather map on his phone and said, “Let’s go to a diner. This could stop in an hour.” So we did and, sure enough, the rain turned to drizzle in a little over an hour. We went back to unload our boats. Allen drove up. He had missed us, but didn’t give up. So now there were four. Off we went into the strong north wind, bucking chop and waves. After tiring ourselves, we turned back and sailed with the wind in chop and waves. It felt good to get into the quiet water of Quiet Cove, where Allen gave an impromptu lesson on carving turns. Participants: Carla Barrett, Dave Webber (both ADK), Allen Kossower (AMC) and the leader.

Oct 1: Hudson River Paddle from the Staatsburg Gazebo Leader: Russ Faller
Four of us gathered, prior to the annual MHADK cookout, to paddle the river. We went north and into Vanderburg Cove. The cove was miraculously clear of water chestnuts! So we paddled to the back of the cove in search of the rumored waterfalls. We went up a tributary, passed under a bridge but were stopped by the makings of a log jam. The water was deep and sassy, so we decided to turn around and head back. We arrived at the gazebo to the mouth watering smells of barbecued burgers and dogs. We had a very delicious meal and great socializing. Participants: Diane Dintruff, Ellie Shortle, Lou Ruidisch and the leader.

Oct 3: Thompson Pond Preserve Leaders: Jennifer and David Anderson
We had a sunny, crisp day to explore the 2.5 mile yellow trail all the way around this unique glacial kettle pond. Thompson Pond is situated in Pine Plains and is owned and managed by the Nature Conservancy. The preserve supports diverse plant communities and migrating birds and is the headwaters of Wappinger Creek, receiving runoff from nearby Stissing Mountain. Thirteen hikers, happy to be out on such a day, walked through varied terrain – first a hemlock grove and open woods, along a pasture, then into a splendid, sunlit bog. Here at the south end we traversed a winding, narrow boardwalk across quiet water through tussack sedge, winterberry and high bush blueberry turning red. The path continued close by farmland, where a crowd of black angus came over to greet us before we returned to the starting point. Following the hike, several of us drove into Pine Plains for lunch at the Platter café, while others headed home. Participants: Judith Ahrens, Bob Cook, Doug Kramer, Carol Lee, Carole Marsh, Kealy Salomon, Karen Faherty, Howard Spike, Ellen Zelig, and guests Barbara Denerstein and Nancy Rubsam.

Oct. 7-9: Old Loggers Path Backpack, Loyalsock State Forest, PA Leader: Russ Faller
Saturday, we camped at the most beautiful tent site on the 27.5 mile loop – at the confluence of Yellow Dog Run and Rock Run – where the latter stream has cut a deep channel into the bedrock creating cascades and a large swimming hole the size of a pool. The water was crystal clear. Too bad it was too chilly to swim. Sunday, we hiked 10.5 miles to camp at Pleasant Stream and Butternut Run. We camped in the devastation of a huge storm (possibly Hurricane Irene) – amid piles...
A Mohonk Preserve hike led by the leader who has recovered from his heart attack on that hill on the Chapel Trail! Fully fed and socialized, we scrambled up and down Giant’s Workshop, through Zaidee’s Bower, and Rock Rift. The group was still strong—except for some minor scratches—unscathed. We then hiked to and scrambled up and down Bonticou Crag. Next time we vowed to include a fifth rock scramble!

Oct 22: Rockefeller State Park
Leader: John Ragusa
We gathered at the parking lot. There were six participants besides the leader. The day was sunny and unseasonably warm for late October. We walked on carriage roads through lovely deciduous forests surrounded by fall colors. We started on a trail that took us around a lake, then ascended a hill with nice views of the surrounding area, then descended onto a flat road and enjoyed a nice lunch in the woods. We then meandered through a trail with 13 bridges and finished off with a side trail to a glacial erratic. One guest: Joan MacDonald. Six members: Leader, Carol Gray, Eileen, Vicky Castino, Liz Lunn, Gail Conn.

Oct 22: Governors Island
Leader: Sue Mackson
It was the penultimate weekend before the island closes until spring and the city dwellers were out in force; on bike and foot, taking advantage of the clear, warm, breezy weather. As were participants Rudy

of downed trees, sand and lumps of leaves, roots and twigs. That night, the beautiful weather turned bad and it rained so hard our tents took a beating. Since there was no sign of a let-up, we decided to hike the short route back to our cars rather than completing the whole loop. It did keep raining and we arrived at our cars dripping wet. Visit www.midhudsonadk.org for pictures. Participants: Chris Bickford (ADK & AMC), Jane Emminger, John O’Brien (both AMC), Jeremy Polack (AMC guest), Anthony Sorace (ADK) and the leader.

October 13: Overlook Mountain from Platte Clove
Leaders: Georgette Weir & Jean-Claude Fouere
A fabulous Friday the 13th (October) hike in the Catskills along the easy Overlook Mountain Trail from Platte Clove enticed eight ADK members to join leaders Georgette Weir and Jean Claude Fouere on a beautiful fall day. We explored former blue stone quarries, climbed the fire tower, peeked in on the ruins of the early 20th century hotel, and kept our eyes open for the much publicized rattlesnakes (didn’t see any) that reside on the summit. Thank you Doug, Paul, Pete, Richard, Karen, Joe, Shari, and Dana for making such a companionable group!

Oct 15: Burger Hill & Ferncliff Forest
Leader: Dave Kaplan
Ginny Fauci, Jennifer & David Anderson joined Dave on an overcast day. The outline of the Catskills was misted, but Dave thinks the view from Burger Hill makes one think that the world is a lovely and familiar place to be. It provides the feeling of coming home to the wife you love. Fernwood Forest, always the second part of this walk, offers the chance at lunch for the hikers to get to know each other.

Oct 21: Mohonk Scramble
Leader: Martin Carp
At 9 AM six club hikers (Brian, Claudia, Jeff, Amy, Jules, and myself) set out from Mohonk Preserve’s Spring Farm in order to do as much rock scrambling as possible within our 11 mile hike. We started out gingerly, if not slowly, down leaf-strewn Chapel Trail. Our knees spared, we rapidly ascended Heart Attack Hill (named after a Mohonk Preserve leader had one here). Passing the actual Chapel, we entered the forest. Many glorious views of the Catskills were obtained on the escarpments of the Undivided Lot Trail. We ate an early lunch when we reached the Old Minnewaska Trail, and were soon joined by two other hike groups—a Mohonk Preserve hike for donors of the Preserve and

LaParr and Connie Haven, who were visiting this historic and scenic island for the first time. After the ten-minute ferry ride we walked through an area of large lawns, former army office housing and two historic forts. Best, however, was an hour guided tour of the island, where we learned that nearly half of it sits on landfill. This flat area has been beautifully landscaped with curving walks and several man-made hills to provide views of the Hudson River, the NY and NJ skylines, the sea and sky. Repurposed blocks from a former seawall provide hilltop access and there is a climbing wall, zip line and playgrounds.

Oct 31: Huckleberry Point
Leader: Sue Mackson
Two ways of remembering the day
By Sue
Thanks to Trish Cina who often led this as a family hike. It was just as satisfying for the child-free adults who traveled up the Thruway and the windin 23A, with Pete, to the nicely enlarged Platte Clove trailhead. Catskill Day Hikes describes part of the trail in this way: “In most seasons rock hopping across (Plattekill Creek) is no problem, but... if the weather has been excessively wet, the water can be high.” It rained for a day and a half before our hike and not only was the water high when we came to it about halfway through the hike, it was wide. Pete Cantline found a way to cross on a log suspended over the creek. Howard Spilke and I followed him. Carla Barnett struck out looking for a narrower section and she, Connie Haven, and Sheila Lipshie (up from Long Island) rock skipped across two arms of the creek. We felt like we’d met a challenge. The trail was full of flowing water for a good part of the way, but the view, as always, was worth the pleasant 4.8 miles on a fine and sunny afternoon.

by Carla
Sue Mackson led five happy hikers to Huckleberry Point in Platte Clove on Halloween! What a treat we had waiting for us at the end of a somewhat watery but quite manageable trek through autumn leaves on a coolish, sunny day. It was perfectly delicious to be looking out over the Clove into the far, far distance of large lawns, former army office housing and two historic forts. Best, however, was an hour guided tour of the island, where we learned that nearly half of it sits on landfill. This flatter area has been beautifully landscaped with curving walks and several man-made hills to provide views of the Hudson River, the NY and NJ skylines, the sea and sky. Repurposed blocks from a former seawall provide hilltop access and there is a climbing wall, zip line and playgrounds.

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NY/NJ Trail Conference: www.nynjtc.org

To make a change of address, phone, or email, send a message with specifics to adkinfo@adk.org or call 1-800-395-8080 x2

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