



August 2019

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE AUGUST 2019

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

MID-WEEK PADDLES – Leader: Glenda Schwarze schwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2nd and 4th Thursdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription.

TUESDAY EVENING PADDLES – Leader: Dave Webber, webberd1@yahoo.com, 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening and Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription preferences and select Kayaking.

Fri, Aug 2 - Ninham Mountain Fire Tower & Multiple Use Area Hike, C+/B- difficulty.

Leader: Georgette Weir, georgette.weir@gmail.com.

Located in Kent, Putnam County, this 1940-era fire tower offers expansive views of eastern New York and, on a clear day, the distant Catskill Mountains. A short, relatively easy hike on a gravel road to the tower (15-30 minutes, depending...) allows time for further exploration of the many trails in this DEC Multiple Use Area (popular with mountain bikers), which is also known for historical stone chambers. Plan on 2-3 hours total of meandering. For info about the area, visit <https://kentcac.info/wp/hikes/mount-nimham-fire-tower/>. Contact leader for time, meet place, and carpooling from Poughkeepsie

Sat, Aug 3 – Rainbow Falls Loop, Minnewaska State Park Preserve – B Joint with Mohonk Preserve

Leader: Ginny Fauci, 845-399-2170 (text okay) or gefauci@gmail.com

Meet at Awosting Parking Lot at 9:30 am. We will do a loop going on Jenny Lane, Rainbow Falls, Blueberry Run and Mossy Glen. Please confirm with leader.

Sun, Aug 4 – Croton River Paddle, Croton-on-Hudson, NY. 12:00 pm (Noon)

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com

We will paddle up the Croton River starting near the Hudson River at the Croton Metro-North parking lot. As we paddle, we will observe waterfowl and the many tiny islands along the river. As we approach the end of the navigable part of the river, we will break for lunch at an island and enjoy swimming in the pristine waters of the river as this is the outflow from the Croton Reservoir, a New York City water supply. Bring water, lunch and sunscreen as well as your bathing suit if you wish to swim.

Directions: Take Route 9 South into Croton-on-Hudson. Exit at Croton Point Park. Before park entrance, make left into Croton-Harmon parking lot. **Meet at 12:00 pm (Noon)** at the far south end of the Croton-Harmon Metro-North parking lot past the Croton Municipal Garage. You can rent kayaks at the put-in to the river for a reasonable rate. Confirm with

leader. Heavy rain cancels.

**Sun, Aug 11– Scenic Hudson’s Falling Waters Preserve (FWP) and Saugerties Lighthouse Trail C+ hike, approx 3.5 miles.
Leader: Carla Barrett barrettinclingmail.com Cell 315-527-8478.**

This is a family-friendly walk/hike. Start at 12AM at FWP and then go by own car to the Lighthouse Trail 8 minutes away. We can eat lunch on the Lighthouse deck in the middle of the River. This event appeals to walkers and hikers of all skill levels. Children welcome. Some hills and a few tricky spots along the Hudson River shoreline can be avoided. Shoes may get wet/muddy. Bring food and water; binoculars if you have them. Meet at FWP, Dominican Ln, Saugerties, NY 12477. Driving Directions: Off Route 9W or Route 32 south of Saugerties, follow Main St in Glasco NY to Delaware and York. For GPS: [45 York St, Saugerties 12477](#) will put you near the entrance where there is a sign. Confirm with leader.

Fri, Aug 16 - Minnewaska Park loop, approx. 13 miles, A hike

Leader: Jean-Claude Fouéré jcfouere@gmail.com

We will meet at the Peterskill Park Office on Route 44/55, head to and follow the High Peters Kill trail counter-clockwise, cross over to the Jenney Lane trail, on along the Mossy Glenn trail and rejoin the High Peters Kill trail on our way back to the information center. Refer to the Trail Conference maps #104 and 105. Contact leader for exact meeting time and additional information.

Sun, Aug 18 – Sam’s Point to Minnewaska, approx. 12 miles A hike Joint with Mohonk Preserve

Leader: Roberta Forest 845-750-7059

This is a full day hike starting and ending with a car shuttle to Sam’s Point. We’ll be making stops along the way at Verkeerder Kill Falls, Mud Pond, and at Lake Awosting (where we’ll stop for a swim). There will be a life guard on duty, and there are changing rooms). Meeting time is 8:30 am at Jenny Lane parking (up the hill from Minnewaska on the right). Bring plenty of water and whatever food you’ll need for a full day on the trail. Rain or excessively hot temperatures (above 90 degrees F) will cancel. Confirm with leader.

Sun, Aug 18 – White Pond Paddle, Stormville, NY. 1:00 pm.

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com

We will paddle on beautiful, pristine White Pond and enjoy swimming as an extra delight. The 263-acre White Pond Multiple Use Area (MUA) includes the 129-acre White Pond. This property was previously a New York City reservoir and was transferred to State ownership. Easy put-in. Bring your own kayak or canoe. We will paddle for a couple of hours. Bring sunscreen, hat and a bathing suit. Confirm with Leader. Heavy rain cancels.

Directions: Take NY Rt. 52 east towards Stormville. Continue on Rt. 52. As you climb the big hill, look for the Rock Quarry on your right as you get to the top of the hill. From there, go another 0.8 miles and make right onto White Pond Rd. Go 1.5 miles to the first Stop sign. Make right onto White Pond Rd. Go 1 mile and look for large brown DEC sign on left. Park in the parking lot by the pond. Meet at 1:00 pm

Mon, Aug 19 – Compass Rock, Mohonk/Minnewaska 4-5 Miles, B Joint with Mohonk Preserve

Leader: Louis Ruidisch home (845) 896-9332 cell (845) 453-0871 ruidisch3@gmail.com

On this hike we will see excellent examples of chattermarks, striations, and polishing, left on the bed rock, from the last ice age. Bring food and 2 liters of water. Meet at the Coxing Trailhead parking at 9:00 am. Day pass for Mohonk Preserve is \$15, but you can get a free one to use for 3 days at one of the local libraries. Confirm with leader.

Sat, Aug 24 - Sat, Aug 11– Paddle Lake Lillinonah (Housatonic R.) to Lover's Leap, Western CT (12 miles+/-, quiet water w/ possible mild quickwater)

Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

Grab your lover and paddle with us to the romantic, but tragic, Lover's Leap. No; we won't jump! We'll just paddle to it and climb to the top to see why this place attracts so many broken hearts. I'm told it's a spectacular point of interest - a gorge, a river, and dramatic views. A place where spurned lovers opt for dramatic acts. WARNING: If you've been spurned recently, I'm not responsible for your actions. Paddling distance is 12+/- miles; hike is short, but steep. Bring water shoes & comfortable walking shoes, lunch, water, your paddling gear & boat (canoe or kayak). PFDs required while on water. **Contact leader by 8/8 for meeting time/place.**