



December 2019

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE DECEMBER 2019

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefaucci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

QUICK RESPONSE CROSS COUNTRY SKIING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

Good snow doesn't last very long around here. That's why you've got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski List. When there's a good snowstorm, you'll get an e-mail invitation to ski right after the storm ends. This could fall on a weekend or a weekday. **If you were on the list last winter, you're still on the list. If you want off the list, contact Russ.**

QUICK RESPONSE SNOWSHOEING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

If you have the luxury of dropping everything and going out to snowshoe, contact Ginny Fauci at gefaucci@gmail.com to be put on the Quick Response Snowshoe List. When there's a good snowstorm, you'll get an e-mail invitation to snowshoe after the roads are cleared. It could be a weekend or a weekday. **Please contact Ginny to make sure you're on her list.**

INTERMEDIATE SKIING WITH MARTY CARP EVERY MONDAY & FRIDAY, 3-5 HOURS DEPENDING ON CONDITIONS FROM DECEMBER 6 – MARCH 31

No snow, we will do a moderate hike 6-9 miles. Possible trails may include intermediate scrambles.

Meet @ the Mohonk Visitor Center @ 9:30 am for drive/shuttle to trailhead.

Questions welcomed. Text, email, or call: 845-214-8520 or martymcarp@gmail.com

Mon, Dec 2 – Ski with Marty Carp, see description above

Fri, Dec 6 - Ski with Marty Carp, see description above

Fri Dec. 6 - Fahnestock State Park hike or snowshoe. Level: B+. Approx 7 miles, moderately strenuous.

Leader: Georgette Weir, georgette.weir@gmail.com.

Bring water, snacks, lunch. Contact leader for meet time. We will start from Hubbard Lodge on Route 9, Cold Spring, hike up School Mountain Road (a woods road), turn left onto Hubbard Loop, then back onto School Mountain Road to East Mountain Loop. We will climb East Mountain, come down and cross School Mountain Road to Perkins Trail, then turn off onto the Fahnestock Trail, heading up and south over Round Hill. Perhaps 1000-1200 feet of total elevation. Bad weather will cancel.

Sat, Dec 7 – Dutchess Rail Trail section between Morgan Lake Trailhead & Titusville Rd (Gold gym parking lot), Easy, flat C 5 miles

Leader: Sayi Nulu 845-264-2270 (Text preferred) sayinulu@yahoo.com

We will meet at Titusville/Gold gym parking lot at 12 pm (noon) and do a shuttle to the Morgan Lake Trailhead. Starting from Morgan Lake Trailhead we will walk towards Titusville (Gold gym parking lot) something over five miles. We'll shuttle people back to the Morgan Lake Trail head to get our car(s).

Bad weather (heavy rain/snow) cancels. Contact hike leader in advance. This walk is part of a plan to walk the entire 13 mile Dutchess Rail Trail in sections.

Sat, Dec 7 - Blueberry Run end to end, 8-9 miles, moderate to strenuous. Joint with Mohonk Preserve

Leader: Roberta Forest. 845-750-7059.

This hike will take us from the start to the end of Blueberry Run, and then continue on to Rainbow Falls trail as we make our way back towards our vehicles, probably ending on the Mossy Glen trail. There may be ice or snow on the ground, please carry foot traction, such as microspikes. Meeting place is lower Awosting parking area of Minnewaska State Park at 9:30 am. \$10.00 parking fee or use Empire Pass. Confirm with leader.

Sun, Dec 8 – Holiday Party – See information in future weekly emails.

Mon, Dec 9 – Ski with Marty Carp, see description above

Fri, Dec 13 - Ski with Marty Carp, see description above

Mon, Dec 16 – Ski with Marty Carp, see description above

Fri, Dec 20 - Ski with Marty Carp, see description above

Mon, Dec 23 – Ski with Marty Carp, see description above

Fri, Dec 27 - Ski with Marty Carp, see description above

Sat, Dec. 28 - Vassar Farm walk or snowshoe, Poughkeepsie.

Leader: Georgette Weir, georgette.weir@gmail.com.

Easy 3-4 mile loop over the drumlin (a small hill) and through the woods. Stretch your legs and enjoy the fresh air in between your holiday celebrations. Bad weather will cancel.

Mon, Dec 30 – Ski with Marty Carp, see description above

SAVE THE DATE:

Go With The Snow! MLK 2020 Ski Weekend on the Tug Hill Plateau – TRIP FULL, WAIT LIST AVAILABLE

Leaders: Ron Gonzalez iamrongon@gmail.com & Russ Faller russoutdoors@yahoo.com

Enjoy great cross country skiing on the Tug Hill's lake effect snow, skiing state forest trails or at a rustic, well-run local nordic center. Stay three nights in a shared house with full kitchen, linens provided, etc. Great opportunity to try 'nordic backcountry' skiing on gently rolling terrain. Not open to beginners, but intermediates and up are welcome. For the skiing, we will divide into two groups, with advanced skiers in one group (longer tours, faster pace, more difficult terrain) and intermediates in the other (shorter distance, more leisurely pace, less difficult terrain). Each group will have its own leader. It is strongly recommended that all participants have at least some winter hiking experience in deep snow (and enjoy it). For those who prefer groomed-track skiing, there are two excellent nordic centers in the area. There is a small local downhill ski area that often offers real powder skiing. It's also possible to drive to the western Adirondack Park for a day of wilderness skiing (if conditions permit and there is interest among participants). If there's enough snow, it's often possible to get in a few telemark turns along the way. If you're interested in learning the turn, or if you love turning your 'backcountry' cross country skis in natural powder snow, this could be what you're looking for. This would be an option for *advanced* level skiers only. **Contact leader for information, or to register for the trip.**

COST: Adult: \$180 member / \$180 non-member. *Lodging in shared house, full bathrooms, beds with linens, towels, full kitchen with basic staples provided. Bring food for potluck suppers. Breakfast, lunch self-provided. TRIP FULL, WAIT LIST AVAILABLE

President's Day Weekend at Wiezel Cabin at Heart Lake

Once again our Chapter is leading a week end at the Wiezel Trails Cabin. It will be on President's Day Weekend from Friday, February 14 to Monday, February 17, 2020. Cost will again be \$80 per person. Saturday and Sunday potluck dinners, other meals on your own. Kitchen available. Please make check payable to Mid-Hudson Chapter ADK, mail to Pete McGinnis, 100 Cedar Avenue, Poughkeepsie, NY 12603. Questions - email Pete at pmcgin1@aol.com