



July 2019

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:  
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

### MHADK OUTINGS SCHEDULE JULY 2019

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leader: Ginny Fauci, [gefaucci@gmail.com](mailto:gefaucci@gmail.com) 845-399-2170. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

**MID-WEEK PADDLES** – Leader: Glenda Schwarze [schwar582@aol.com](mailto:schwar582@aol.com). She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription.

**TUESDAY EVENING PADDLES** – Leader: Dave Webber, [webberd1@yahoo.com](mailto:webberd1@yahoo.com), 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening and Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription preferences and select Kayaking.

### Tues, July 2 - Tuesday Rock Scrambles

**Leader: Marty Carp** [martymcarp@gmail.com](mailto:martymcarp@gmail.com) or 845-214-8520

Location & difficulty of the scrambles determined by conditions. Be prepared w/2 fully charged headlamps, knee sleeves & long socks to protect your shins. Expect a moderately fast pace. Contact leader early to register as there is a size limit for each event.

### Tues, July 9 - Tuesday Rock Scrambles

**Leader: Marty Carp** [martymcarp@gmail.com](mailto:martymcarp@gmail.com) or 845-214-8520

Location & difficulty of the scrambles determined by conditions. Be prepared w/2 fully charged headlamps, knee sleeves & long socks to protect your shins. Expect a moderately fast pace. Contact leader early to register as there is a size limit for each event.

### Sun, July 14 – Sam's Point to Minnewaska, approx. 12 miles A hike

**Leader: Roberta Forest** 845-750-7059

This is a full day hike starting and ending with a car shuttle to Sam's Point. We'll be making stops along the way at Verkeerder Kill Falls, Mud Pond, and at Lake Awosting (where we'll stop for a swim). There will be a life guard on duty, and there are changing rooms). Meeting time is 8:30 am at Jenny Lane parking (up the hill from Minnewaska on the right). Bring plenty of water and whatever food you'll need for a full day on the trail. Rain or excessively hot temperatures (above 90 degrees F) will cancel. Confirm with leader.

### Sun, July 14 - Neversink Reservoir Paddle, Liberty, NY, about 3 hours

**Leader: John Ragusa** (917) 692-1159 or [john.ragusa@bnymellon.com](mailto:john.ragusa@bnymellon.com)

Paddle on the pristine waters of the Neversink Reservoir, part of the NYC water supply system. Highest reservoir in

elevation of all NYC reservoirs. Beautiful scenery, surrounded by wilderness on all sides. Look for bald eagles. Kayak and canoe rentals available on site. You won't have to deal with steam cleaning your own kayak if you rent! If you plan to go and rent, please let me know so I can reserve from the boat rental vendor and you will need to fill out a boat rental form which I will have available when you arrive. All who participate must obtain and bring with them a DEP access permit which you can obtain for free at: <https://a826-web01.nyc.gov/recpermitapp>. If you bring your own kayak or canoe, it must be steam cleaned prior to being placed into the reservoir at an authorized steam cleaning vendor. There is one two miles from the reservoir at the Neversink General Store.

Directions to Reservoir: Take I-84 west to the Route 17/I-86 interchange (exit 4W). Take Route 17/I-86 west towards Binghamton. Travel past Monticello. Take Liberty exit 100A. At end of ramp, make right onto Route 55/County Rt.16 (Neversink Rd). Continue about 5 miles. Make left onto Aden Rd. Entrance to Kramers Cove on right. Meet at 11 am at the cove. Bring picnic lunch and empty water bottle. We will refill in the reservoir. Car pooling is recommended. I have room for 3 others. Heavy rain cancels. Confirm with Leader.

**Mon, July 15 – Sat, July 20 - "Cranberry Lake 65 " 2 to 3 mph pace, moderate terrain & 65 miles over 6 days. Joint with AMC**

<http://activities.outdoors.org/search/index.cfm/action/details/id/112366>

**Leaders:** Chris Bickford [chrisbick4d@gmail.com](mailto:chrisbick4d@gmail.com) and Ingrid Strauch [istrauch11@gmail.com](mailto:istrauch11@gmail.com)

This 6 day trip will explore the rolling hills, lakes, ponds and rivers of the Cranberry Lake Wild Forest and Five Ponds Wilderness. Some backpacking will be on the CL50 trail. Other times we will backpack side trails and ascend a few moderate peaks. A highlight will be backpacking to the Five Ponds and Sand Lake trails to witness ancient forests and giant trees. For those who have already done the CL 50 this is a chance to see some of the areas you didn't see the first time around. For those who haven't been to this area it's an introduction to a truly wild place with remnants of logging and sportsmen's camps inhabited in the early 1900. We will travel at a moderate pace and cover 10-12 miles a day. There are no early outs once we get started. This is a trip suited for experienced multi day backpackers who can manage their food and gear for 5 days. This is not suitable for first time backpackers. Please refer to the Adirondack Mountain Club's "Western Trails 1st Edition " for detailed information. See the Nat Geo Old Forge/Oswegatchie Map #745 or The Five Ponds Publication map for trail info and topography.

**Tues, July 16 - Tuesday Rock Scrambles**

**Leader:** Marty Carp [martymcarp@gmail.com](mailto:martymcarp@gmail.com) or 845-214-8520

Location & difficulty of the scrambles determined by conditions. Be prepared w/2 fully charged headlamps, knee sleeves & long socks to protect your shins. Expect a moderately fast pace. Contact leader early to register as there is a size limit for each event.

**Sun, July 21 –Inwood Hill Park, Manhattan - Class C, about 3 miles,**

**Leader:** John Ragusa 917-692-1159 or [john.ragusa@bnymellon.com](mailto:john.ragusa@bnymellon.com)

Home to the only forest on Manhattan Island and the only remaining salt marsh, we will hike on the blue and orange trails that will take us through the heart of the park's wild forest with lovely views of the Hudson River, Palisades and Spuyten Duyvil Creek and the Henry Hudson Bridge. We will see the spot where Native Americans "sold" Manhattan Island to Peter Minuit. If time permits, we will visit the nearby Dyckman Farmhouse and Museum, the oldest farmhouse in Manhattan.

Meet at 1:00 pm at the end of 207<sup>th</sup> Street.

Directions: Take the 10:50 am Metro-North train from Poughkeepsie or 11:08 am from Beacon to New York. Transfer at Tarrytown and take the 12:13 pm local train to New York. Get off at the University Heights station. Walk up the stairs and take the University Heights bridge across the Harlem River into Manhattan. This is 207<sup>th</sup> Street. Continue on 207<sup>th</sup> Street about a half-mile to the end where the entrance to the park begins. Look for a yellow "End" sign. Bring picnic lunch, sunscreen and long pants. Heavy rain cancels. Confirm with Leader who will be taking the train down from the Beacon station.

**Mon, July 22 – Table Rocks – Mohonk Preserve – 5 mi, B**

**Leader:** Louis Ruidisch home (845) 896-9332 cell (845) 453-0871 or [ruidisch3@gmail.com](mailto:ruidisch3@gmail.com)

Good views of the Catskills. Bring lunch + 2 Liters of water. Meet at Spring Farm parking area at 9:30 am. There is a \$15

day charge if you don't have a season pass, but you can get a pass from one of the local libraries for free. Confirm with leader.

**Tues, July 23 - Tuesday Rock Scrambles**

**Leader: Marty Carp [martymcarp@gmail.com](mailto:martymcarp@gmail.com) or 845-214-8520**

Location & difficulty of the scrambles determined by conditions. Be prepared w/2 fully charged headlamps, knee sleeves & long socks to protect your shins. Expect a moderately fast pace. Contact leader early to register as there is a size limit for each event.

**Tues, July 30 - Tuesday Rock Scrambles**

**Leader: Marty Carp [martymcarp@gmail.com](mailto:martymcarp@gmail.com) or 845-214-8520**

Location & difficulty of the scrambles determined by conditions. Be prepared w/2 fully charged headlamps, knee sleeves & long socks to protect your shins. Expect a moderately fast pace. Contact leader early to register as there is a size limit for each event.