



November 2019

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE NOVEMBER 2019

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefaucci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

QUICK RESPONSE CROSS COUNTRY SKIING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

Good snow doesn't last very long around here. That's why you've got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski List. When there's a good snowstorm, you'll get an e-mail invitation to ski right after the storm ends. This could fall on a weekend or a weekday. **If you were on the list last winter, you're still on the list. If you want off the list, contact Russ.**

QUICK RESPONSE SNOWSHOEING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

If you have the luxury of dropping everything and going out to snowshoe, contact Ginny Fauci at gefaucci@gmail.com to be put on the Quick Response Snowshoe List. When there's a good snowstorm, you'll get an e-mail invitation to snowshoe after the roads are cleared. It could be on a weekend or a weekday. **Please contact Ginny to make sure you're on her list.**

Fri, Nov 1 - Mills-Norrie State Park.

Leader: Georgette Weir, georgette.weir@gmail.com

4-mile morning loop hike that includes the scenic River Trail and other woods paths.

Contact leader for meeting time and details.

Sat, Nov 2 – Daylight savings ends, turn clocks back an hour.

Sun, Nov 3 – Scenic Hudson's Falling Waters Preserve (FWP) & Saugerties Lighthouse C+ 3.5 miles

Leader: Carla Barrett barrettinclinton@gmail.com Cell 315-527-8478.

This is a family-friendly walk/hike. Start at 11AM at FWP and then all go by own car with Leader to the Lighthouse Trail 8 minutes away. We can eat lunch on the Lighthouse deck in the middle of the River. This event appeals to walkers and hikers of all skill levels. Children welcome. Some hills and a few tricky spots along the Hudson River shoreline can be avoided. Shoes may get wet/muddy. Bring food and water; binoculars if you have them. Meet at FWP, Dominican Ln, Saugerties, NY 12477. Driving Directions: Off Route 9W or Route 32 south of Saugerties, follow Main St in Glasco NY to Delaware and York. For GPS: [45 York St, Saugerties 12477](#) will put you near the entrance where there is a sign. Confirm with leader.

Sat, Nov 9 – Table Rocks & Bonticou Crag, B Joint with Mohonk Preserve

Leader: Ginny Fauci gefaucci@gmail.com 845-399-2170 text preferred

Meet at Mohonk Preserve's Spring Farm Trailhead at 9:30 am. We'll hike out to Table Rocks, back over Northeast Trail and up Bonticou Crag Trail. Depending on time & interest we may continue over Guyot Hill before going back to parking lot. Bring Lunch, snacks, and layer for the weather. Rain will cancel. If there's snow, we will snowshoe. Carry micro-spikes with you in case of ice. Confirm with leader.

Sun, Nov 10 - Inwood Hill Park, Manhattan – Class C, 2 to 3 miles

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com

Home to the only forest on Manhattan Island and the only remaining salt water marsh. We will hike on the blue and orange trails that will take us through the heart of the park's wild forest with lovely views of the Hudson River, Palisades and Spuyten Duyvil Creek and the Henry Hudson Bridge. We will see the spot where Native Americans "sold" Manhattan Island to Peter Minuit. If time permits, we will visit the nearby Dyckman Farmhouse and Museum, the oldest farmhouse in Manhattan. Meet at 1:00 pm at the end of 207th Street.

Directions: Take the 10:50 am Metro-North train from Poughkeepsie or 11:08 am from Beacon to New York. Transfer at Tarrytown and take the 12:13 pm local train to New York. Get off at the University Heights station. Walk up the stairs and take the University Heights Bridge across the Harlem River into Manhattan. This is 207th Street. Continue on 207th Street about a half-mile to the end where the entrance to the park begins. Look for a yellow "End" sign. Bring picnic lunch and long pants. Heavy rain cancels. Confirm with Leader.

Sat, Nov 16 – Minnewaska State Park Preserve (in the no-hunting zone). 8-ish miles, route will depend on conditions.

Leader: Georgette Weir, georgette.weir@gmail.com

Am thinking to include Mossy Glen, Blueberry Run, possibly out to Wolf Jaw Trail, then various carriage roads and perhaps a bit of Jenny Lane to get back to parking area. Contact leader for meeting time and details. Empire State Pass or parking fee.

Sun, Nov 17– Annual Planning Meeting. All members are welcome to attend. Potluck lunch.

Additional information to follow in weekly emails.

Sun, Nov 24 – Burger Hill & Ferncliff Forest

Leader: Annette Caruso, annettecrs@gmail.com 845 891-3361

This is a 2 part hike. We will meet at Burger Hill at 11am and walk to the top. We will then drive to Ferncliff Forest and have a picnic lunch before hiking. Fine to just do part 2, Meet us for lunch at Ferncliff Forest at 12:15. Hike to start at 12:45. Rain cancels, snow and we'll snowshoe, ice bring micro spikes. Confirm with leader and for additional information.

SAVE THE DATE:

"Go with the Snow" Ski Weekend - MLK Birthday Weekend (annual)

Leader: Ron Gonzalez iamrongon@gmail.com

January is a frustrating month for skiers. It can be the coldest month of the year. There is one place near us where there's always snow in mid-January. The Tug Hill Plateau of north-central New York State gets copious amounts of snow in December and January. I've been leading MLK ski weekends on the Tug Hill for over a decade now, and 'The Hill' hasn't let me down (yet!). While we can never absolutely guarantee snow anywhere in the Northeast on any given day in the winter, this is as close as it gets to a sure thing. The Tug Hill Plateau has fairly gentle, rolling terrain, interspersed with deep 'gulfs' (ravines) formed by the rivers that flow west to Lake Ontario. There are several State Forest areas with designated cross country ski trail networks. While not exactly groomed, local volunteers use snowmobiles and weighted sleds to pack down the snow on the trails. This makes for a great introduction to 'backcountry' skiing, completely suitable for novices and intermediates. Expert skiers can go off the trails and ski through the woods, which are often covered in *feet* of beautiful lake effect powder. We typically divide up the participants into two groups. One group is for the novices and intermediates, which will stay on the trails, travel at a slower pace, and may not travel as far in the day (usually less than 8 miles). The second group is for advanced/expert skiers, which will usually go off-trail for at least part

of the day, will take on tougher terrain, and may go farther in the day (10+ miles). Each group gets its own leader. There is a top-notch Nordic center in the area, which has great snow, first-rate grooming, lots of fun trails, an excellent ski shop, and is reasonably priced. It's not fancy, but it's one of the best 'skier's' centers in the East. We stay at a nice 'hostel'—actually a house we hire to share—complete with full kitchen, large dining table, and full bedding (with blankets, sheets and towels included). There's a living room with a sofa and a TV with DVD player.

President's Day Weekend at Wiezel Cabin at Heart Lake

Once again our Chapter is leading a week end at the Wiezel Trails Cabin. It will be on President's Week end from Friday February 14 to Monday February 17, 2020. Cost will again be \$80 per person. Please make check payable to Mid-Hudson Chapter ADK, mail to Pete McGinnis, 515 Haight Avenue, Poughkeepsie, NY 12603. Questions - call Pete at 845 797 7945, e-mail pmcgin1@aol.com