



October 2019

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE OCTOBER 2019

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefaucci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

EVENING PADDLES – Through mid-October. Leader: Dave Webber, webberd1@yahoo.com, 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening and Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription preferences and select Kayaking.

MID-WEEK PADDLES – Through mid-October. Leader: Glenda Schwarze schwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. They will be held on the 2nd and 4th Thursdays of every month ending mid-October. To add your name to the Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription.

Tues, Oct 1 – Lake Taghkanic Hike and paddle

Leader: Eric Harvey eharvey@fairpoint.net or 845-625-9431

We will do the hike around the lake, which is about 4 miles in length with minimal elevation change. For anyone interested we can have lunch in the park after the hike, and also launch kayaks/canoes for an afternoon paddle. Meet in the main parking lot at 10:00. Confirm with leader.

Fri, Oct 4 - Bluestone Wild Forest & Onteora Lake. B+.

Leader: Georgette Weir georgette.weir@gmail.com

We will hike 6 miles in this beautiful and diverse woodland just a few miles north of Kingston. The forest is the focus of a grassroots protection effort to prevent construction of a 240,000-square-foot concrete slab & steel manufacturing facility on a private parcel, 1/4 mile from Onteora Lake and surrounded on three sides by the Wild Forest. Trails vary from an easy walk along the lake to somewhat rugged as we hike rolling hills past historic quarry sites, now reforested, and ponds and wetlands. A beautiful hike. Contact leader for meeting time, carpool options, and exact meeting place at the forest.

Sat, Oct 5 - Mid-Hudson Annual Picnic at Norrie Point – Additional info will be sent out to everyone

Sat, Oct 12 – Dutchess Rail trail 5 miles 3 hours C+ (2.5 miles one way)

Leader: Sayi Nulu Sayileela@gmail.com or 845 264 2270 (mobile - Text preferred.)

We will meet at Dutchess rail trail parking lot @ Hopewell Depot trailhead at 2 pm.

Checkout the depot and its history. It should be open at 2 pm. Walk from there to Lake Walton road. We will pass thru Lake Walton (lake) Bring water, snacks, and lunch and dress for the weather. Confirm with leader.

Sun, Oct 13 –Pratt Rock Hike, Prattsville, NY (3 miles) C+

Leader: John Ragusa john.ragusa@bnymellon.com or 917-692-1159

We will hike this one-of-a-kind spectacle, often referred to as New York's Mount Rushmore. Zaddock Pratt was an early settler of Greene County who was a tanner, a banker and a member of the House of Representatives. He commissioned stone workers to immortalize his life's achievements on a nearby cliff. We will enjoy a spectacular view of the surrounding valley in all its fall glory. Bring water, snacks, and lunch and dress for the weather. Directions: Take NYS Thruway north to Kingston exit 19. Take NY Route 28 west for 27 miles to Shandaken. Turn right onto NY Route 42 north. Take 11 miles to end. Make left onto NY Route 23A. Take 6 miles to end. Make left onto NY Route 23 west for a half-mile. Pratt Rock trailhead and parking will be on right. Meet at trailhead at 11 am. Confirm with leader. Heavy rain cancels.

Sat, Oct 19 – South Taconic Ridge Grande Traversée, approx. 11 miles A hike

Leader: Jean-Claude Fouéré jcfouere@gmail.com

One of my favorite hikes in the fall. It offers superb views of the Hudson Valley and of the Catskills. Starting at the Iron Works Museum in Copake Falls, we will hike up to Bash Bish Mountain, head to Alander Mountain, follow the Ashley Hill trail, connect to the South Taconic trail, up to Brace Mountain and South Brace Mountain, and head down to Quarry Hill Drive parking. Refer to the Trail Conference South Taconic Trails map #107. Contact leader by Thursday Oct. 17 for meeting time and place, and car shuttle.

Sun, Oct 20 – Gertrude's Nose. 8-9 mile hike with peak fall colors.

Leader: Roberta Forest robertaforest@gmail.com or 845-750-7059

This hike will begin at upper lot of Minnewaska State Park. We'll take the Millbrook trail up to our first views atop Millbrook Mountain. From there we'll take the Gertrude's Nose Trail to the nose. Here we'll also have expansive and colorful views. This will be our lunch stop. Then we'll continue on the Nose trail to Patterson's Pellet and our return on the Millbrook carriage road. Contact leader to confirm and also for start time.

Sun, Oct 20 – Hike to Fishkill Ridge to see site of 1945 Plane Crash, Fishkill, NY (2 miles) C

Leader: John Ragusa john.ragusa@bnymellon.com or 917-692-1159

On Veteran's Day in 1945, a Navy transport plane carrying six men on a routine flight from New Jersey to Rhode Island crashed near the Northwest ridge of Mount Beacon. One of the crew was the legendary Dixie Kiefer, a Commodore in the Navy who fought in both World Wars. We will hike up to the crash site and observe the special state plaque honoring those six crew members who lost their lives, flags flying above and the remains of the plane. Directions: Take Old Glenham Rd. from Rt. 52 Fishkill. At Glenham Post Office, make left onto Maple St. At fork, bear right and go over bridge over Fishkill Creek. After crossing RR tracks, make left onto Old Town Rd. Take second right onto Sunnyside Rd. Take to end at small parking lot. Meet at trailhead parking lot at 11 am. Confirm with leader. Heavy rain cancels.

Sat, Oct 26 – Beacon Waterfall and Beyond Journey B+ 7- 8 miles

Leader: Margaret Douglas 845-661-4132 No calls after 9pm.

Full day, compassionate pace. Many ups and downs, views, views, views. Meet at Casino trail parking lot in Beacon at 8:30 a.m. (Fills up early) for a short car pool. Confirm with leader.