



September 2019

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE SEPTEMBER 2019

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefaucci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

EVENING PADDLES – Through mid-October. Leader: Dave Webber, webberd1@yahoo.com, 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening and Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription preferences and select Kayaking.

MID-WEEK PADDLES – Through mid-October. Leader: Glenda Schwarze schwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. They will be held on the 2nd and 4th Thursdays of every month ending mid-October. To add your name to the Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription.

Wed, Sept 4 - Boulders, crevices, caves, chutes, shafts & yes, there`s another Lemon Squeeze.

Leader: Marty Carp martymcarp@gmail.com 845-214-8520

Moderate pace. Difficult scrambles. Events & locations weather dependent but usually in the Gunks. Please confirm with leader by text, cell, or email.

Fri, Sept 6 - Sun, Sept 8 – FALL OUTING at AMC Harriman Center. See website for registration and list of outings. Mid-Hudson, NY, Mohican, Ramapo-North Jersey and LI chapters

Wed, Sept 11 - Boulders, crevices, caves, chutes, shafts & yes, there`s another Lemon Squeeze.

Leader: Marty Carp martymcarp@gmail.com 845-214-8520

Moderate pace. Difficult scrambles. Events & locations weather dependent but usually in the Gunks. Please confirm with leader by text, cell, or email.

Thurs, Sept 12 – Sun, Sept 15 - Big Pond to Russell Brook Falls - Catskills - 3 Day Backpacking Trip

Leaders: Chris Bickford chrisbick4d@gmail.com and **Russ Faller** russoutdoors@yahoo.com

Join us for this peak 3 day backpacking experience to the Western Catskills that will provide the backpacker with a wilderness experience unlike the more heavily used Catskills trails. Expect solitude and minimally maintained trails as we hike at a moderate pace for 30 miles in 3 days. Friday 9/13 - 12.7 miles. Saturday 9/14 - 10.6 miles and Sunday 9/15 - 6.7 miles. The pace will be 1.5/MPH on the flats and 1 MPH on the inclines/ascents. Participants will meet before dark Thursday 9/12 to do the car shuttle and camp overnight. Or participants will meet the group at the Big Pond trailhead 8 AM Friday morning 9/13. Participants must register by following this link

<https://activities.outdoors.org/search/index.cfm/action/details/id/114685> on the AMC website. Contact leaders for any additional information.

Sat, Sep 14 - Zaidee's Bower. Hike/Scramble 7-8 miles joint with Mohonk Preserve

Leader: Roberta Forest 845-750-7059.

Meet 9:30 at Mohonk Preserve visitor center for a shuttle to starting point. This hike will include Giants Workshop, Arching Rocks, Cathedral Path and Plateau Path as we head towards Zaidee's Bower. From there, a short bushwhack will get us to Undivided Lot trail, as we return to our vehicles. Rain or wet rocks will cancel. Confirm with leader.

Sun, Sept 15 - Lasdon Park, Arboretum & Veterans Memorial Hike, Katonah, NY. 2 to 3 Miles, Class C

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com

Take advantage of the last of the summer blooms! We will first stroll through the beautiful flower and shrub garden on the estate then take a small, leisurely hike through the yellow, red and green trails culminating in the veterans memorial walk. Optional Conservatory visit for a small fee. Meet at 11:30 am in the main parking lot.

Directions from the north: Take I-84 east to I-684 south. Take exit 6 Cross River for Route 35 west. Take Rt. 35 west (Amawalk Rd) for 3.5 miles. Turn left onto Orchard Hill Rd. which is the entrance into Lasdon Park. Bring sunscreen, long pants and a picnic lunch. Heavy rain cancels. Confirm with leader.

Sun, Sept 15 - Saugerties Hudson River Paddle, jointly listed with Hudson River Valley Ramble

Leader: Carla Barrett barrettinclinton@gmail.com or Cell 315 527-8478

Visit Scenic Hudson's Falling Waters Preserve and the Saugerties Lighthouse. Areas where we plan to get out of kayaks/canoes are flat but may have some rocks. Nothing unusual for paddlers with some experience. Launch site is a boat ramp. Difficulty: Moderate. 4 miles, 4 to 5 hours. Not suitable for children under 6. Bring snack, lunch, water, hat, sunscreen, footwear for walking short distance to falls and lighthouse. PDF required. This "Big Water" requires minimum boat length 13.5 feet and dual bulkheads or flotation devices in bow and stern. Canoes are exempt from these big water requirements. Start: 10 am at Glasco Mini Park, Albany St, Glasco NY 12432. Arrive 15 minutes early. Confirm with leader.

Wed, Sept 18 - Boulders, crevices, caves, chutes, shafts & yes, there's another Lemon Squeeze.

Leader: Marty Carp martymcarp@gmail.com 845-214-8520

Moderate pace. Difficult scrambles. Events & locations weather dependent but usually in the Gunks. Please confirm with leader by text, cell, or email.

Wed, Sept 25 - Boulders, crevices, caves, chutes, shafts & yes, there's another Lemon Squeeze.

Leader: Marty Carp martymcarp@gmail.com 845-214-8520

Moderate pace. Difficult scrambles. Events & locations weather dependent but usually in the Gunks. Please confirm with leader by text, cell, or email.

Fri, Sept 27 - Locust Grove in Poughkeepsie. Easy, 2-2.5 mile woods walk

Leader: Georgette Weir georgette.weir@gmail.com

Meet time: 9:30 at Locust Grove on Route 9. Enjoy autumn views of the gardens, woods, and Hudson River. Confirm with leader.

Sun, Sept 29 – Inwood Hill Park, Manhattan – Class C, about 3 miles

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com

Home to the only forest on Manhattan Island and the only remaining salt water marsh. We will hike on the blue and orange trails that will take us through the heart of the park's wild forest with lovely views of the Hudson River, Palisades and Spuyten Duyvil Creek and the Henry Hudson Bridge. We will see the spot where Native Americans "sold" Manhattan Island to Peter Minuit. If time permits, we will visit the nearby Dyckman Farmhouse and Museum, the oldest farmhouse in Manhattan. Meet at 1:00 pm at the end of 207th Street.

Directions: Take the 10:50 am Metro-North train from Poughkeepsie or 11:08 am from Beacon to New York. Transfer at Tarrytown and take the 12:13 pm local train to New York. Get off at the University Heights station. Walk up the stairs and take the University Heights Bridge across the Harlem River into Manhattan. This is 207th Street. Continue on 207th Street about a half-mile to the end where the entrance to the park begins. Look for a yellow "End" sign. Bring picnic lunch, sunscreen and long pants. Heavy rain cancels. Confirm with Leader.

