AND THE HONOREES ARE...

Our Outstanding Volunteers for 2019

by Georgette Weir

Our Mid-Hudson Chapter likes to recognize and honor dedicated volunteers. This year, the board voted to honor three of our members for their outstanding service to our chapter and the club. Eli Cohen, Ginny Fauci, and Lalita Malik are not just very active and effective volunteers, they have twice served as an efficient team in putting together and implementing two separate all-ADK Fall Outing weekends. The awards were announced and presented at our December holiday party, our biggest annual event. Read on to learn more about each of them.

ELI COHEN

Our Mid-Hudson Chapter of ADK has many volunteers who work behind-the-scenes to make things happen. Eli Cohen, our Database Administrator, is definitely one of them.

Eli has continuously provided detailed, accurate, and timely database support to our chapter month after month for many years. This involves keeping our member contact roster up to date, making sure each of us receives the emailings we want—whether the weekly activities blast or the special interest outings alerts such as those for the midweek hikes, midweek paddles, x-country ski outings, or snowshoe excursions.

For two Club-wide Fall Outings— in 2019 and 2015—Eli also tirelessly and accurately implemented the online registration, payment, attendee identification, schedules, leader lists, directions, and many other tasks so numerous and intricate that only he really knows and understands all that he did and does.

In short, Eli is awesome. Our chapter and the ADK Club overall are extremely fortunate to have Eli as a member and volunteer. The members of our Mid-Hudson Chapter sincerely and humbly extend our utmost appreciation to him.

GINNY FAUCI

Ginny Fauci is possibly the most enthusiastic hiker and one of the busiest hike leaders in our community. For years—10? 15?—Ginny has, with Lalita Malik, led weekly Thursday hikes for Mid-Hudson ADK—conservatively, that’s 520 hikes, give or take. She organizes week-long hike trips for our chapter members to her beloved White Mountains and elsewhere. Each month Ginny solicits a varied schedule of hikes and walks from other Mid-Hudson members and often participates in them. Twice—in 2019 and 2015—Ginny has taken on the task of coordinating three days’ worth of varied outings for the Club-wide Fall Outsing, working closely

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Elected Officers

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<tr>
<td>Chapter Chair</td>
<td>Georgette Weir</td>
<td><a href="mailto:chair@midhudsonadk.org">chair@midhudsonadk.org</a></td>
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<tr>
<td>Vice Chair</td>
<td>Carla Barrett</td>
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<td>Secretary</td>
<td>Annette Caruso</td>
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<td>Treasurer</td>
<td>Ralph Pollard</td>
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<td>Club Director</td>
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Committee Chairs & Other Volunteers

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<td>News Media</td>
<td>Michele Van Hoesen</td>
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<td>Education Chair</td>
<td>Don Urmsont</td>
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<td>Social Events</td>
<td>Carole Marsh</td>
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<td>Webmasters</td>
<td>Jeanette Tully-Baker</td>
<td><a href="mailto:webmaster@midhudsonadk.org">webmaster@midhudsonadk.org</a></td>
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<tr>
<td>Newsletter Editor</td>
<td>Dana Bennet</td>
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<td>Database Admin</td>
<td>Eli Cohen</td>
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<tr>
<td>Outings Co-Chair</td>
<td>Sue Mackson</td>
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<tr>
<td>Outings Co-Chair</td>
<td>Ginny Fauci</td>
<td><a href="mailto:outings@midhudsonadk.org">outings@midhudsonadk.org</a></td>
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<td>Trails Chair; NY-NJ Rep</td>
<td>Tom Amisson</td>
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<td>Water Trails &amp; Paddles</td>
<td>Russ Faller</td>
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<td>Hyde Park Trails Rep</td>
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<td>Meet Up</td>
<td>Jeanette Tully-Baker</td>
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<td>Fall Outing 2019</td>
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NOMINATING COMMITTEE FOR 2020

Every two years our chapter nominates and elects board officers who constitute our executive committee. Nominations are made by a committee appointed by the board. This year, the committee is chaired by Lalita Malik. Other members are Ginny Fauci and Sue Mackson. The committee welcomes recommendations and expressions of interest from members who seek to get more involved. Terms are two years, beginning on January 1, 2021. The election will be held at our Annual Meeting, usually conducted at our Fall Picnic. Nominations will be announced in the summer.

Contact Lalita: lalitamalik@aol.com

The positions to be filled are: Chair, Vice Chair, Secretary, Treasurer, Chapter Directors (2), Club Director (1), Alternate Club Director (1)

There are also other positions and committees that are not elected. Conservation, Education, Outings, Social, Trails are examples of some of these. To learn more about them, contact Chair Georgette Weir, chair@midhudsonadk.org.

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with this year’s other awardees, Lalita and Eli, on this complex annual event.

In January of 2019, Ginny’s experience and Wilderness First Aid training was in large measure responsible for the successful response to a serious fall injury suffered near the top of Mount Taurus by her co-leader, Lalita. In effectively managing the large group, helping to secure Lalita’s safety and comfort during the cold wait for the emergency rescue team, and following up with the necessary victim check-ins and accident reports, Ginny demonstrated outstanding leadership skills.

In short, Ginny not only gives us countless opportunities to enjoy ourselves in nature, she is definitely someone to have around on that rare occasion when emergency strikes. Thank you, Ginny, from all of us who have hiked and will hike with you.

LALITA MALIK

Over the past 15 years, the name Lalita Malik has become strongly connected with our Mid-Hudson ADK Chapter. Lalita has been hike leader and frequent outing participant, Chapter Chair for at least 6 years, another 6 years as a member of the Executive Committee of the state-wide Club’s Board of Directors. With Ginny Fauci, Lalita has co-led hundreds of weekly hikes throughout our Mid-Hudson region and beyond. She has also organized numerous extended hiking trips for ADK Club members both in the US and abroad.

Lalita has been coordinator-in-chief of two Club-wide Fall Outings (in 2015 and – despite being in rehab and recuperation mode for her broken leg and severely damaged rotor cuff – in 2019) working closely with Ginny and Eli.

Never shy, Lalita is a tireless marketer for ADK and recruiter of new volunteers. She has helped grow our chapter in numbers –now over 800. Many of us currently on the board or volunteering in other positions are here because Lalita asked us to get more involved in order to support the club. She has hosted our chapter’s annual planning meeting for a number of years.

Her term on the ADK Board of Directors ended in 2019, but she has already agreed to head up our Mid-Hudson Nominating Committee for 2020.

Lalita, for your tireless, generous and extraordinary service to our chapter and to ADK, the Mid-Hudson Chapter thanks you most sincerely.
 Become an Outings Leader

Do you like to walk/hike/paddle with others? Consider becoming a walk/hike/paddle leader for our Mid-Hudson Chapter. We will help you get started—it is likely easier than you think. Experienced leaders are willing to help you get started. Our chapter even has scholarships available for those who would like to take Wilderness First Aid training. Contact Outings Committee Co-chair Ginny Fauci, outings@midhudsonadk.org.

Welcome These New Members!

Brian Buchbinder, Ron Bugara, Bonnie Chwast, Will and Maxine Coleman, Joanne Gleason, Geraldine Jean, Kasey Malone, Jean Martin, William Okeeffe, Michael Rapp, Bernard Roach, Sean Mayfield, Douglas Comeau, Lisa and William Hagen, John Katomski, Fabia Khan, Rosemarie Milius, Bruce Robertson, Colleen Cremen, James and Elsa Devita, Rebecca Doyle and Maria Espinal, Martin and Sarah Glazer, Joseph Hevsinger, Mitchel Hyman, Benjamin Janes and Sarah Hoskinson, Timothy Knotts, Dexter Lane, Roger and Susan Lipsy, Chris Molella, Araoo Pandya, Tracy Rakin, Brian Rhea, Stephen Scaramuzzo, Joshua and Laurie Baskin, Martin Bayard, Luke Conway, Catherine and Matt Rohr, Dee Solstice

MH ADK 2020 Calendar

Board Meetings: Third Tuesdays at Highland Public Library, 6-7:30 PM. Confirm with Georgette Weir, chair@midhudsonadk.org

Newsletter Deadlines:
May 1, August 1, Nov. 1

Events

April 22, Earth Day
Locust Grove Trail Work, Tom Amisson

May 2, Hudson River Sweep
(our chapter cleans up the lower Wappingers Creek), Russ Faller

May 2, I Love My Park Day
Volunteer at your favorite park

June 6, National Trails Day
Trail maintenance on Mine Hole Trails, Minnewaska State Park, Tom Amisson

June 13, Kingston Paddle Festival
Russ Faller

June 28, Black Creek Cleanup
Russ Faller

September, Annual Meeting
Elections and Picnic (TBD)

September 18-19
ADK Club-wide Fall Outing (Old Forge)

November 15 (to be confirmed)
Annual Planning Meeting

December 13, Annual Holiday Party
at Locust Grove (Carole Marsh)

Don’t Deet Your Gear!

DEET may be good for keeping the bugs off you but there’s one thing that DEET is not good for: your outerwear. According to the National Pesticide Information Center, DEET, a plasticizer, can cause damage to other plastics, including synthetic or treated fabrics. (It won’t damage natural fibers, like cotton or wool.) Spray DEET on a Gore-Tex jacket, for example, and the repellent could break down the plastic polymer that makes up the membrane, the thin layer that keeps your jacket waterproof and breathable. It doesn’t require dumping your jacket in a vat of DEET for this to happen—any prolonged contact with even traces of the chemical can degrade plastic-based membranes and affect the breathability of your coat.

Count Some Eels!

Are you looking for an outdoor volunteer opportunity? The Hudson River Eel Project is seeking community members to help study eels in streams of the Hudson River estuary. The American eel (Anguilla rostrata), a migratory fish, is hatched in European estuaries, including the Hudson River, as tiny, see-through “glass eels” each spring. As a volunteer, you will work in a team with scientists to collect these eels from

Remembering Peggy Fitzgerald

Many in our hiking community were shocked by the death of one of our own—Peggy Fitzgerald—the result of a fall while hiking with a group at the Mohonk Preserve. The group hike, jointly sponsored by the Preserve, Mid-Hudson ADK, and AMC, visited Table Rock, where Peggy slipped on ice and slid to a fall. Peggy was an experienced hiker and long-time member of numerous outdoor organizations, including ADK, AMC, and the NY-NJ Trail Conference, where she frequently volunteered with the Invasives Strike Force, an invasive plant control team. Her long-time hiking friend and local outings leader Marty Carp organized and led a memorial hike at the Preserve on January 1st attended by 35 hikers.

BLUESTONE WILD FOREST UPDATE

Efforts continue to Protect Bluestone Wild Forest, Onteora Lake and Pickerel Pond in the Town of Kingston

ADK members are among those closely following a proposal to build a large concrete manufacturing site on private land nestled amidst the popular Bluestone Wild Forest, a section of the Catskill Park just three miles north of the Kingston/Thruway traffic circle in the Town of Kingston (see our fall issue, available online, for more details). The topic, officially known as 850 Route 28 Project, is expected to be addressed at the March 16 meeting of the town’s planning board. Catskill Mountainkeeper (catskillmountainkeeper.org) and the Woodstock Land Conservancy (woodstocklandconserverancy.org) are two organizations most engaged in the issue. Visit their websites for updates and to get involved.

www.midhudsonadk.org
specialized nets, count the fish one-by-one, weigh them in groups, and release them to habitat upstream. You will also help collect and record water temperature and water-quality data.

Eels are counted in 15 streams from Staten Island to Troy. The field work takes place from March through May, and schedules are flexible. Training and all gear are provided. For more information, visit DEC’s website or e-mail: eelproject@dec.ny.gov.

**VISIT THE VISITOR’S CENTER**

If you’ve never visited the Catskills Visitor Center (formerly the Catskill Interpretative Center) on Route 28 in the Town of Shandaken, now’s a great time to do so. They have a full calendar of outdoor events scheduled for spring and summer and tons of maps and information about hiking and paddling in this vast wilderness. Inside the Center there are exhibits dealing with the ecology of the Catskills and a well-stocked gift shop with lots of interesting books and trail guides. Outside are three easy trails and a newly restored 80-foot fire tower from which you get a nice view of Mt. Tremper, Ashokan High Point, and the Phoenicia East Branch Trail. For more information and a listing of upcoming events, go to catskillinterpretivecenter.org.

**GET TO KNOW THE NATIVES**

At up to 75 feet tall with a 35-50-foot spread, the yellow birch (Betula alleghaniensis) isn’t just the largest birch species in New York State, it’s also one of the largest hardwoods in the Northeast. When mature, this sturdy giant is easily recognized by its silvery bark that peels away from the tree in thin, curly strips. In fall, it lives up to its name with brilliant yellow foliage. Throughout all seasons, the yellow birch is a favorite among many wildlife species. In late winter, the tree’s small cones release their seeds, providing a snack for birds such as pileated woodpeckers, ruffed grouse, chickadees, and more. Deer enjoy browsing the seedlings year-round, and porcupines and beaver graze the bark. Even humans take pleasure in this tree through the wintergreen scent of the twigs.

Looking to plant yellow birch on your property? This tree prefers moist, well-drained acidic soils in full sun or partial shade.

The DEC’s annual Saratoga Tree Nursery native tree and shrub seedling sale is happening now through May 15. Dozens of native tree and shrub species will be available for purchase at extremely low cost. There are some interesting-looking Mixed Species Packets, including a Pollinator Packet and a Wildlife Habitat Packet. Browse this year’s selection on the DEC website, place your order by phone for the most up-to-date species availability information and arrange for either pick up or shipping.

**OPPOSUMS ARE YOUR FRIENDS**

Unlike other mammals that carry ticks and spread Lyme Disease, opossums gobble up 90% of the ticks that attach to them. According to the National Wildlife Federation, a single opossum consumes 5000 of the parasites per season. They also eat snails, slugs, spiders, cockroaches, rats, mice and snakes, which makes them sort of a living, breathing form of pest control.

Leader: Russ Faller, 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

Help us with our annual clean-out of the Black Creek in the Town of Lloyd. Mid-Hudson ADK has been maintaining this beautiful watertrail each year since we helped the Lloyd Environmental Conservation Council open it in the 1990s.

We’ll spend a few hours of typically light water trail maintenance, then take an optional pleasure paddle on the creek.

Bring canoes/kayaks, paddling gear, lunch, water and tools such as loppers, saws, rope, garbage bags, work gloves. If you don’t have these tools, the leader can provide loaners. If you don’t have a boat, the leader can loan you one. Contact him.

Meet at 10 AM in the parking area on the SW side of the bridge over the Black Creek on Rt. 299 in Ulster County. (Look for sign announcing Black Creek Launch.) This is about six miles east of New Paltz, NY, or about one mile west of the junction of Routes 9W and 299.

RSVP with leader to let him know you’re coming and to confirm that clean-out is on.

Join us for the Black Creek Paddle & Clean-out

June 28, 2020

www.midhudsonadk.org
Nov 23  Burger Hill and Ferncliff Fire Tower

Luckily this Saturday was sunny and above freezing, making for a pleasant romp up Burger Hill and a lovely stroll through Fernwood Forest. There were three of us on the Hill Trek, and we joined three more for lunch and the circle hike through Fernwood Forest. Jeanette even climbed to the top of the fire tower and took snaps to share with us ground dwellers. Leader Annette Caruso with Shirley Freitas, Margaret Douglas, Jeanette Tully-Baker, Carol Gray, Carol Lee.

Dec 4  Quick Response X-C Ski #1 Minnewaska State Park

We had our first quick response x-c ski of the season at Minnewaska. It came earlier than expected and conditions were excellent. The Sunday-through-Monday storm dumped about 16 inches of fresh snow on the Shawangunk Ridge, and the Minnewaska groomers did a top-rate job creating a first-class skiing experience. We skied the classic loop from Lake Minnewaska to the Lake Awosting Overlook, where we stopped for lunch. From there we climbed to Castle Point and then glided down to Lake Minnewaska. Laurie summed it up as she exclaimed, "What a great day!" The views from Castle Point and along the ridge were moody—low hanging charcoal grey clouds on a bed of fog. Skiers were: Marty Carp, Pete Cantline, Lissa Runyon, Tom Amisson (all ADKers), Laurie Wolko (guest) and the leader, Russ Faller

Dec 6  Fahnestock State Park

Four hardy souls enjoyed a snowy hike up, along, and down Round Mountain on an overcast, but not-too-cold wintry day. The snow was not deep enough to call for snowshoes, but microspikes proved handy. The extra effort of plodding through snow led us to shorten the planned 7.5-mile hike to 4.5 miles. We were all glad for the chance to be out and walking in the woods. Margaret Douglas, Marsha Kramer, Peggy Fitzgerald joined leader Georgette Weir.

Dec 8  Quick Response X-C Ski #2 Minnewaska State Park

Only two of us came out to enjoy the fabulous snow at Minnewaska before the big meltdown and rain predicted for Monday and Tuesday. We did the Hamilton Point/ Castle Point loop this time. Not only was the skiing as great as it was right after our unusually early snow storm the beginning of the week; the views were non-stop. The sky was decorated with high clouds of lavender-gray and creamy yellow in a zebra-like pattern. The flats between the Shawangunk Ridge and the Hudson Highlands stretched before us almost the entire 4.5-hour ski. We were glad we were able to make one last ski before the temps hit the mid-fifties (which they did on Tuesday), turning this extraordinary snow into slush. We also knew that the drop in temps forecast for the next couple of days would freeze that slush into an icy hardpack. Not at all good for skiing. The lucky skiers were: Marty Carp and the leader, Russ Faller

Dec 22  Ashokan Rail Trail

We met at the Woodstock Dike Parking Lot at 11 AM. The day was sunny and cold. There were two other participants besides the Leader. We put on our spikes and walked on the new Ashokan Rail Trail heading west with beautiful views of the...
Ashokan Reservoir from the Glenford Dike. There was enough of a base of snow to make the walk very pleasant and not slippery. We walked a total of about five miles. Charlotte Manor, Annette Caruso and leader, John Ragusa.

Dec 28 Locust Grove Walk
A beautiful, springlike morning (well, early spring) brought 15 hikers to Locust Grove in Poughkeepsie for a short stretch of the legs in the midst of the winter holidays. Thankfully, rain and above-freezing temperatures had eliminated slick trail ice that leader Georgette Weir encountered less than 48 hours earlier. There was just one spot where folks put on microspikes. We started and finished our walk before the sun turned the trails to mud. A nice break between gray and rainy days.

Jan 1 Vassar Walk
There was creamy cheesecake, and delicious lemon meringue pie, holiday tea, many, many enticing Christmas cookies, corn and oat bread, and chocolate-y, fudge-y brownies. But, before all that, we walked down College Ave—14 members and 2 guests—on the grey, cold, but not freezing, raw, winter day. In groups which were fluid, we walked past the usual sites on the Vassar Campus—the library, art gallery, chapel, the new science bridge building, the new observatory and the old one, where Annette snapped a group photo. Unfortunately, on New Years Day the buildings’ beautiful interiors are hidden from view. Then a brilliant blue sky peeked from the clouds, which lightened things up as we returned to warmer quarters for refreshment and a cozy and friendly first day celebration at the leader, Sue Mackson’s, home.

Jan 5 Bear Mountain Walk
A cold, windy, somewhat overcast day, but no snow underfoot. Went through Fort Montgomery, and around Hessian Lake (with a brief stop at the Bear Mountain Inn), followed by the carousel, skating rink, elk head statue, Nature Center, and Trail-side Museum. Three intrepid hikers were Jo Ann Norris, Ellen Kelly, and Charlotte Mann, together with the leader, Lou Rudisch.

Jan 10 Fahnestock State Park
Gray, damp conditions did not stop seven ADKers from joining Georgette Weir for a moderate four-mile loop hike at Fahnestock State Park. The morning excursion followed the old Perkins access road, then up half a mile to turn south on the Fahnestock Trail, before descending back down on the eastern stretch of the newish Round Hill bypass trail. The group finished before lunchtime. Joining Georgette were Martha Rabson, Margaret Douglas, Charlotte Mann, Charlie Strugatz, Jean McAvoy, Dave Webber, and Pat Califano.

Jan 11 Fahnestock State Park
We met at the Dennytown Road trailhead for a five-mile hike on the Catfish loop. We were prepared for microspike conditions, but instead, enjoyed a surprisingly springlike day, with 50-60 degree temperatures and lots of sun. The trail was moderate but interesting, passing through several hilly spots, ledges, boulders, small streams and rock walls. With the leaves down and clear conditions, we had many panoramic views, especially of Storm King and other areas over the river in the western Hudson Highlands. Participants: Carol Venezia, Denise Surman, Margy Berger, and Mike Rapp, with leader, Barry Skura

Jan 12 James Baird State Park
Six ADK members enjoyed a warm, sunny day, taking full advantage of the January thaw for an easy hike on the red, blue, yellow trails in James Baird state park. Originally advertised as snowshoe/optional x-country ski, there wasn’t any. But the hike was pleasant and it was nice
to enjoy a spring day in midwinter. John Ragusa, Shirley Freitas, Ellen Kelly, Connie Haven, and JoAnn Norris joined leader, Annette Caruso for the trek.

**Jan 19 Wilderstein**

We met at the parking lot of the Wilderstein estate at noon. It was a beautiful winter day: partly sunny, not as cold and a fresh coating of snow. There were 19 participants, including the leader. The leader first gave a short history of the Suckley family and of the estate. We then put on our microspikes and headed onto the trails, making the first trek through the fresh snow. We stopped at various points throughout the hike and learned more about the estate, reading the information plaques along the way. We gathered in front of the beautiful Queen Anne-style mansion for a snack, then made our way to the carriage house and back to the parking lot. The hike was a little more than a mile. Leader, John Ragusa.

**Jan 17-20 Go With The Snow” - Tug Hill - MLK Weekend 2020**

It seems every winter gets warmer, and every MLK weekend we’re kept in suspense over conditions. “Will this be the first time we have to cancel because of no snow?” Like the year before last, we came close to getting washed out completely. By the Wednesday before the trip, The Hill was down to bare ground. But then the Lake Effect Snow Machine cranked up Thursday night, and our ski weekend was saved. We enjoyed excellent skiing all three days.

Saturday we went to the Osceola-Tug Hill XC Ski Center to take advantage of Hugh’s great grooming. The day started out with about six inches of fluffy powder on pretty much bare ground, which we had to ski with caution. But a few inches of heavy, dense snow fell through the day, which improved conditions for us. The skiing got really good by early afternoon.

We were expecting a full-on lake effect snowstorm Saturday night, but that never materialized. However, we found a good 8 to 10 inches of settled cover in the Wi-nona State Forest for our Sunday skiing. We even got to do a little bushwhacking off-trail, breaking trail for about half-a-mile through the velvetly smooth, heavy powder. That was nice.

We split into several groups on our way home Monday. Three of us went up to the Barnes Corners Ski Trails, where we found 8 to 12 inches of dry, fluffy powder on a thin base of old crust. We broke trail most of the day, but the light snow was easy to push around. It was a nice sunny day, perfect for taking in the views into Inman Gulf. Other participants visited nearby ski destinations south of Syra-cuse, which had received the lake effect snow Saturday night. Good skiing was had by all.

As usual, everyone contributed fantastic food for our potluck suppers, and lots of it. We ate like royalty. Harris Lodging is a fine place to host a large-ish group outing, with a full kitchen and comfortable beds, including clean linens and towels provided by the house.

The outing was another smashing success. You gotta love that lake effect. It came through for us once again. Ten+ years in a row, and counting!

**Jan 22-24 Lapland Lake Getaway**

Our mid-January two-night trip to Lapland Lake Nordic Center in the southern Adirondacks was incredibly lucky in that we had snow enough for x-country skiing and snowshoeing and good weather—no wind and not too cold, but cold enough to enjoy the outdoors. Six joined organ-izer Georgette Weir for three days of winter fun and copious delicious food in our 4-bedroom cabin, complete with wood stove. Participants: Adrienne Scivolette, Ginny Fauci, Margaret Doug-las, Denise Sherman, Mary Williams, and Jean-Claude Fouere, organizer, Georgette Weir.

**Jan 26th Red Wing Recreation Area**

It was a sunny day with gusts of wind off and on. Red Wing is a relatively unknown gem with a nice trails around a lovely pond with rocks and native vegetation. Al and Sue joined us for a walk on the entry trail. Then Jeanette and JoAnn joined me as we climbed about 400 feet to the park’s overlook with picnic benches and views of the nearby Clove Valley and as far away as Hudson Highlands and Mt. Beacon. After a gentle descent on a carriage road, we walked around football fields, a training course and the pond, where the sun shimmered like silver. We topped off the afternoon at Zoës Ice Cream Barn for fresh, homemade soups and sandwiches and ice cream made with local milk. A lovely easy hike. Participants: JoAnn Norris, Jeanette Tully Baker, Al Poezel, Sue Mackson and the leader, Lalita Malik.

**Feb 17 Falling Waters**

Fourteen outdoor enthusiasts enjoyed a mostly sunny day at Scenic Hudson’s Fall-ing Waters Preserve. We were especially glad to see youngster Jasper there with his grandfather. The frozen waterfalls and sparkling Hudson River with its barges provided extra interest to a beautiful place. It was clear Scenic Hudson had performed recent difficult trail work to help ensure a safe and dry trail. Thank you Scenic Hudson! Leader: Carla Barrett.
Save the Date!

Saturday, April 25th, 10 AM to 2 PM
Hyde Park Trails “Walkabout”
Kickoff at the Wallace Center.
The new 2020 patch will be introduced, and there will be a guided hike. Details to follow in ADK emails.

Stay Connected...

Adirondack Mountain Club: www.adk.org
Mid-Hudson Chapter: www.midthudsonadk.org
NY–NJ Trail Conference: www.nynjtc.org

To make a change of address, phone, or email, send a message with specifics to adkinfo@adk.org or call 1-800-395-8080 x2

To be included in the Mid-Hudson Chapter email list or to change your email, please send a message to ebc12533@yahoo.com