



August 2020

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

### MHADK OUTINGS SCHEDULE AUGUST

We resumed our outings starting July 1st. Our outings are open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leader: Ginny Fauci, [gefaucci@gmail.com](mailto:gefaucci@gmail.com) 845-399-2170. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription

**MID-WEEK PADDLES** – Leader: Glenda Schwarze, <mailto:schwar582@aol.com>. She will lead quiet water 2 hour paddles with beach put-ins. Starting in July they will be held on the 2nd and 4th Thursdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription.

**TUESDAY EVENING PADDLES** – Leader: Dave Webber, <mailto:webberd1@yahoo.com>, 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening and Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription preferences and select Kayaking.

**Fri, Aug 7, Fahnestock S.P. Morning Loop Hike. B+, 5.5-6 miles, with some up and down.**

**Leader: Georgette Weir, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

We will hike the Appalachian and Three Lakes Trails.

MUST confirm with leader For meeting place, time and group size.

**Sat, Aug 8 – East Mountain via Round Hill Bypass. Class B, 6 miles.**

**Leader: Barry Skura, <mailto:barry.skura@gmail.com> or 646-734-1908**

Cool 6 mile hike in less traveled section of Fahnestock, parking and hiking away from the crowds. Mellow pace, with about 1000 feet elevation gain. After initial climb, enjoy a relatively new and pretty trail under the canopy. Refresh your hot feet at scenic waterfall. Steady but moderate climb of East Mountain, with some nice views at the top. Pass old homesteads, an abandoned school house and stone property walls. Route may vary on return, based on group interests and temperature. If you have not already read the Mid-Hudson ADK Covid safety statement, please do so now. It is available on the chapter website and from the leader. You must bring a face mask, hand sanitizer, personal first-aid kit and pen. We will be practicing social distancing on the trails. Bring at least 2 liters of water, lunch and snacks. Due to MHADK COVID-19 Guidelines, we will not share any snacks or equipment, nor will we car pool. You must pre-register by 9 PM, Thursday August 6. When you are pre-registered, the leader will give you the time, meeting place and any last minute details. The group size is limited to 6 additional hikers.

**Sat, Aug 8 - Sun, Aug 9 - Overnight kayaking on the Hudson River**

**Leader: Russ Faller, <mailto:russoutdoors@yahoo.com>**

Due to recommendations to avoid car shuttling during the Covid-19 pandemic, we'll do another out-and-back kayak/camping trip on the Hudson River. We will go to whichever location was not done on July 18-19.

The two locations are as follows. The first is camping on an island (with a hiking trail) almost mid-river off the Staatsburg, NY, shore.

Swimming is great here. Day paddles include exploring the mouths of Black Creek and Indian Kill then visiting an 1872 lighthouse, where a keeper had two pet skunks! The other paddle is a Gilded Age mansions boat tour, with stops at some mansions. The other choice is camping on a different island off the shore of Stockport Station, just N of Hudson, NY. Day paddles include (1) up a tributary to a waterfalls, then into a marsh and, possibly, visiting an 1874 lighthouse and (2) visiting the ruins of an 1885 Hudson River ice house and, then, Rattlesnake Island. This trip is for experienced paddlers who feel comfortable paddling with large barges and ocean-going freighters. Occasionally, the Hudson gets rough and windy. If this happens, we'll stay close to shore or even get off the water. We plan to cross the river on these day paddles.

Kayaks must be a minimum of 13.5 feet and have dual bulkheads. Bring an extra paddle, bilge pump, spray skirt, your own first aid kit and other gear. Gear will not be shared. Canoes will be considered, but paddlers must be able to keep up with typically faster sea kayaks. PFDs must be worn while on the water.

Each participant is responsible for their own food, drink and cooking gear. There will be no communal kitchen due to the pandemic.

Participants will need to pack drinking water for the weekend, rather than drawing water from the Hudson. Social distancing will also be enforced, e.g. tents at least 6 feet apart, people 6 feet apart while sitting around the campfire, cooking, etc. The only exception will be members of the same household.

Deadline to register is Aug 1. Limited to 6 additional paddlers and will conform to the Mid-Hudson ADK COVID-19 guidelines which can be found on our website. Contact leader Russ Faller for location, meeting place, time and group size.

**Fri, Aug 14 - Acra Point loop, Escarpment Trail/Long Path, northern Catskills. 6 miles B+**

**Leader: Sharon Klein, 845-255-1045 (text only) or <mailto:musicwithoutwalls@gmail.com>**

This hike is moderate but not a beginner hike. Typical Catskills with rugged terrain, elevation gain and possible short scrambles. Lunch at the view point. Must confirm by text or email to leader at least 2 days before for meeting place, time and group size.