



MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

September 2020

MHADK OUTINGS SCHEDULE SEPTEMBER 2020

We resumed our outings starting July 1st. Our outings are open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 (text preferred) or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

EVENING PADDLES – Through mid-October. Leader: Dave Webber, webberd1@yahoo.com , 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening and Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription preferences and select Kayaking.

MID-WEEK PADDLES – Through mid-October. Leader: Glenda Schwarze schwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. They will be held on the 2nd and 4th Thursdays of every month ending mid-October. To add your name to the Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription.

Tues, Sept 1 - Giant Ledge from Woodland Valley/Phoenicia, 6.5 miles A-
Leader: Sharon Klein, 845-255-1045 by text or email MusicWithoutWalls@gmail.com

We will hike to one of the more popular and spectacular views in the Central Catskills from the Woodland Valley campground, where I will be staying in my pop-up RV for 5 days from 8/31-9/5 and doing various hikes. There is room for one more tent. Anyone wanting to camp with me is welcome with advance notice. This will be a hike of about 6.5 miles with some short scrambles and steep uphill. Rough and rocky terrain with the lush green forest typical of the Catskills. After the hike, we will return to my campsite for food and liquid refreshment. I've booked a streamside site, so there'll be ample ways to cool off. This will be a great way to end the summer and head into Fall hiking. MUST confirm with leader 2 days before the hike, limited to 6-8 hikers.

Fri, Sept 4 - Morning ramble at John Burroughs Nature Sanctuary in West Park. Moderate 4-ish miles; beautiful woods and trails, Black Creek cascade.

Leader: Georgette Weir, georgette.weir@gmail.com.

MUST confirm with leader for time, meeting place and group size. Covid guidelines apply.

Sat, Sept 5 - Easy walk Vanderbilt Manson trails Hyde Park NY. C approx. 3 miles

Leader: Sayi Nulu, sayileela@gmail.com 845-264 2270 (text preferred)

Starting at the visitor center parking lot we will walk to the mansion and circle it and head towards the gardens. After checking out gardens we will start on our trail which starts at the corner of gardens. We will take a snack/lunch break at Bard Rock where we will be on the shore of Hudson River. Most of the trail is flat, occasionally small incline. We will return to the parking lot. Bring water, snacks and dress for the weather. MUST confirm with the leader for time, meeting place and group size.

Sat, Sept 12 – North/South Lake loop, Escarpment Trail.

Leader: Sharon Klein, by text 845-255-1045 or email Musicwithoutwalls@gmail.com

We will hike to numerous view points in this historic area, passing the sites of of the historic Catskill and Kaaterskill mountain house hotels. 7 miles B+ MUST confirm with hike leader at least 2 days before the hike for details. Limited to 6-8 people.

Sun, Sept 20 - Jenny Lane, Blueberry Run, Rainbow Falls end-to-end, moderately strenuous, 8-12 miles

Leader: Roberta Forest 845-750-7059

We will hike three separate trails from end to end starting with Jenny Lane, then Rainbow Falls. From there we'll walk to Castle Point and the beginning of Blueberry Run which we will hike back to our cars. This hike will include a lunch stop. Bring sufficient water. There will be many scenic views along the way. We're looking at an early start as Minnewaska parking areas fill quickly on the weekends. MUST confirm with leader by Friday 5 pm for time, meeting place and group size. Rain or very high temperatures will cancel.

Sat, Sept 26 - Sugarloaf Hill and White Rock. Class B+ 6 miles.

Leader: Barry Skura, barry.skura@gmail.com or 646-734-1908

Enjoy some of the sweetest Hudson Rivers views, including West Point, Storm King and other landmarks from Bear Mountain Bridge on north. Hike portions of AT, Sugarloaf Hill, Osborn loop, Carriage Connector trail, Lake Lucretia and White Rock paths and other interesting trails and woods roads. Option of short bushwhack at the end. If you have not already read the Mid-Hudson ADK Covid safety statement, please do so now. It is available on the chapter website and from the leader. You must bring a face mask, hand sanitizer, personal first-aid kit and pen. You MUST confirm with the leader for the meeting place and time. Pre-register by 7 PM, Friday September 11. The group size is limited to 6 additional hikers.