



October 2020

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

### MHADK OUTINGS SCHEDULE OCTOBER 2020

We resumed our outings starting July 1st. Our outings are open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 (text preferred) or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

**EVENING PADDLES** – Through mid-October. Leader: Dave Webber, webberd1@yahoo.com , 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening and Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription preferences and select Kayaking.

**MID-WEEK PADDLES** – Through mid-October. Leader: Glenda Schwarze schwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. They will be held on the 2nd and 4th Thursdays of every month ending mid-October. To add your name to the Mid-Week paddle list, go to the bottom of the weekly e-mail to update your subscription.

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#### **Fri, Oct 2 - North Point, Stoppel Point, Escarpment Trail, Northeast Catskills.**

**Leader: Sharon Klein, Musicwithoutwalls@gmail.com or text only 845-255-1045**

This is a moderate-strenuous out and back hike of about 8.75 miles in the North/South Lake area. Some short scrambles, rugged and rocky terrain. Rated A-. There is a plane crash site at Stoppel Point and spectacular views at North Point. MUST confirm with leader at least 2 days before the hike for meeting place, time & group size.

#### **Sat, Oct 3 - Stonykill Farm -- easy walk 3 miles**

**Leader: Sayi Nulu, sayileela@gmail.com mobile 845-264-2270 (text preferred)**

We will do both the inner and outer loop of Sierra trail loop. It should be an easy walk with some ups and downs. Bring water, good shoes and hiking poles if you are not sure. Location and meeting time will be given when you contact the hike leader. Link to the map: <http://stonykill.org/programs/trails>

#### **Sat, Oct 17 – Annual Fall Foliage Hike at Minnewaska, 7-9 moderately strenuous miles at a moderate pace.**

**Leader: Roberta Forest, robertaforest@gmail.com**

We'll be following a well trod circular route which will keep us on the trail for a good part of The day. Bring enough water and food for the day. We'll have a lunch break at Gertrude's Nose or nearby, depending on crowds. MUST confirm with leader for meeting place, time and group size. This is a popular hike, so sign up early, as group size is limited

**Sun, Oct 18 - Fishkill Ridge Overlooks. Class A- 6.3 miles, 1774 feet.**

**Leader: Barry Skura, [barry.skura@gmail.com](mailto:barry.skura@gmail.com) or 646-734-1908**

Enjoy Fall Foliage from high in the Hudson Highlands. We will hike the Overlook and Fishkill Ridge trails, with super views of the Hudson River, Beacon, Gunks and various local gems – even the distant NYC skyline. Steep climbs, but well worth the effort. The climbs will be balanced by a toned down pace. We will be rewarded with spectacular views from Fishkill Ridge. On the way down, we will pass (and learn the “story” behind) the remains of an airplane that crashed along our route in 1945.

If you have not already read the Mid-Hudson ADK Covid safety statement, please do so now. It is available on the chapter website and from the leader. You must bring a face mask, hand sanitizer, personal first-aid kit and pen. You MUST confirm with the leader for the meeting place and time. The group size is limited.

**Fri, Oct 23 - Fahnestock State Park hike**

**Leader: Georgette Weir, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

Approx 8 miles, moderately strenuous. We will start from Hubbard Lodge on Route 9, Cold Spring, hike up School Mountain Road (a woods road), turn left onto Hubbard Loop, then back onto School Mountain Road to East Mountain Loop. We will climb East Mountain (about 400 feet elevation gain), come down and cross School Mountain Road to Perkins Trail, then turn off onto the Fahnestock Trail, heading south over Round Hill and back. Contact leader for meeting time. Covid guidelines apply.

**Fri, Oct 23 - Platte Clove to Roaring Kill Rd over Indian Head and Twin Mountains short bike ride + approx. 8 miles hike.**

**Leader: Jean-Claude Fouéré, [jcfouere@gmail.com](mailto:jcfouere@gmail.com)**

A short bike ride shuttle will allow us to hike along this point-to-point trail which offers numerous viewpoints. Refer to Trail Conference map 141. MUST confirm with leader by Wednesday 21 for hike detailed information and start time.

**Sat, Oct 24 – Chadwick Lake Park Walk, Newburgh, NY, Class C, 4 miles.**

**Leader: John Ragusa, 917-692-1159 or [jrjr1059@msn.com](mailto:jrjr1059@msn.com)**

We will walk on a beautiful trail around the perimeter of Chadwick Lake in the Town of Newburgh during the peak of the Fall foliage season in our area. Chadwick Lake is a reservoir supplying water to the Town of Newburgh. It was created in 1926 by damming the Quassaick Creek. The reservoir is used as a backup to the NYC water supply. It is located immediately to the northwest of the junction of State Routes 32 and 300 in the Cronomer Valley section of Newburgh. Please contact Leader for time and meeting place. Hike will be cancelled if there are no takers. Bring a picnic lunch. Max of 8 people.

**Sun, Oct 25 - River to Ridge trail, New Paltz. (5 optional 6 miles) C+**

**Leader: Annette Caruso, [annettecrs@gmail.com](mailto:annettecrs@gmail.com) 845 891-3361**

We will hike the moderate nicely groomed wide River to Ridge trail loop, about 5 miles with an optional last mile to the river and up to town for lunch.

Bring water, snacks, and dress for the weather.

MUST confirm with leader for meeting place, time and group size.

**Sat, Oct 31 - Halloween Hike: Overlook Mountain and Echo Lake**

**Leader Sharon Klein, email: [Musicwithoutwalls@gmail.com](mailto:Musicwithoutwalls@gmail.com) or text (no phone calls) 845-255-1045.**

Let's hike to the ghostly ruins of the Overlook Mountain House hotel, Overlook Mt. fire tower and beyond, to Echo Lake. Relaxed paced hike of about 8.8 miles (B+) with a steady climb up to the top of Overlook Mountain. If the fire tower and cabin are open we will be able to climb the tower and enter the historic cabin. We will then hike the plateau out to Echo Lake and back the way we came. Hike leader reserves the option to shorten the hike to just Overlook mountain, depending on group ability and weather conditions. Halloween masks/costumes optional. MUST register at least 2 days before the hike. Time and meeting place will be disclosed at that time. Group size is limited.