



MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

December 2020

MHADK OUTINGS SCHEDULE DECEMBER 2020, FINAL

We resumed our outings starting July 1st. Our outings are open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

QUICK RESPONSE CROSS COUNTRY SKIING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

Good snow doesn't last very long around here. That's why you've got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski List. When there's a good snowstorm, you'll get an e-mail invitation to ski right after the storm ends. This could fall on a weekend or a weekday. If you were on the list last winter, you're still on the list. If you want off the list, contact Russ.

QUICK RESPONSE SNOWSHOEING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

The list is now on Mailchimp. To get on the list, go to the very bottom of one of our emails, click on "update subscription preferences". Mailchimp will then say it will email a link. Click on that. In the email click "update your preferences" and then check snowshoe & save. When there's a good snowstorm, Ginny will send an e-mail invitation to snowshoe after the roads are cleared. It could be a weekend or a weekday. Leader: Ginny Fauci, gefauci@gmail.com

Fri, Dec 4 – Fahnestock Flashback. Class B 6.5 miles, 500 feet.

Leader: Barry Skura, barry.skura@gmail.com or 646-734-1908.

Join Barry for the first hike in his "winter hiking series" -- moderate terrain, friendly to hikers that are winter novices. This time, we will have a pleasant walk on some central Fahnestock trails—3 Lakes, Old Mine Railroad, and Appalachian trails. Along the way, we will have a sense of the rural communities that used to dominate this region. We will hike on their woods roads, and see old stone walls and foundations, historic mine pits, and even a civil war era railroad bed. We will also pass scenic lakes and lush swamps. If you have not already read the Mid-Hudson ADK Covid safety statement, please do so now. It is available [on the chapter website](#) and from the leader. You must bring a face mask, hand sanitizer, personal first-aid kit and pen. You MUST confirm with the leader for the meeting place and time. The group size is limited to 8 additional hikers.

Fri, Dec 11- Fahnestock S.P.

Leader: Georgette Weir, Georgette.weir@gmail.com

Moderate loop hike, approximately 4 miles on Perkins Access, Fahnestock, and Round Hill Bypass trails. Must have spikes. Contact leader for meeting time and place.

Sat, Dec 12 – FDR State Park Hike, Yorktown Heights, NY. 3.5 miles, class C

Leader: John Ragusa, 917-692-1159 or jrjr1059@msn.com

We will hike on the yellow, white and green trails through deciduous forests and observe old CCC campgrounds. Since the official season has ended, there will be no entrance fee for parking. Contact Leader for meeting time and place. Hike limited to 8 people. Bring hiking boots (some trails might be wet and muddy), water, and lunch. If no interest, hike will be cancelled. Heavy rain cancels.

Sat, Dec 13 – Gertrude’s Nose (*changed from Shawangunk Ridge loop and Buttermilk Falls*)

Leader: Sharon Klein, text only 845-255-1045 or musicwithoutwalls@gmail.com

Gertrude's Nose, Minnewaska State Park, 8 miles B+, moderately-strenuous at a relaxed pace. (this hike has been switched from Shawangunk Ridge due to hunting in the area.) Contact leader for time and meeting place. Hike limited to 8.

Sun, Dec 13 - Valkill (2-3 hours) C

Leader: Annette Caruso, annettecrs@gmail.com or 845-819-8113

We will hike, or snowshoe if conditions are right to Top Cottage and Eleanor’s Loop at Valkill in Hyde Park. Easy grade, some views from the top. Bring water, snacks and dress for the weather. MUST confirm with leader for meeting place, time and group size.

Tues, Dec 15 - Annual Planning Meeting

This will be a virtual meeting over Zoom. Chapter Board Members and Volunteers will discuss the coming year's activities. We encourage participation of any member who wishes to help us plan. Further details to follow. If you plan to attend but are not a board member, please contact Sue Mackson @ suemackson@gmail.com so we can send you a link for the meeting.

Tues, Dec 22 - Nuclear Lake

Leader: Sue Mackson, suemackson@gmail.com 845-471-9892

We will hike along the AT to the lake. Bring a snack or lunch to enjoy while taking in this peaceful non-radioactive body of water. It's around four miles round trip along a woods trail with one or two stream crossings. It's not flat, but no great ascents or descents. Weather and group permitting we might walk around the lake and then return. Must have spikes. Contact leader for meeting time and place.

Sat, Dec 26 - Vanderbilt National Historic Site (*changed from Locust Grove*)

Leader: Georgette Weir, georgette.weir@gmail.com

Changed from Locust Grove since the grounds and buildings are closed until spring.

Enjoy a relaxed 3.2-mile walk at the Vanderbilt estate in Hyde Park. We will walk the loop and include the extension to Bard Rock to enjoy the views from right along the Hudson River. Bring water and snacks; remember to have traction for your feet and a mask for your face. Contact leader for meet time.

Mon, Dec 28 – Mt. Beacon and Scofield Ridge

Leader: Lalita Malik, LalitaMalik@aol.com (845-724-5786)

A spring day in December hike .

Forecast for Monday is for high 40s, a good day to get out and enjoy a beautiful hike with plenty of views. We will hike up to the hotel site for magnificent views, continue to mt. Beacon for even better views, and return via Scofield Ridge and Fishkill Ridge Trail. Appx. 6 miles. Bring water and snacks and lunch; remember to have traction for your feet and a mask for your face. Contact leader for meet time.