



January 2021

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

### **MHADK OUTINGS SCHEDULE JANUARY 2021**

We resumed our outings starting July 1st. Our outings are open to ADK members only. Group sizes may be limited.

Please follow our COVID-19 Safety Hiking/Paddling Guidelines for Outings

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail).

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

### **NEW!! QUICK RESPONSE CROSS COUNTRY SKIING FOR BEGINNERS - GET ON THE LIST NOW!**

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

For beginning cross country skiers, guidance and instruction will be offered at Wilcox Park when snow conditions allow. If interested, send an email now to Eric Harvey at eharvey@fairpoint.net to get your name on the quick response list. When we get good snow, you will receive a short notice email with the particulars of meeting. This could fall on a weekday or weekend. Group size must be kept small, so first come first served will be in effect. You must bring your own equipment.

### **QUICK RESPONSE CROSS COUNTRY SKIING - GET ON THE LIST NOW!**

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

Good snow doesn't last very long around here. That's why you've got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski List. When there's a good snowstorm, you'll get an e-mail invitation to ski right after the storm ends. This could fall on a weekend or a weekday. If you were on the list last winter, you're still on the list. If you want off the list, contact Russ.

### **QUICK RESPONSE SNOWSHOEING - GET ON THE LIST NOW!**

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

The list is now on Mailchimp. To get on the list, go to the very bottom of one of our emails, click on "update subscription preferences". Mailchimp will then say it will email a link. Click on that. In the email click "update your preferences" and then check snowshoe & save.

When there's a good snowstorm, Ginny will send an e-mail invitation to snowshoe after the roads are cleared. It could be a weekend or a weekday. Leader: Ginny Fauci, gefauci@gmail.com

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### **Fri, Jan 1 –New Year's Day Walk at Vassar College Campus, rated C**

**Leader: Sue Mackson, suemackson@gmail.com, 845-471-9892 H, 845-891-7173**

I'm hoping New Year's Day weather will be as lovely as the day I'm composing this--sunny, bright blue sky, no wind, and pleasant winter temp. If it is, or if it's gray, we will walk, for approximately two hours, masked, through the campus empty of students. I'm looking forward to the Beauty Berry Bushes with their stunningly fuchsia colored berries. If sufficient interest, we will also walk down "Zack's Way" to the back of Ecological Preserve property. We'll start around lunchtime. Call in the morning if the weather is "iffy". Contact leader for start time and meeting place. Hike limited to 8. Please carry traction just in case. Will reschedule if rain.

**Tues - Thurs, Jan 5-7 - Adirondacks Snowshoe Hikes, Moderate to Strenuous**

**Leader: ADK 46er Adrienne Scivolette, 845-729-8767 by text, or ADScivolette@gmail.com**

Travel to Saranac Lake/Keene Valley the first week of the New Year to join 3 days of adventures in the North woods. We will enjoy day hikes ranging from 4-8 miles, elevation and distance dependent on weather and trail conditions. There will be at least one Fire Tower hike (climbing icy tower steps not required!) Leader will provide required supplies/gear list to confirmed hikers, so that we can be well-prepared to hike safely in winter conditions. A list of potential accommodations will also be provided but booking reservations is the responsibility of the hikers. All Club Covid guidelines apply. Limited to 8 members.

**Sat, Jan 9 - High Peterskill to Awosting Falls. 6 moderate miles.**

**Leader: Roberta Forest, robertaforest@gmail.com, or 845-750-7059.**

We will be on the High Peterskill Trail both ways. Conditions will determine whether we are in boots, on spikes or on snowshoes. Bring a lunch, snacks, water. Falling rain or snow will cancel.

**Sat, Jan 9 - Roosevelt Woods Trail, Hyde Park. Easy, 3.3 miles round-trip.**

**Leader: Georgette Weir, georgette.weir@gmail.com**

Stretch your legs and enjoy a social walk in the woods. Foot traction (spikes) required.

**Sun, Jan 10 – Vernooy Kill loop; Sundown Wild Forest, Rated B**

**Leader: Sharon Klein, Musicwithoutwalls@gmail.com, or 845-255-1045 (text only)**

This easy winter hike covers 8 almost flat miles of deep conifer forest, passing over streams and culminating with a rest stop at the ever spectacular Vernooy Kill Falls. If we have snow, this is an excellent snow shoe hike as there is little to no elevation gain, just a beautiful stroll on a trail that is hardly used.

**Wed. Jan 20, 7:30-8:30pm - Online Webinar: Winter Hiking Tips to Plan, Prepare, Explore**

**Leader: NY/NJ Trail Conference**

Join the NY/NJ Trail Conference in a free webinar for tips on finding and preparing for successful winter hikes. You must sign up via their website to register and receive the Zoom link.

Click the "Join the Talk" button:

<https://www.nynjtc.org/civicrm/event/info?id=10764&reset=1>

**Fri. Jan 22 - Black Rock Forest hike or snowshoe. Foot traction (spikes) required. A-level, moderately strenuous.**

**Leader: Georgette Weir, georgette.weir@gmail.com**

Plan is for a loop of about 6 miles that will include Black Rock viewpoint. Likely about 1,000 feet of elevation total.

**Tues. Jan 26, 7:00-8:30pm - Online Hiking Skills Workshop - How To Use A Compass (Better)**

**Leader: NY/NJ Trail Conference**

Join the NY/NJ Trail Conference in a donation-based workshop to learn to navigate a hike, avoid getting lost, and how to get back on trail using a compass.

You must sign up via their website to register.

<https://www.nynjtc.org/civicrm/event/info%3Fid%3D10769%26amp%3Breset%3D1>

**Fri. Jan 29 - Stillwater Lake hike or snowshoe. Foot traction (spikes) required. B+ due to likely weather conditions.**

**Leader: Barry Skura, barry.skura@gmail.com, or 646-734-1908.**

Visit a lesser-known gem on the east side of Fahnestock Park. Beautiful but also sparsely used lake and tranquil trails. The surrounding area is good both for novice snowshoers and for intermediate cross-country skiers.

Our plan depends on the weather and trail conditions. Depending on the level of ice, snow, and cold, we will hike / snowshoe between 4 miles with little elevation change or 6 ¼ miles with a little under 800 feet (and a nice view from adjacent ridge). Depending on group interest, the leader would be happy to turn this into a novice cross-country ski trip. Leader will provide additional information on equipment closer to the date of the trip.

In addition to appropriate winter gear, you must comply with Mid-Hudson ADK Covid guidelines

You MUST confirm with the leader for the meeting place and time. The group size is limited to 7 additional hikers.