



## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

**February 2021**

### **MHADK OUTINGS SCHEDULE FEBRUARY 2021, FINAL**

We resumed our outings starting July 1st. Our outings are open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

### **NEW!! QUICK RESPONSE CROSS COUNTRY SKIING FOR BEGINNERS - GET ON THE LIST NOW!**

*(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)*

For beginning cross country skiers, guidance and instruction will be offered at Wilcox Park when snow conditions allow. If interested, send an email now to Eric Harvey at eharvey@fairpoint.net to get your name on the quick response list. When we get good snow, you will receive a short notice email with the particulars of meeting. This could fall on a weekday or weekend. Group size must be kept small, so first come first served will be in effect. You must bring your own equipment.

### **QUICK RESPONSE CROSS COUNTRY SKIING - GET ON THE LIST NOW!**

*(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)*

Good snow doesn't last very long around here. That's why you've got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski List. When there's a good snowstorm, you'll get an e-mail invitation to ski right after the storm ends. This could fall on a weekend or a weekday. If you were on the list last winter, you're still on the list. If you want off the list, contact Russ.

### **QUICK RESPONSE SNOWSHOEING - GET ON THE LIST NOW!**

*(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)*

The list is now on Mailchimp. To get on the list, go to the very bottom of one of our emails, click on "update subscription preferences". Mailchimp will then say it will email a link. Click on that. In the email click "update your preferences" and then check snowshoe & save.

When there's a good snowstorm, Ginny will send an e-mail invitation to snowshoe after the roads are cleared. It could be a weekend or a weekday. Leader: Ginny Fauci, gefauci@gmail.com

### **Thurs.-Fri., Feb. 4-5 - Sled-Packing in the Willowemoc Wild Forest, SW Catskills (Backpacking, too)**

**Leader: Russ Faller 845-297-5126 (before 9 PM), or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

The 14,800-acre Willowemoc Wild Forest in the SW Catskills is not a land of dramatic viewpoints and tall mountains like the High Peaks region to its east. However, the Willowemoc has its own kind of beauty and mystery. It has ponds and trout streams, ruins and artifacts left by the people who lived there in the 18th and 19th centuries. There are trail junctions with intriguing names, e.g. Junkyard Jct., Coyote Jct., Bobcat Jct., Iron Wheel Jct. and Gravestone Jct. And, yes, there really is a tombstone at the latter junction - one to children (11 yrs. & 13 yrs.) who died in a cabin fire there in 1933. The Willowemoc is also made for sled-packing, with a maze of old woods roads with gentle ascents/descents. Total mileage will depend on trail conditions, but will not be more than 14.5 miles, with @7 mi. each day. You can either arrive early morning on 2/4/21 or before dark on 2/3/21 for a 1/2 mile walk to a primitive tent site on a pond. Although

this is a sled-packing trip, backpackers are welcome. This outing is appropriate for 3-season backpackers who want to progress to year-round backpacking. You should also have experience with winter day hiking. The Club's Covid-19 policies will be adhered to on this outing. Please review them at [www.midhudsonadk.org](http://www.midhudsonadk.org).

**Fri, Feb 5 - Verkeederkill Falls, Minnewaska State Park at Sam's B+ Point**

**Leader: Sharon Klein, [musicwithoutwalls@gmail.com](mailto:musicwithoutwalls@gmail.com) or text 845-255-1045**

We will hike out to Verkeederkill Falls through the unique ecosystem of the Sam's Point Preserve's dwarf pine barrens. Depending on the weather and group we may opt to add an extra 2 miles onto the hike with a continuation onto Mud Pond, one of the Shawangunk Ridge's "sky lakes". For this hike I would like to keep some slots open for those who have been waitlisted on my other hikes. If we have snow, this will be a great snow shoe hike. Rain date Feb 6 or 7 if necessary. Time and meeting place to be disclosed to confirmed hikers close to the date. \$10 parking fee or Empire Pass, free for seniors weekdays.

**Sat, Feb 13 – Hudson Highlands Nature Center Hike, Cornwall, NY 3.5 miles, Class C.**

**Leader: John Ragusa, 917-692-1159 or [jrjrj1059@msn.com](mailto:jrjrj1059@msn.com).**

We will hike the Green, Blue and Yellow Trails through meadows, woods and around ponds. If there's snow on the ground, we can snow shoe. Contact Leader for time and meeting place. Heavy snow, ice or rain cancels. Hiking boots and traction devices are required.

**Fri, Feb 19 - Bluestone Wild Forest**

**Leader: Georgette Weir, [Georgette.weir@gmail.com](mailto:Georgette.weir@gmail.com)**

Town of Kingston (3 miles north of Thruway Circle). Moderate (B-B+) hike or snowshoe. 5-6 miles of varied terrain. ADK is actively working with a coalition of groups that aim to protect this land from neighboring development proposals. Must confirm with leader for meeting place, time, and group size.

**Sat, Feb 20 – Napanoch Point via Smiley Carriage Road 7+ miles RT B+**

**Leader: Sharon Klein, [musicwithoutwalls@gmail.com](mailto:musicwithoutwalls@gmail.com) or text 845-255-1045**

We will start the hike at the Berme Road park parking area in Ellenville and make our way up the old Smiley Carriage road, which is more like an old woods road, connecting for a short while with the renovated carriage road, then going off on a herd path to Napanoch Point where we will have fantastic views of the Rondout Valley. This is an out and back hike with about 1500' in elevation gain over 3 about miles. Meeting time to be disclosed to confirmed hikers close to the hiking date. Hike is limited to 8 participants per ADK guidelines. Rain/snow date Feb. 21.

**Sun, Feb 21 – James Baird State Park, (3 - 3.5 miles, 3) C+**

**Leader: Annette Caruso, [annettecrs@gmail.com](mailto:annettecrs@gmail.com), 845 819-8661**

We will hike (or snowshoe if conditions are right) the red trail in James Baird State Park. Its moderate terrain, some small hills, and will be moderate pace. Its ideal for snowshoeing if the weather cooperates. Bring water, snacks or light lunch and dress for the weather. MUST confirm with leader for meeting place, time and group size.

**Thu. Feb. 25 - Wilderness First Aid: What Every Hiker Needs to Know - Online**

**Leader: Appalachian Mountain Club New York-North Jersey (AMC)**

Join the Appalachian Mountain Club (AMC) for this free online presentation of first aid in the wilderness.

*A recording of this even is available on the Appalachian Mountain Club New York-North Jersey (AMC) Facebook page:*

<https://www.facebook.com/AMCNYNJ/videos>

**Sun, Feb. 28 – Lost City Circular. 7 moderate miles.**

**Leader: Roberta Forest, 845-750-7059 or [robertaforest@gmail.com](mailto:robertaforest@gmail.com)**

Route to be determined by weather, ground conditions and need for traction. Ideally, we will go to Lost City, then head down Kings Lane and up again on High Peterskill trail. We'll next head to Compass Rock, and then onward to the Peterskill bridge before heading back to our vehicles. Bring water, a snack and/or lunch, traction such as microspikes. Specifics of meeting time and place will be given a day or two before scheduled hike.