



MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

March 2021

MHADK OUTINGS SCHEDULE MARCH 2021

We resumed our outings starting July 1st. Our outings are open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

QUICK RESPONSE CROSS COUNTRY SKIING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

Good snow doesn't last very long around here. That's why you've got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski List. When there's a good snowstorm, you'll get an e-mail invitation to ski right after the storm ends. This could fall on a weekend or a weekday. If you were on the list last winter, you're still on the list. If you want off the list, contact Russ.

QUICK RESPONSE SNOWSHOEING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

The list is now on Mailchimp. To get on the list, go to the very bottom of one of our emails, click on "update subscription preferences". Mailchimp will then say it will email a link. Click on that. In the email click "update your preferences" and then check snowshoe & save.

When there's a good snowstorm, Ginny will send an e-mail invitation to snowshoe after the roads are cleared. It could be a weekend or a weekday. Leader: Ginny Fauci, gefauci@gmail.com

Wed, Mar 3 – Fri, Mar 5 – Sleeping with the Indian SledPack/Backpack

Leader: Russ Faller 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

We'll pull sleds or carry backpacks about 2 miles to basecamp at the Devil's Kitchen Leanto in the 11,500 acre Indian Head Wilderness on the eastern escarpment of the Catskill Mountains. Day hikes: (1) Indian Head Mtn. [@5 mi., RT; @1272 ft. ascent] on Mar. 3rd, (2) Plattekill Mtn. (bushwhack), Echo Lake & Overlook Mtn. (trail) [@9.5 mi. RT; @1640 ft. total ascent] on Mar. 4th and (3) Kaaterskill High Peak [9.4 mi. RT; 1705 ft. ascent] on Mar. 5th. This area is rugged and inter trail conditions are uncertain, so we may have to modify these hikes. But we'll still enjoy hiking in beautiful surroundings with some dramatic views. This outing is for experienced Winter backpackers who have all the necessary gear. Group size limited to 7 + 2 leaders.

Joint with AMC, so register now if you want to go. The Club's Covid-19 policy will be adhered to on this trip. Please review them at www.midhudsonadk.org.

Fri, Mar 5 – Explore two new short hikes in the lower Catskill Park

Leader: Sharon Klein Email: MusicWithoutWalls@gmail.com

Hike 1: Ticeteneyck Mountain, Shokan. We will hike up a newly blazed trail which goes up the mountain to fantastic views of the Ashokan Reservoir; a high peaks view without the long hike. This hike is about 2.75 miles out and back with about 1000' elevation gain. Rated A for steep elevation

Hike 2: After we get back our cars, we take a 15 minute drive to the Ashokan Quarry trail in West Hurley. We will

discover the ruins of bluestone quarries, old stone buildings and a train depot that was used to bring materials for the building of the reservoir. This is an easy 2.5 mile hike on gentle, rolling terrain, rated C. Gorgeous scenery and forest trails that will not disappoint! Both of these DEC trails have opened in the past year. Rain/snow date Saturday March 6. Hike limited to 8 per club guidelines.

Wed, Mar 10 – Red Wing Nature Trail in LaGrangeville, moderate hike. Signup opens Tuesday, March 2.

Leader: Georgette Weir, Georgette.weir@gmail.com

3ish miles RT, moderate (short but steep hill section). We will hike to the summit of this hill, enjoy the view, pass the cell tower, and wander through the woods and meadows, past two lakes (at least) and walk along a stream. Must confirm with leader for meeting place, time, and group size. Covid group hike guidelines will be followed

Fri, Mar 12 – Fahnestock Surprise — Probably Chimney Top Mountain Foot traction (spikes) required. B

Leader: Barry Skura, barry.skura@gmail.com or 646-734-1908.

Moderate hike somewhere in Fahnestock Park Route and mileage will be decided the week of the hike, depending on likely weather and trail conditions. But most likely will be roughly five miles to Chimney Top Mountain via Catfish loop and Moneyhole Mountain trails. Appropriate for 3 season hikers who are winter novices. But no first time hikers. Leader will provide additional information on equipment closer to the date of the trip. In addition to appropriate winter gear, you must comply with Mid-Hudson ADK Covid guidelines. You MUST confirm with the leader for the meeting place and time. The group size is limited to 7 additional hikers in addition to the leader.

Fri, Mar 19 –Fahnestock Moderate Loop Hike. Signup opens Tuesday, March 9.

Leader: Georgette Weir, Georgette.weir@gmail.com

We will follow the AT south from Dennytown Road to South Highland Road. We will walk up this quiet road about a mile, then take the G, Y, and R trails back to make a loop of about 5 miles. Must confirm with leader for meeting place, time, and group size. Covid group hike guidelines will be followed.

Sat, Mar 20 – First Day of Spring Hike in Minnewaska State Park 5-8 miles B+

Leader: Russ Faller 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

We will start from the abandoned quarry at the end of Shaft 2A Road, climb to the top of Stony Kill Falls. After enjoying the scenery, we'll hike up to the Smiley Carriage Road. We'll follow that to Fly Brook or beyond. We'll return to our cars via the Stony Kill Carriage Road, which takes us to a swimming hole above the falls. We'll retrace our steps from there to our cars. You'll need to register with the leader as ADK policy to limit group size will be in effect. You'll be told the meeting time and given driving directions once you're confirmed by the leader. Do not wait for the last minute to register. ADK Covid-19 policy will be enforced, e.g. facemasks, hand sanitizer, social distancing, no sharing of food, drink or gear (including personal first aid kit) unless you're from the same household. Go to www.midhudsonadk.org for the full policy. Dress for the weather in layers, bring traction devices (microspikes), but not YakTracks, lunch, 2 qts. of water, snacks, etc.

Sat, Mar 20 – Illinois Mountain Hike, 51 Reservoir Road, Highland, NY 4.5 miles, B

Leader: John Ragusa 917-692-1159 or jrjr1059@msn.com

We will hike the red, white and blue trails through deep woods. Some elevation gain, but lots of switchbacks. We will also observe small reservoirs that supply drinking water to Highland. If there's snow, we'll snowshoe, otherwise bring micro spikes. Contact leader for time and meeting place. 8 people max. Must be ADK members.

Sat, Mar 27 – IT'S SPRING! Shawangunk Ridge State Forest, (rescheduled from December) B+

Leader Sharon Klein, musicwithoutwalls@gmail.com or text to 845-255-1045

We will hike up the steep red trail starting from Old Mountain Road, to the intersection of the co-joined Long Path and Shawangunk Ridge trail, taking the loop around back to the SRT and LP for a total of about 7.5 miles. and about 1000; elevation gain. This is very interesting and varied terrain that can be quite challenging in some areas. There is one steep climb of about a mile at the beginning. The rest of the hike is rolling terrain. After the hike we will explore a local waterfall off a hidden path that crosses an abandoned railroad bed. Map 106B NYNJ Trail Conference Shawangunk-Wurtsboro map. Time and meeting place to be disclosed to confirmed hikers close to the date.