



May 2021

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

### MHADK OUTINGS SCHEDULE MAY 2021

Our outings are currently open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, [gefaucci@gmail.com](mailto:gefaucci@gmail.com) 845-399-2170 or Lalita Malik, [Lalitamalik@aol.com](mailto:Lalitamalik@aol.com) (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

**MID-WEEK PADDLES** – Leader: Glenda Schwarze [schwar582@aol.com](mailto:schwar582@aol.com) She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.



Sat, May 1 or Sun, May 2 - Love My Park Days

Volunteer at your local park.

Register at <https://www.ptny.org/events/i-love-my-park-day>

**Fri, May 7- Sugarloaf, Catskill 3500' 7 miles, 1780 elev gain A**

**Leader: Sharon Klein, [MusicWithoutWalls@gmail.com](mailto:MusicWithoutWalls@gmail.com)**

This is a strenuous (but FUN) hike at a relaxed pace, with challenging terrain, on the Devil's Path. Some scrambling involved. We'll do the loop passing a beautiful beaver meadow, waterfalls and Dibbles Quarry with its slate thrones overlooking Platte Clove. Must confirm with the leader for meeting place, time and group size.

**Sat, May 8 - Chadwick Lake Newburgh (4 miles 2hrs) C**

**Leader: Sayileela Nulu, [sayileela@gmail.com](mailto:sayileela@gmail.com) or 845-264-2270**

We will walk following blue trail until we get to a place where we will have lunch midway. Trail is easy and paved around the lake. We may stop and inspect Mushrooms and try to identify them. Bring water, snacks, and lunch and dress for the weather. MUST confirm with leader for meeting place, time and group size.

**Wed, May 12 - Cold Spring – Constitution Marsh - a few miles paddle in mostly flat water [L7:24; H12:55PM]**

**Leader: JeanClaude Fouere, [jcfouere@gmail.com](mailto:jcfouere@gmail.com)**

We will launch from Scenic Hudson Foundry Dock Park, off the train station parking, paddle to, and explore Constitution Marsh. Minimum 13.5' kayak with flotation. PFDs required. Strong wind, stormy weather will cancel. Confirm with leader for time & group size. COVID rules apply.

**Fri, May 14 - Burroughs Nature Sanctuary, West Park, NY.**

**Leader: Georgette Weir, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

Moderate 5ish miles on a loop hike through varied rugged terrain, viewing Black Creek, Chodikee Lake Slabsides (writing cabin of John Burroughs), and MORE!. Small group, limited parking. Covid guidelines continue to apply. MUST confirm with leader for meeting place, time and group size.

**Sat, May 15 - Trout Pond, Russell Brook Falls, Western Catskills,**

**Leader: Sharon Klein, [MusicWithoutWalls@gmail.com](mailto:MusicWithoutWalls@gmail.com)**

This is a beautiful hike in a remote, less traveled area of the Catskill Park. This lollipop loop route will pass by 2 beautiful ponds, wetlands with numerous birds and wildflowers, streams and a waterfall. Total mileage 8.3, rated B, as there is very little elevation gain. NYNJTC Catskills Trails Map 144. The trail head is out near Roscoe. We will picnic by a rustic lean-to overlooking Trout Pond. An easy hike at a relaxed pace. Must confirm with leader for meeting place, time and group size.

**Sun, May 16 - High Point. 9 miles. A-**

**Leader: Roberta Forest, [robertaforest@gmail.com](mailto:robertaforest@gmail.com) 845-750-7059**

Hike begins at Sam's Point. We'll visit Verkeederkill Falls on our way to the start of High Point Trail. This trail has lots of views as we hike and climb from one rock ledge to another. Bring plenty of water, snacks and/or lunch. Wear sunscreen. This is a full day hike. Rain or wet rocks will cancel. Must confirm with the leader for meeting time, place and group size. Additional information will be sent to participants two days before this hike.

**\*\*\*Cancelled\*\*\* Sat, May 22 - Round Hill/East Mountain Loop B+ 7.5 miles, 1374' gain**

**Leader: Barry Skura, [Barry.Skura@gmail.com](mailto:Barry.Skura@gmail.com) or 646-734-1908.**

**Sun, May 23 - Paddle the Bashakill**

**Leader: Jeanette TB, [jeanettetb.ny@gmail.com](mailto:jeanettetb.ny@gmail.com)**

Join us as we kayak the beautiful marsh of the Bashakill Wildlife Management Area in Wurtsboro, N.Y. Spring is the perfect time to paddle here; the birds are plentiful, and the weeds have not yet clogged the waterways. Difficulty: Easy, about 4 miles at a moderate pace for 2-3 hours. PFD required. Bring water/snacks and perhaps binoculars to watch the birds. Must confirm with leader for meeting place, time, and group size. Covid group guidelines will be followed.

**Wed, May 26 - Howl at the 2nd Supermoon of 2021, Stewart State Forest, Evening Hike (between 6 and 9 pm) 6.5 miles**

**Leader: Adrienne Scivolette, text 845-729-8767 or [adscivolette@gmail.com](mailto:adscivolette@gmail.com)**

We'll walk into the forest to observe the rising of the second of two Supermoons in 2021. We'll follow a trail through the woods, cross the Great Swamp boardwalks, and ascend through meadows to Buchanan Hill, the high point (650 feet!) in the forest. Lots of views to the East, where the Full Flower Moon will show itself. Bring headlamp, boots that like mud, snacks and water. Exact meeting time and place will be communicated to those who sign up. All club Covid precautions apply.

**Wed, May 26 - Cold Spring [54.1] – Bannerman Island [57.5] - about 7 miles paddle taking advantage of the tides [L6:34AM; H11:57AM]**

**Leader: JeanClaude Fouere, [jcfouere@gmail.com](mailto:jcfouere@gmail.com)**

We will launch from Scenic Hudson Foundry Dock Park, off the train station parking, paddle towards Bannerman Island and back. Minimum 13.5' kayak with flotation. PFDs required. Strong wind, stormy weather will cancel. Confirm with leader for time & group size. COVID rules apply.

**Fri, May 28 - Fahnestock State Park, Cold Spring.**

**Leader: Georgette Weir, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

Moderate 6ish mile loop hike on Charcoal Burners-Fahnestock-Perkins Trails. MUST confirm with leader for meeting place, time and group size. Covid guidelines continue to apply.

**\*\*\*Cancelled due to weather conditions - rescheduled for Labor Day Weekend\*\*\***

**Sat, May 29 - Mon, May 31 (Memorial Day Weekend)**

**Sleeping with the Witch Backpack/Basecamp, Strenuous; 24 Miles**

**Leader: Russ Faller 845-297-5126 (before 9 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

This outing was cancelled on the basis of the terrible weather forecast - 3 days of rain! And it did turn out that way. The trip will be *rescheduled for Sept. 4 - 6, 2021 (Labor Day Weekend)*.