



June 2021

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

### MHADK OUTINGS SCHEDULE JUNE 2021

Our outings are currently open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

**MID-WEEK HIKES** – The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leader: Ginny Fauci, [gefaucci@gmail.com](mailto:gefaucci@gmail.com), 845-399-2170. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

**MID-WEEK PADDLES** – Leader: Glenda Schwarze, [mschwar582@aol.com](mailto:mschwar582@aol.com). She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2nd and 4th Thursdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

**TUESDAY EVENING PADDLES** – Leader: Dave Webber, [webberd1@yahoo.com](mailto:webberd1@yahoo.com), 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30 pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening paddle list, go to the bottom of the weekly email to update your subscription preferences and select Kayaking.

**Fri, June 4 – Harriman S.P./Appalachian Trail.**

**Leader: Georgette Weir, [Georgette.weir@gmail.com](mailto:Georgette.weir@gmail.com)**

A moderately strenuous 8.35-mile hike that will start at the Tiorati Circle parking lot, take the AT to the Brien Memorial Shelter, then return via the Ramapo Dunderberg Trail. Covid guidelines apply. Must confirm with leader.

**Sun, June 6 – Colonel's Chair; Hunter Mountain, Catskill Park, 7 miles, rated A**

**Leader: Sharon Klein, [musicwithoutwalls@gmail.com](mailto:musicwithoutwalls@gmail.com)**

We will hike up the Spruceton trail to the Colonel's Chair trail, which terminates at the Hunter Mountain ski slope chair lifts where we will have fantastic views. We may also choose to continue on to Hunter Mountain Fire Tower for an additional 2 miles, but this is not the main objective of the hike. We will decide this as a group. A moderate-strenuous hike at a relaxed pace, there will be about 1500' of elevation gain to Colonel's Chair with no technical sections. For those interested, we can finish our hike at the wildly popular Westkill Brewery down the road which has outdoor seating and views of the surrounding mountains. Hike limited to 10.

**Sun, June 6 – Paddle the Great Swamp in Patterson, NY**

**Leader: Jeanette TB, [jeanettetb.ny@gmail.com](mailto:jeanettetb.ny@gmail.com)**

The Great Swamp is one of the largest wetlands in New York, and it's right in our backyard! Paddlers often see painted turtles, herons, red-wing blackbirds, kingfishers, dragonflies, and an occasional beaver. Note that the conditions in the swamp are ever-changing, so *you must be prepared to portage over a downed tree or beaver dam (i.e., get out of your boat and walk around/climb over it)*. About 4-6 miles of paddling in quiet waters at a moderate pace. PFD required. Bring water/snacks and sturdy shoes (in case of a surprise portage). Must confirm with leader for meeting place and time. Group size is limited. Covid guidelines will be followed.

**Wed, June 9 – Norrie Point [85.4] – Roundout Creek [92.1] – about 13 miles paddle taking advantage of the tides [L7:52AM; H1:36PM]**

**Leader: JeanClaude Fouere, [jcfouere@gmail.com](mailto:jcfouere@gmail.com)**

We will launch from Norrie Point marina and paddle to the Roundout Creek in Kingston and back. Minimum 13.5' kayak with flotation. PFDs required. Strong wind, stormy weather will cancel. Must confirm with leader for launch time & group size.

**Sat, June 12 to Sun, June 13 – Kids “Beginner Level” fun backpack – Mud Pond Catskills (each day 1.5 – 2 miles, less than 500 ft vertical per day.)**

**Leader: Starchild (David Koehler), [Starchildjourney@icloud.com](mailto:Starchildjourney@icloud.com) or 917-613-2043**

We will get a later than usual start as we only have a short distance to make camp. Since this is a beginner backpack, or perhaps for some hikers a season shakedown backpack, we will be going slow and will be taking breaks especially for kids who may not be used to carrying their own gear. In a very short time we will be at our camping area and can enjoy a campfire, s'mores, and the pond with possible swimming if it's warm enough. Demian (12 yrs old) is happy about getting into backpacking and though it's something he has done in the past wants a easy one to start this season and invites others to bring their kids along to help make this an awesome time.

Mud Pond, or perhaps nearby Cable Lake, is our destination and you can see this trail on NYNJTC Catskills Trail Map 144 (also on Avenza app). I will be making the decision as to which one as we get closer to the date. Equipment needed will be explained further during registration but the basics are tent, sleeping bag (blankets can work if it's going to be a warm night), sleeping mat, cook stove/pot, food, snacks, a rope to hang bags, water/drinks, headlamp w/ extra batteries, navigation basics (map/compass/skills/gps etc), warm change of clothes, camp/water shoes & swim gear (if warm enough). While some backpacking gear can be expensive, a perfectly serviceable set can be had on the cheap at the big box stores and it is a good way to get started, let me know if you have any questions. Weather may cancel the event, we will not be going in adverse conditions. Must confirm with leader.

**Tues, June 15 – Walk Rail Trail and College Hill, Level C**

**Leader: Sue Mackson, [suemackson@gmail.com](mailto:suemackson@gmail.com), 845-471-9892**

Late afternoon walk to see the highest point in the City of Poughkeepsie, a park which is has historical significance for this area. It is the site of the first water reservoir in Poughkeepsie and also the site of a speech by abolitionist, Frederick Douglas, and a restored rock garden. We will begin at a nearby rail trail parking lot and end, perhaps, with a light supper in Poughkeepsie. Covid guidelines apply. Time and meeting place upon reservation with leader. Registrants can also receive a video about public water history in the city.

**Mon, June 21 – Minnewaska Mountain Laurel Experience, 7 miles, moderate elevation gain**

**Leader: Paul Silverstein, [paulinpokny@gmail.com](mailto:paulinpokny@gmail.com)**

Timed to catch the mountain laurels in peak bloom. Plan is to start on Mossy Glen trail, extend out to Rainbow Falls, come back a bit on Jenny Lane, then connect back to Mossy Glen. If the mountain laurels are ahead of schedule, may adjust the hike to catch the later blooming areas. Mostly trail hike, minimal on carriage roads, some parts are rugged. Moderate pace. Small group. Must confirm with leader for meeting place and time.

**Mon, June 21 – Wallkill River Paddle, 2.5 hours, C easy with some current**

**Leader: Carla Barrett, [barrettinclinton@gmail.com](mailto:barrettinclinton@gmail.com), 315-527-8478**

This is kid-friendly. We will put into the Wallkill River in New Paltz and go up the river against a mild current and then float down. Views of the Shawangunks. Shady if it's hot. This is a pleasant paddle on flat water with few challenges. Bring a lunch/snack and beverage. We will pause at the turn. Wind over 20 MPH cancels. Restrooms onsite. Google maps Sojourner Truth Park on Plains Rd, New Paltz. Those looking to expend more energy can visit the Nyquist-Harcourt Wildlife Sanctuary nearby in New Paltz or checkout the village's lively downtown. Confirm with leader for time. Group size is limited.

**Wed, June 23 to Fri, June 25 – Basecamping on a Hudson River Island Only 2 mi. to basecamp; Daily trip mileage variable**

**Leader: Russ Faller 845-297-5126 (before 9 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

We'll basecamp on a wild island that has ducked civilization although being surrounded by it. This island is just N of the City of Hudson, NY.

Day paddle options: (1) up Stockport Creek and into Stockport Marsh, (2) a visit to a shanty town established in the late 1800s and an 1894 lighthouse and (3) a visit to the 1885 R. W. Scott ice house and circumnavigation of Rattlesnake Island. We might even squeeze in a stop at Cossackie's riverfront open market for a craft beer and/or snacks. Or you could just lollygag at basecamp and swim from the sandy beach. This outing is for experienced paddlers who feel comfortable paddling with tugs, large barges and ocean-going freighters. Sometimes the water gets rough. Be prepared to cross the river. Sea touring kayaks with dual bulkheads and at least 13.5 ft. long are required. Canoes are also acceptable as long as the paddler(s) are able to keep up with the faster kayaks. Kayakers must bring a bilge pump and spray skirt. Whatever you're paddling, you'll need to bring an extra paddle, first aid kit, food, drinking water and all necessary camping gear, including a stove. There are no shelters. There is a very nice outhouse. The island is wild. You'll have to clear a tent site by pulling weeds from the sand. PFDs must be worn while on the water. As per the Club's Covid-19 guidelines: gear, food & drink cannot be shared unless you live in the same household. If 6-ft. social distance cannot be maintained, you must wear a 2-ply mask covering mouth & nose. Also bring hand sanitizer, gloves and a pen to sign the liability waiver. Register with leader for meeting time/place. Joint with AMC. Group size is limited so register early.

**Thurs, June 24 to Sat, June 26 – Camp at Little Pond State camp ground and hike the Finger Lakes Trail**

**Leader: Sharon Klein, 845-255-1045, email: [CatsNGunks@gmail.com](mailto:CatsNGunks@gmail.com)**

We will set up our basecamp at the Little Pond State campground in the Delaware Wildforest section of the Western Catskills near Livingston Manor. We arrive Thursday afternoon, set up camp and have a communal dinner. Friday, Day 1 hike, we will shuttle to the Mary Smith section at Berry Brook Road and hike back to the camp ground, and head back to pick up the cars left at the beginning of the hike. Mileage: 8.5. Camp out Friday night and pack up Saturday morning before we head out on our hike from Little Pond to Alder Lake. Mileage 6.5. The Finger Lakes trail is a long distance trail over 500 miles long. We are fortunate to have a section pass through the Western Catskills. It is varied trail, traversing over mountains, meadows, rolling hills and beaver habitat. It is not as difficult as the high peaks area, but is equally as breathtaking and far less traveled. NY/NJ Trail conference map 144.

I have booked tent site #55. There are several sites left at this writing. Cost is \$22 per night plus \$7.50 reservation fee. Reserve through ReserveAmerica.com. Each site holds a max of 2 tents and/or 6 people. First one asking can share my site. Please reach out if you need help reserving. You are welcome to join me for the whole outing or just day trips. I have an extra tent for anyone who wants to try their hand at camping.

Required gear: Tent, sleeping bag and pad, your food, utensils, and anything you need for your comfort, in addition to your usual hiking gear. I will send out a final gear list to those signing up. I will be bringing a camp stove.

**Sun, June 27 – Kayak Rondout Creek in Kingston, 4 hours**

**Leader: Jeanette TB, [jeanettetb.ny@gmail.com](mailto:jeanettetb.ny@gmail.com)**

We'll kayak the Rondout Creek in Kingston from the Hudson, past the waterfront up to the Eddyville Dam and back. About 8 miles, 4-4.5 hours total. We won't be in the Hudson, so smaller kayaks are ok as long as you're a strong paddler and are comfortable paddling around bigger boats (in a "no wake" zone). PFD required. Bring water/snacks. Must confirm with leader for meeting place and time. Group size is limited. After the paddle we may stop in town for some food along the waterfront.

**Sun, June 27 – Harlem Valley Rail Trail Kids fun bike ride and pizza lunch (app 15 miles, 2.5 hrs) B**

**Leader: Starchild, [Starchildjourney@icloud.com](mailto:Starchildjourney@icloud.com), 917-613-2043**

We will bike on the rail trail approx. 7 miles into the town of Millerton, NY for a pizza lunch at Torro's before returning the same way. Come with whatever bike you have, this is not a race or a fast ride but a fun ride on a flat paved rail trail with minimum road crossings. Demain (age 12) and I will be sporting mountain bikes because that's what we have, so we will not be going fast. Bring water and snacks. MUST confirm with leader for meeting place, time and group size.