



October 2021

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE OCTOBER 2021

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

MID-WEEK HIKES – The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 (text only) or Lalita Malik, Lalitalalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

MID-WEEK PADDLES – Through mid-October. Leader: Glenda Schwarze, schwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2nd and 4th Thursdays of every month ending in mid-October. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

TUESDAY EVENING PADDLES – Leader: Dave Webber, webberd1@yahoo.com, 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30 pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening and Mid-Week paddle list, go to the bottom of the weekly email to update your subscription preferences and select Kayaking.

Fri, Oct 1 – Esopus Meadows/Lighthouse Park, Port Ewen. Informal picnic get-together.

Contact: Ginny gefauci@gmail.com

Socialize with other club members at a Scenic Hudson Park located on the Hudson River with a view of the Esopus Lighthouse. There are picnic tables, but I suggest bringing your own chair. Bring your own picnic & beverage. The picnic will begin at noon, but there's an optional hike, ~4 miles, at Esopus Meadows starting at 10. ADK COVID guidelines requiring vaccination will apply. Rain will cancel.

Fri, Oct 1 – Harriman S.P./Appalachian Trail.

Leader: Georgette Weir, Georgette.weir@gmail.com

A moderately strenuous 8.35-mile loop hike that will start at the Tiorati Circle parking lot, take the Ramapo Dunderberg Trail to the Brien Memorial Shelter, then return via the Appalachian Trail. Must be Covid vaccinated and confirm with leader.

Wed, Oct 6 – Quiet Cove Riverfront Park, Noon. Informal picnic get-together.

Contact: Georgette Weir georgette.weir@gmail.com.

Socialize outdoors (ADK COVID guidelines requiring vaccination will apply) with other club members at a beautiful Dutchess County park just north of Marist College on Rt. 9. Bring your own picnic, beverage. There are picnic tables, though you may want to bring your own chair. Accessible parking is available on site; other parking requires a short walk. Rain will cancel. Club Covid guidelines apply: must be vaccinated, practice social distancing.

Fri, Oct 8 – Appalachian Trail in Sterling Forest. A-level hike, rugged 10 miles (5 miles back and forth) at a 2mph pace (approx).

Leader: Georgette Weir, georgette.weir@gmail.com

This will be an in-and-out (or north and south) on the AT starting from Lakes Rd parking area and taking in Fitzgerald Falls, Mombasha High Point, and Buchanan Mtn. The leaders, Georgette Weir and Jean-Claude Fouere, are nearing completion of the AT in New York in both directions. (ADK COVID guidelines requiring vaccination will apply).

Sat, Oct 9-Mon, Oct 11 – Backpack: Biscuit Brook to the Lost Clove in the Central Catskills 18 miles; strenuous; moderate pace 1.5 – 2 mph

Leader: Russ Faller, 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

The Pine Hill W. Branch Trail (aka: Biscuit Brook Pine Hill Trail) “offers some of the best backpacking ... in the Catskills” (Bruce Wadsworth, author of ADK’s Catskill guidebook). The forest & views are beautiful. The forest contains virgin timber. The Fall foliage will make the forest & views even more spectacular. We’ll be hiking from S to N, taking advantage of the more gentle upgrades to summits followed by steeper downgrades. This 3 day/2 night backpack totals 18 miles, with daily mileages of 6 to 7 miles. Beginners with considerable day hiking experience and in good shape are welcome. They’ll need to have the necessary gear. Go to <http://www.amc-ny.org>, click on “Backpacking” under “Activities & Programs”, then click on “gear lists” in the 1st paragraph. Water filters or purification tablets are necessary gear – not optional as the list indicates. Since a car shuttle is necessary, all participants must be fully vaccinated against Covid-19 and have proof. Masks will still need to be worn during the shuttle. Contact leader to register.

Monday Oct. 11 – Shawangunk Ridge Trail/Roosa Gap State Forest: Pickles Rd to Route 52 7 miles B+; Moderate-strenuous hike at a relaxed pace

Leader: Sharon Klein, CatsNGunks@gmail.com

It’s Columbus Day and leaf peeper weekend! Let’s hike a remote area of the Shawangunks where we are not likely to see many people but will have breathtaking views along the way. The hike will traverse part of the Shawangunk Ridge where the trail is co-joined with the Long Path. It will include a fire tower that was open last time I heard, and we may be able to climb it. It will have several elevation gains and losses, and makes a steep descent into the Shawangunk State Forest, where it heads back up on a steep ascent up to the cars which will be parked on route 52. This is a shuttle hike, so vaccinated hikers only please. Full disclosure: Part of this hike will be new for me, so let’s adventure together! Must confirm with hike leader for meeting place.

Fri, Oct 15 – Storm King Mtn.

Leader: Georgette Weir, georgette.weir@gmail.com

A rugged 5.25-mile lollipop with many spectacular viewpoints. (ADK COVID guidelines requiring vaccination will apply.)

Sat, Oct 16 – Gertrude’s Nose circular. Annual leaf peeper hike. ~8 miles

Leader: Roberta Forest, robertaforest@gmail.com

We’ll walk part way around the lake to the Millbrook Mountain Trail. We’ll take that steep, rocky, and often wet, trail to the top. From there we’ll spend a good part of the day on the Gertrude’s Nose Trail. Then we return to our vehicles on the Millbrook Mt. Carriage road. Rain or excessively high humidity will cancel. Time & meeting place will be given to those who have confirmed. ADK COVID guidelines requiring vaccination will apply.

Tues, Oct 19 – Hudson River Skywalk, Thomas Cole to Olana, C, ~6 miles

Leader: Ginny Fauci, gefauci@gmail.com or 845-399-2170 (text only)

We will begin our journey at Thomas Cole in Catskill and follow the Skywalk across the Rip Van Winkle Bridge to the pedestrian entrance of Olana. A short walk up the hill takes us to Frederick Church’s Olana. We will have gorgeous views of the Hudson & the Catskills. We’ll return the same way. ADK COVID guidelines requiring vaccination will apply.

Sat, Oct 23 – D&H Canal towpath history hike, Summitville – Wurtsboro 5 miles rated C, appropriate for all ages and abilities.

Leader: Sharon Klein, CatsNGunks@gmail.com

We will hike along the historic towpath of the D&H canal that once ran from Kingston to Honesdale, PA. The 5 mile section from Summitville has been restored with locks and interpretive signage along the way. Short shuttle required. We will end the hike with an optional lunch at the iconic Wurtsboro diner where we will be parking our cars before shuttling to the start of the hike. Children and dogs welcome. The hike is totally flat (they used to pull boats there!) Confirm with leader for start and meeting time. ADK COVID guidelines requiring vaccination will apply.

Sun, October 24 – Paddle the Lower Wappinger Creek plus History of the Area

Leader: JeanetteTB, jeanettetb.ny@gmail.com

We'll paddle the lower Wappinger Creek at a leisurely pace, past the old bleachery and up to the waterfall. We'll discuss the fascinating history of the area. Then we'll head downstream to where the creek flows into the Hudson River Estuary. Total Mileage: 4-5 miles roundtrip. Difficulty: Easy to Moderate. Estimated Paddle Time: 3-4 hours. Special Gear / Requirements: Boat, paddle, PFD, sunscreen, water. Small group. Non-members may join if space allows. Must confirm with leader for time and meeting place. ADK COVID guidelines requiring vaccination will apply.

Sun, Oct 31 – New Paltz River to Ridge Trail (easy mostly flat 6ish miles, 4 hours) C+

Leader: Annette Caruso, annettecrs@gmail.com, 845 891-3361

We will hike the spacious Ridge trail and see end-of-peak astounding views of the Shawangunk Ridge. Optional walk to downtown New Paltz for lunch after. Bring water, snacks, and dress for the weather. ADK COVID guidelines requiring vaccination will apply. MUST confirm with leader for meeting place, time and group size.