



## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

**December 2021**

### **MHADK OUTINGS SCHEDULE DECEMBER 2021**

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, [gefaucci@gmail.com](mailto:gefaucci@gmail.com) 845-399-2170 (text preferred) or Lalita Malik, [Lalitamalik@aol.com](mailto:Lalitamalik@aol.com) (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

**QUICK-RESPONSE SNOWSHOE** - Leader: Ginny Fauci. When there's snow & the roads are cleared, an email will be sent out to everyone on the list. To add your name to the Snowshoe-Quick Response list, go to the bottom of the weekly e-mail to update your subscription.

**QUICK-RESPONSE CROSS COUNTRY SKI** - Leader: Russ Faller [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)  
Contact Russ to be on his list. If you've already been put on the list, you need not request that again this season. Everyone stays on the list until he/she requests to be taken off or when Russ purges the list.

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**Fri, Dec 3 - Vanderbilt Estate, approx. 3 easy miles**

**Leader: Georgette Weir, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

We will walk the loop, including to the river at Bard Rock then along Crum Elbow Creek. Route is a combination of paved and woods roads. Bring water, snacks, and dress for the weather. MUST confirm with leader for meeting place, time and group size.

**Sat, Dec 4 - Vernooey Falls: A Short Hike/Bushwhack for a Short Day; Miles TBD, but more than 3.5; Moderate Pace**

**Leader: Russ Faller 845-297-5126 (before 9 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

We'll take a 1.7 mile trail hike to Vernooey Falls in the Sundown Wild Forest of the southern Catskills. This is a beautiful waterfall. After admiring the falls, we'll bushwhack up the Vernooey Kill until we've seen enough of this beautiful, wild country. There are no long, steep ascents, just wilderness and rough footing. Significant rain cancels. Bring lunch, trail snacks and 2 qts. of water. Also pack rain gear (just in case), microspikes or other traction devices and a headlamp or flashlight. Hiking poles will help on the bushwhack part. You must be fully vaccinated against the Covid virus, as per ADK policy.

**Sun, Dec 5 - Hike from Spring Farm to West Trapps. About 6-7 rolling miles.**

**Leader: Roberta Forest, [robertaforest@gmail.com](mailto:robertaforest@gmail.com)**

This hike involves a shuttle, so in addition to being fully vaccinated, bring a mask to wear in vehicle during shuttle. We'll shuttle from West Trapps to Spring Farm, where the hike will begin. We'll start on Chapel trail, then do the length of Undivided lot trail. At its end, we'll follow Old Minnewaska trail and then take Shongum to the parking area. Bring water, snacks, lunch. Have layers of clothing, gloves, head covering. It is hunting season, wear something orange or red. Bring foot traction if conditions require. Falling rain or snow will cancel this hike. MUST confirm with leader for time and group size.

**Sun, Dec 12 - Spirit Stones in the Woods; an exploration of the relationship our local indigenous tribes had to the natural world**

**Leader: Sharon Klein with special guest Glenn Kreisberg of the Overlook Mountain center.**

Register at: CatsNGunks@gmail.com Please include your full name and phone number when registering. COVID rules requiring vaccination apply.

The hike/outing will be an exploratory bushwhack of approximately 2 miles in rugged terrain over about 4 hours. (may be shorter, weather depending). Limited to 12 participants.

Details: The outing will visit the Spruceton Valley site in Westkill, deep in the Catskill Mountains. Considered Manitou Hassanash (spirit stones) the site is suspected to be a Native American ceremonial stone landscape (CSL).

Site features include: dry stacked stone constructions consisting of cairns (piles or mounds), walls and effigies (serpents and turtles). Some features show alignments with solar positions. Overlook Mountain Center (OMC), as a small non-profit, works with Native American tribal historic preservation offices (THPO), in identifying and protecting CSL in our region. Through cultural heritage tours, these partnerships help raise awareness about these unrecognized resources of cultural significance. Glenn Kriesberg is a NYS DEC licensed outdoor guide, engineer, writer and researcher, studying archaeoastronomy and landscape archaeology in the northeast.

**Sun, Dec 12 - Falling Waters Preserve, Glasco, NY. Class C 2 miles**

**Leader: John Ragusa, jrjr1059@msn.com 917-692-1159**

A short hike through a meadow with outstanding views of the Catskills, a couple of picturesque waterfalls and rock ledges that slant precipitously into the Hudson River. We will also observe the remains of an ice house. Meet in the parking lot at the end of the entry drive. Pre-registration is required. Heavy rain or snow cancels. COVID rules requiring vaccination apply.

**Tues, Dec 14 - Valkill, C+**

**Leader: Ginny Fauci, 845-399-2170 (text only) or gefauci@gmail.com**

We'll hike up to FDR's Top Cottage and then walk around Eleanor's Walk. If it's open for tours without a reservation, that would be an option. Bring your Senior Pass if you have one. MUST confirm with leader for meet time. COVID rules requiring vaccination apply.

**Fri. Dec. 17- Dibbles Quarry and Pecoy Notch. rated B, 4+ miles**

**Leader: Roger Green, roggr679@gmail.com, Co-leader Sharon Klein, CatsNGunks@gmail.com**

We will hike this Catskills trail which leads to the col on the Devil's path, between Sugarloaf and Twin mountains. We will not summit the mountains, but will hike what some consider to be the best part of that hike without the crazy hard part. At Dibbles Quarry we will have some fantastic views of the valley below as we sit on the slate chairs made of quarry slabs. We will pass a small waterfall and beaver meadow on the way to Pecoy Notch. The hike could turn into a snowshoe if conditions allow. All ADK covid guidelines apply. Please register with your full name and phone number.

**Sun, Dec 26 - James Baird State Park, 3 mile C+ hike/snowshoe in the woods**

**Leader: Annette Caruso, annettecrs@gmail.com 845 891-3361**

If we had a really white Xmas, optional x-country ski on the golf-course after. We'll have a lunch-break on the trail, so bring some food/water and dress for the weather. MUST confirm with the leader for meeting time. All ADK COVID rules requiring vaccination apply.