



## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

January 2022

### MHADK OUTINGS SCHEDULE JANUARY 2022

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, [gefaucci@gmail.com](mailto:gefaucci@gmail.com) 845-399-2170 (text preferred) or Lalita Malik, [Lalitamalik@aol.com](mailto:Lalitamalik@aol.com) (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

**QUICK-RESPONSE SNOWSHOE** - Leader: Ginny Fauci. When there's snow & the roads are cleared, an email will be sent out to everyone on the list. To add your name to the Snowshoe-Quick Response list, go to the bottom of the weekly e-mail to update your subscription.

**QUICK-RESPONSE CROSS COUNTRY SKI** - Leader: Russ Faller [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)  
Contact Russ to be on his list. If you've already been put on the list, you need not request that again this season. Everyone stays on the list until he/she requests to be taken off or when Russ purges the list.

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\*\*\*Cancelled due to inclement weather\*\*\*

**Sat, Jan 1 – New Year's Day Walk at Vassar College Campus, rated C**

**Leader: Sue Mackson, [suemackson@gmail.com](mailto:suemackson@gmail.com) 845-471-9892 H, 845-891-7173**

A tradition started by past MHADK chapter chairs Jenny & Stan Robert, we will walk, for approximately two hours, through the campus empty of students. If sufficient interest, we will also walk down "Zack's Way" to the back of Ecological Preserve property. Optional refreshments back at my house. Meet 1:30 pm. Contact leader for meeting place. Hike limited to 10. Please carry traction just in case. If the weather is "iffy", call my home phone in the morning. Rain date Sunday, January 2. ADK COVID rules requiring vaccination apply.

**Sun, Jan 2 – Burger Hill & Ferncliff Forest, two easy level 'C' hike/snow-shoes**

**Leader: Annette Caruso, [annettecrs@gmail.com](mailto:annettecrs@gmail.com) or 845 891-3361**

We'll walk up Burger Hill for the scenic winter vista of the Hudson River and points beyond, then caravan to Ferncliff Forest for more hiking and snowshoeing the fire-tower loop. The first 'Hill' Hike is optional if you just want to meet at the forest. Bring micro-spikes, water, lunch, snacks and if snow, the snowshoes. MUST confirm with leader for meeting time. ADK COVID rules requiring vaccination apply.

**Fri, Jan 7 – Fahnestock State Park. Moderate 6-mile hike/snowshoe.**

**Leader: Georgette Weir, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

Our loop route will take in portions of the Cabot, Charcoal Burners, Fahnestock, Appalachian, and 3 Lakes Trails as we ramble through woods and meadows. We'll view Jordan and Beaver Ponds, Canopus and Hidden Lakes. You must have foot traction (ie, Microspikes) with you; snowshoes if appropriate. Small group. Preregister with leader. ADK COVID rules requiring vaccination apply.

**Mon, Jan 10 – Slide Mountain. Rated A, ~5 1/2 miles, 1,760 ft elevation gain**

**Leader: Roger Green roggr679@gmail.com**

**Co-leader: Sharon Klein**

Slide is the highest mountain in the Catskills, with a great view about 250 yards before the summit. We will begin from the Slide Parking area on Rt 47 (Frost Valley Road). After crossing two small streams we will follow the Phoenicia-East Branch trail, then the Wittenberg Cornell Slide Trail about 2 1/2 miles to the summit. After visiting the summit and the Burroughs Memorial we'll retrace our steps back. Please be prepared to cross two streams at the very beginning and end of the hike. Waterproof boots and gaiters are necessities. Pack traction (microspikes or Hillsounds) in case it's needed. Also have snowshoes available in your car. Rain or high water levels will postpone the hike. Slide is a required winter peak for the 3500 club. Must confirm with leader for meeting time. ADK COVID rules requiring vaccination apply.

**Fri, Jan 14 – Mon, Jan 17 – MLK Weekend Skiing on the Tug Hill Plateau, NY**

**Leader: Ron Gonzalez, iamrongon@gmail.com**

Enjoy great Nordic skiing on the Tug Hill's lake-effect snow. Not open to beginners, but intermediate-level skiers and up are welcome. This is a great opportunity for experienced cross country skiers to try out 'Nordic backcountry' skiing on relatively easy trails with generally good snow conditions.

The skiing on the state forest trails is over rolling terrain, not mountainous, but not 'flat' either. If we get hit with a lake-effect storm we may have to take turns breaking trail. Wider backcountry skis help. It is strongly recommended that participants have winter hiking experience in deep snow (and enjoy it).

For those who prefer groomed-track skiing, there are two excellent Nordic centers in the area. There is also a charming local downhill ski area that often offers real powder skiing. A small group may peel off to spend a day there if conditions permit and there is interest. I can't guarantee there will be transportation or ride shares to these places.

We'll stay three nights in a shared house with bedding, linens, towels provided. Large eat-in kitchen with good appliances, pots and pans, cutlery, tableware and glassware provided. Shared potluck suppers (bring a pre-cooked dish to warm up and share). Participants make their own breakfasts and trail lunches.

Since we'll be sharing a house and eating meals together, all participants must be fully vaccinated for COVID-19 and have documentation to prove it. All participants and leaders will be required to take a COVID test 72 hours before the trip, and report results to the leader before departing for the trip. You MUST cancel your trip if you test positive, but there will be no monetary penalty.

There is no public transportation to this area. You will either need to drive or find a ride share with someone who drives. Participants organize ride shares among themselves.

**Sat, Jan 15 – Franny Reese State Park (Highland). Easy/Moderate 2.5-3-mile hike/snowshoe.**

**Leader: Georgette Weir, georgette.weir@gmail.com**

Explore the trails, old roads, and ruins of a 19th-century estate on steep slopes overlooking the Hudson River. Not a long walk, but be prepared for some good ups and downs. You must have foot traction (ie, Microspikes) with you; snowshoes if appropriate. Small group. Preregister with leader. ADK COVID rules requiring vaccination apply.

**Tues, Jan 18 – Easy Tuesday hike, 3-5 miles, Louisa Pond @ Shaupeneak**

**Leader: Ginny 845-399-2170 (text only) or gefauci@gmail.com**

**Sun, Jan 23 – Windham High Peak, co-listed with Catskill 3500 club, Rated A, 6.2 miles, approximately 1500' elevation gain.**

**Leader: Sharon Klein, CatsNGunks@gmail.com**

**Registration begins Tuesday, January 11**

This is a moderate-strenuous hike at a relaxed pace for those of you just embarking on your 3500 journey or for those just wanting a great day in the Catskills with fantastic views. Weather permitting, we'll be able to see all the way to Albany from the summit. Sun, Dec 12 - Spirit Stones in the Woods; an exploration of the relationship our local indigenous tribes had to the natural world

Leader: Sharon Klein with special guest Glenn Kreisberg of the Overlook Mountain center.

Register at: CatsNGunks@gmail.com Please include your full name and phone number when registering. COVID rules requiring vaccination apply.

The hike/outing will be an exploratory bushwhack of approximately 2 miles in rugged terrain over about 4 hours. (may be shorter, weather depending). Limited to 12 participants.

Details: The outing will visit the Spruceton Valley site in Westkill, deep in the Catskill Mountains. Considered Manitou Hassanash (spirit stones) the site is suspected to be a Native American ceremonial stone landscape (CSL). Site features include: dry stacked stone constructions consisting of cairns (piles or mounds), walls and effigies (serpents and turtles). Some features show alignments with solar positions. Overlook Mountain Center (OMC), as a small non-profit, works with Native American tribal historic preservation offices (THPO), in identifying and protecting CSL in our region. Through cultural heritage tours, these partnerships help raise awareness about these unrecognized resources of cultural significance. Glenn Kriesberg is a NYS DEC licensed outdoor guide, engineer, writer and researcher, studying archaeoastronomy and landscape archaeology in the northeast.