



March 2022

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE MARCH 2022

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefaucci@gmail.com 845-399-2170 (text preferred) or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

QUICK-RESPONSE SNOWSHOE - Leader: Ginny Fauci. When there's snow & the roads are cleared, an email will be sent out to everyone on the list. To add your name to the Snowshoe-Quick Response list, go to the bottom of the weekly e-mail to update your subscription.

QUICK-RESPONSE CROSS COUNTRY SKI - Leader: Russ Faller russoutdoors@yahoo.com
Contact Russ to be on his list. If you've already been put on the list, you need not request that again this season. Everyone stays on the list until he/she requests to be taken off or when Russ purges the list.

Sun, Mar 6 - Kaaterskill Falls 4.5 miles B+ Leader: Roger Green, roggr5959@gmail.com

We will hike or snowshoe (depending on conditions) from the Laurel House parking area to the upper Falls and the viewing platform. Exact route will be determined based on trail conditions. Good foot traction is essential. This may or may not require snowshoes, but Hillsound or Kahtoola or other sharp spikes will be necessary. Pace will be relaxed. Please bring water, snacks, and lunch and dress for the weather. MUST confirm with the leader for meeting place, time and group size. All ADK COVID rules requiring vaccination apply.

Fri, Mar 11 - Fahnestock SP, Appalachian Trail to Shenandoah Mtn summit view and return via AT and other short trails

Leader: Georgette Weir, georgette.weir@gmail.com

Moderate lollipop hike of about 5 miles. Some beautiful views, including over Canopus Lake. Whatever COVID guidelines are in place at the time will be followed.

Mon, Mar 14 - Easy hike to the Upper Esopus Fire Tower at Catskills Visitor Center (part of the 2022 Catskill Fire Tower Challenge) & Ashokan Rail Trail

Leader: Ginny Fauci, gefaucci@gmail.com or 845-399-2170 (text only)

The newest addition to the Catskills Visitor Center is a newly restored 80' fire tower. Views from the fire tower include the Esopus Valley, nearby Mt. Tremper, Ashokan High Point, and the Phoenicia East Branch Trail. Access to the Fire Tower is available via the Interpretive Loop Trail. The Catskills Visitor Center building is open every day EXCEPT Tuesday from 9:30 a.m. to 4 p.m. The grounds are open to the public every day during daylight hours. Following our visit, we will stop at the Ashokan Rail Trail in Boiceville & take a short walk. All ADK COVID rules requiring vaccination apply.

Sat, Mar 19 – Peterskill to Trapps, 6-8 miles.

Leader: Roberta Forest, robertaforest@gmail.com

This is a shuttle hike. All attendees must have masks for shared car rides.

There are several possible routes that will be determined closer to the date of the hike. It will depend upon the ground surface, the need for spikes or snow shoes, and the weather forecast for that day. I do expect to include a wander through Lost City. Bring enough to drink, eat and snack upon. All ADK COVID rules requiring vaccination apply.

Sun, Mar 20 - Happy First Day of Spring Hike, Red Hill Fire Tower, ~5 miles

Leader: Ginny Fauci, gefaucci@gmail.com or 845-399-2170 (text only)

Another fire tower in the 2022 Catskill Fire Tower Challenge. We'll take the new trail up to the tower from Denning Road. There's a picnic area and ranger cabin on top. May need spikes depending on conditions. All ADK COVID rules requiring vaccination apply. Confirm with leader.

Wed, Mar 23 - South Gully/Long Path, Sam's Point. 6 miles out and back.

Leader: Sharon Klein, CatsNGunks@gmail.com

We will hike the little used South Gully trail from the Sam's Point visitor center to route 52 and back. This will be an exploratory hike for me, as I have not hiked it. I am told it's beautiful, but what trail in the forest on the Shawangunk Ridge isn't? \$10 parking fee per car, free for those over 62 with NYS drivers license or Empire Pass. Please register with your full name and phone number. ADK Covid guidelines apply.

Fri, Mar 25 - Mills-Norrie SP easy loop hike

Leader: Georgette Weir, georgette.weir@gmail.com

About 4 miles, 2 of them along the Hudson River on the River Trail. Whatever COVID guidelines are in place at the time will be followed.

Sat, Mar 26 - Storm King Mountain Hike via the Esty & Hellie Stowell Trailhead, Cornwall-on-Hudson, NY 4.5 miles, Class B+

Leader: John Ragusa 917-692-1159 or jrjr1059@msn.com

From the Scenic Hudson Parking Lot, we will hike on the Teal trail through a meadow entering the forest and along a brook as we make our way to the top of Storm King on the Yellow trail for commanding views of the Hudson, north and south, as well as Breakneck Ridge across the river. Contact the Leader for starting time. Bring a picnic lunch and sturdy boots. Whatever COVID guidelines are in place at the time will be followed.