



April 2022

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly.

MHADK OUTINGS SCHEDULE APRIL 2022

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: Ginny Fauci, gefaucci@gmail.com 845-399-2170 (text preferred) or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

Sun, Apr 3 - Mohonk Preserve Duck Pond to Spring Farm, shuttle hike, ~6 miles of rolling hills

Leader: Roberta Forest, robertaforest@gmail.com

As this is a through hike, all will need to carry masks for shuttle at the start and end of the hike. The hike itself will begin at the top of Pine Road. We will follow Lenape Lane to the Blue trail, which we will take from here, it's start, until it ends, close to the Spring Farm parking area. Weather and land conditions will determine whether we hike or snowshoe, and whether we need traction (such as microspikes). Bring snacks, lunch and something to drink. Dress in layers. ADK COVID guidelines requiring vaccination apply. Must confirm with the leader for meeting time.

Sun, Apr 3 - Cleanup hike at Old Croatan Aqueduct Trail C

Leader Starchild (David Koehler), Starchildjourney@icloud.com or txt 917-613-2043

The Old Croatan Aqueduct Trail runs from the Croatan Reservoir to Yonkers. We will be starting at the northern end, view the dam with it's iconic falls then hit the trail. We will be out for a few hours, distance will be determined by pace we can maintain while helping the trail but we can expect maybe 5 miles or so from the dam to Croatonville and back, it is a bit hilly so expect to be either walking slightly up or down, and not so much flat but not much total vertical. Due to it's popularity and proximity to a high population center we are going to help out the trail and pick up trash along the way to help spread the love and joy contained in Leave No Trace for all those who come next. Bring a trash bag as well as disposable gloves. Kids welcome, we are bringing ours. ADK COVID guidelines requiring vaccination apply. Must confirm with the leader for meeting time.

Wed, Apr 6 - The Long Path, 12 miles, relatively flat

Leaders: Sharon Klein CatsNGunks@gmail.com or Roberta Forest robertaforest@gmail.com

The Long Path runs from the George Washington Bridge up to John Boyd Thacher State Park near Albany. Sharon and Roberta will be leading through hikes on sections of the Long Path. The first of these hikes is planned for April 6, and start at the west side of the George Washington bridge. The path parallels the Palisades Parkway and is a relatively flat 12 miles. ADK COVID guidelines requiring vaccination apply. Must confirm with Sharon or Roberta if you're interested in joining this initial hike.

Sat, Apr 9 - CATSKILLS FIRE TOWER CHALLENGE: Mt. Tremper Fire Tower via the Willow trail 7.6 miles rated A

Leader: Sharon Klein, CatsNGunks@gmail.com

Please register with your full name and phone number. We will make a steady ascent from Willow, to pick up the Long Path to the fire tower, which we will be able to climb. The DEC is awarding a patch for 2022 for all 6 fire towers hiked. Come enjoy the best the Catskills has to offer. ADK COVID guidelines requiring vaccination apply. Must confirm with the leader for meeting time.

Sun, Apr 10 - Palm Sunday Hike in Harriman State Park Moderate pace

Leader: Russ Faller, 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

Besides confirming with Russ, this hike requires an online registration with AMC. Contact Russ for the AMC link and register early.

We'll hike in southern Harriman State Park with the goal of arriving, by trail, to the 1880 St. John's-in-the-Wilderness Church. Parishioners are planning a free picnic for hikers at 2 PM. Unlike their long-standing tradition, a church service will not be part of the event due to the Coronavirus pandemic. This hike will be 6 or 7 miles on blazed trails and unmarked woods roads with typical Harriman ascents/descents. Significant rain cancels. ADK COVID guidelines requiring vaccination apply.

Fri, April 15 - Fahnestock State Park. Moderate 6.5 mile loop hike.

Leader: Georgette Weir, georgette.weir@gmail.com

Our route will take in portions of the Cabot, Charcoal Burners, Fahnestock, Appalachian, and 3 Lakes Trails as we ramble through woods looking for signs of spring. We'll view Jordan and Beaver Ponds, Canopus and Hidden Lakes. No doubt there will be some spring mud and wet areas, with one possibly tricky stream crossing. The route includes two crossings of Rt. 301. Small group. ADK COVID guidelines requiring vaccination apply. Must confirm with the leader for meeting time.

Sat, Apr 16 - The King's Chamber, Carmel, NY, Class C, 3.5 miles.

Leader: John Ragusa, 917-692-1159 or jjr1059@msn.com

Located adjacent to the California Hill State Forest, we will hike through a dense forest to the biggest of the mysterious chambers that are abundant in Putnam County. Much debate on the origins of these man-made chambers or caves. Some theorize that they were built by native Americans, others by European explorers several centuries ago, still others by farmers to store their vegetables (highly unlikely once you see them). ADK COVID guidelines requiring vaccination apply. Contact Leader for start time and directions.

Fri, April 22 - Roosevelt Farm Lane and Side Trails, moderately easy 4ish miles.

Leader: Georgette Weir, georgette.weir@gmail.com

We will walk the wide wood path, some of it paved, through woods between Rts 9 and 9G, then return taking excursions onto two attached foot paths. Hoping to see emerging spring plants. ADK COVID guidelines requiring vaccination apply. Must confirm with the leader for meeting time.

Fri, Apr 22 to Mon, Apr 25 - Backpack/Basecamp to Echo Lake in the Catskills. Moderate Pace

Leader: Russ Faller, 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

Besides confirming with Russ, this hike requires an online registration with AMC. Contact Russ for the AMC link and register early.

A backpack of about 5 miles from Meads (near Woodstock) to Echo Lake, where we'll camp for 3 nights. The trail is an old carriage road up Overlook Mtn., with a gradual grade. At the top, we'll drop our packs and take the short side trip to Overlook's fire tower for what many people say is the best view in the Catskills. The trail to Echo Lake is a typical foot path. We'll basecamp where the last Native American encampment in the Catskills was located. Day hikes include (1) an 8.5-mile hike to the Devil's Kitchen and Sherman's Lookout on Indian Head Mtn., with a stop at Cod Fish Point, (2) a trail & bushwhack loop over Plattekill Mtn., one of the Catskill 67 at 3100 feet and (3) a short, but interesting, bushwhack down the Saw Kill, Echo Lake's outlet. This outing is perfect for beginner backpackers who are also experienced day hikers. Experienced backpackers will also enjoy it. ADK COVID guidelines requiring vaccination apply. Significant rain cancels.

Sun, Apr 24 - Olana, 5 miles easy pace, C+

Leader: Annette Caruso, annettecrs@gmail.com 845 891-3361

We'll explore the trails and gardens at Olana, and have time for an indoor tour for those interested. Bring a lunch, dress for the weather. Please confirm with leader for meeting time and place details. ADK COVID guidelines requiring vaccination apply.

Sun, Apr 24 - Balsam Lake Mountain - 5.8 miles - 1,150 feet elev gain, Rated B+ (Catskill Fire Tower Challenge)

Leader: Roger Green, roggr5959@gmail.com

Balsam Lake Mountain is perhaps the least difficult hike of the required peaks for the 3500 Club. It boasts a fire tower on the summit with spectacular views. We'll have a nice out and back from the DEC Parking area on Millbrook Road with a relaxing snack / lunch on the summit. Pace will be relaxed, but not too relaxed. Please bring water, snacks, and lunch and dress for the weather. MUST confirm with leader for meeting place, time and group size. ADK COVID guidelines requiring vaccination apply.

Friday Apr 29 – Twin Mountain, a Catskill 3500 peak elevation 3,640 – 5.4 miles, 1,650' elevation gain. Co-listed with the 3500 Club. Rated A

Leader: Sharon Klein, CatsNGunks@gmail.com

Join me on a hike of one of the more varied and challenging hikes in the Catskills of Twin Mountain, on the Devil's path. We will approach Twin from Pecoy Notch, pass the Dibbles Quarry slate thrones overlooking the Platte Clove, past a dramatic waterfall and beaver meadow to Pecoy Notch, which can be seen by the trained eye from many high points in the Shawangunks and when traveling north on the Thruway. The last .7 miles is a challenging scramble to the summit where one of the best views in the Catskills awaits you.

Sat, Apr 30 - Mills Norrie State Park - Hopeland Area, 4 miles easy pace, C

Leader: Annette Caruso, annettecrs@gmail.com 845 891-3361

Hope the Daffodils are out at Hopeland, we'll see and explore the trails in this lesser traversed part of Mills Norrie State Park. Bring a snack/light lunch, dress for the weather. Please contact leader for meeting time and place details. ADK COVID guidelines requiring vaccination apply.