



May 2022

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly.

### MHADK OUTINGS SCHEDULE MAY 2022

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: **Ginny Fauci**, [gefauci@gmail.com](mailto:gefauci@gmail.com) 845-399-2170 (text preferred) or **Lalita Malik**, [Lalitamalik@aol.com](mailto:Lalitamalik@aol.com) (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription

### **MID-WEEK PADDLES** – *Now on Tuesdays!*

Leader: Glenda Schwarze [schwar582@aol.com](mailto:schwar582@aol.com) She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

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**Mon, May 2 - Sam's Point to Minnewaska, 12 miles of trail hiking, some of which is strenuous. Level A hike.**

**Rain, high temperature or humidity date is Wed, May 4**

**Leader: Roberta Forest, [robertaforest@gmail.com](mailto:robertaforest@gmail.com)**

This is a shuttle hike. Vehicles will be left at Sam's Point and lower Awosting lot in Minnewaska. We will be hiking through unique and varied terrain on our 12 mile hike. You need to be confident that you can hike this distance as cars will only be at the end points. You are responsible for carrying all the food and water you'll need for a full long day of hiking. Stops, including for snacks and lunch, will be short. Carry whatever first aid supplies, medicines, bug sprays, sun screen, etc. you may need for the duration of the hike. Also make sure you have a good headlamp, and spare batteries. Details of the hike and the shuttle will be sent to all a few days before this hike. Must confirm with the leader for meeting place and time. ADK Covid guidelines will be followed.

**Fri, May 6 - Holiday Party Trail Work Outing at Locust Grove, Poughkeepsie**

**Leader: Georgette Weir, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

Each year, Locust Grove makes its gorgeous facility available to MHADK for our Holiday Party (scheduled for December 11, 2022). In exchange, we offer to do trail work on their grounds. A good deal for us and an opportunity for good trail camaraderie! This year, we are being asked to help clear an area of invasive barberry. Clippers and loppers will be provided for those who do not bring their own. We will start in the morning and work (with a lunch break) until mid afternoon or the task is complete, whichever comes first. Come and help for as long as you are able. Sign up by contacting Georgette Weir at the email address above.

**Fri, May 13 - Rosendale meander 4-5 ish miles rated C**

**Leader: Sharon Klein, [CatsNGunks@gmail.com](mailto:CatsNGunks@gmail.com)**

We'll climb We'll climb Joppenbergh Mountain for fantastic views of the Rosendale trestle and Rondout creek and then continue exploring the old and new trails on this wonderful local trail system. After the hike, we can walk around the charming village of Rosendale and cross the bridge to walk some more trails along the Rondout Creek if we are up for it. Option to have lunch or desert at one of the cafes with outdoor garden seating. Must confirm with leader. ADK COVID rules requiring vaccination apply.

**Sun, May 15 - The Great Swamp Hike, Pawling, NY, 5 miles, Class B**

**Leader: John Ragusa, [jrjr1059@msn.com](mailto:jrjr1059@msn.com) or 917-692-1159**

The Great Swamp runs for nearly 20 miles through 4 towns covering around 6,000 acres making it one of the largest wetlands in New York. We will walk over the Appalachian Trail boardwalk that runs for 1,600 ft over the swamp, including a 34-foot bridge over the Swamp River then hike through beautiful woods gaining 400 ft in elevation then through more wetlands to an open field towards more woods ending at the Dover Oak, the largest oak tree in New York. We will then go back the same way we came. Bring sturdy boots, insect repellent and sunscreen. Contact Leader for start time and directions. ADK Covid guidelines will be followed.

**Fri, May 20 - Barry Skura Memorial Hike: Schunemunk Mtn. About 5 or 7.5 mi. Moderate Pace**

**Leader: Russ Faller 845-297-5126 (until 9 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

Barry died while hiking the Trestle Trail of Schunemunk Mtn. on May 17, 2021. As remembrance of his passing and to celebrate his life and love of hiking, we'll follow his footsteps up Schunemunk Mtn. Our walk will be either a total of 5 mi. or 7.5 mi., depending on group consensus. When registering, please indicate whether you want to do 5 or 7.5 mi. We'll take the following trails: Trestle, Barton Swamp, Western Ridge, Jessup, and either the Sweet Clover or Ridge-to-Ridge trails, depending on the mileage chosen. Significant rain will reschedule. ADK Covid guidelines require all participants to be fully vaccinated.



**Sun, May 22 - Mid-Hudson ADK Spring Picnic at Bowdoin Park**

**Contact Carole Marsh, 845-849-2044 or [pcatm43@gmail.com](mailto:pcatm43@gmail.com)!**

Morning picnic hike and paddle information will be provided ahead of time. The Club will provide hamburgers, veggie burgers, hot dogs, buns and condiments. Members are asked to bring their own plates, utensils, and drinks and welcome to bring a dessert, salad or side dish to share.

**Fri, May 27 - Sugarloaf, Catskill 3500 peak 6.4 miles, elev. gain 1750' rated A**

**Co-listed with 3500 club**

**Leader: Sharon Klein, [CatsNGunks@gmail.com](mailto:CatsNGunks@gmail.com)**

We will climb Sugarloaf mountain via Pecoy notch, passing Dibbles Quarry, a spectacular waterfall and beaver meadow. We may do this as a loop hike depending on the group and weather, making the hike a bit longer. Must confirm with leader. All ADK COVID rules requiring vaccination apply.

**Sat, May 28 - Mon, May 30 - South Taconic Mountains Backpack/Basecamp: Sages Ravine Backpack is 5 to 6 miles/day over 2 days; day hike mileage = 6 to 9 miles; Moderate Pace**

**Leader: Russ Faller 845-297-5126 (before 9 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

On Memorial Day Weekend, we'll backpack 5 to 6 mi, at a leisurely-to-moderate pace. The most difficult ascent will be about 800 ft. in 1 mile. The reward will be 3 days/2 nights camping in the very wild and extremely beautiful Sages Ravine. On our way, we'll visit glorious Race Brook Falls, then take the AT up Race Mtn. (2365 ft.) for the fabulous view across the flats of SW Massachusetts. Continuing on the AT along an escarpment, we'll have non-stop views. This will either be an out-and-back or point-to-point trip, requiring a car shuttle, depending on the coronavirus levels at the time. Day hike options include: 1. a 5 or 6-mile loop over Bear Mtn. (2316'), Connecticut's highest summit, 2. adding 2 or 3 miles to #1 above for the view on Round Mtn. or viewpoints on both Round & Frissel Mtns., respectively. The viewpoint on Frissel is higher than Bear Mtn! Significant rain cancels. ADK Covid guidelines requires that all participants must be fully vaccinated.