



July 2022

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly.

MHADK OUTINGS SCHEDULE JULY 2022

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: **Ginny Fauci**, gefaucci@gmail.com 845-399-2170 (text preferred) or **Lalita Malik**, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription

MID-WEEK PADDLES – Now on Tuesdays!

Leader: Glenda Schwarze schwar582@aol.com She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2nd and 4th Tuesdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

Sun, Jul 3 - Paddle the Rondout Creek in Kingston

Leader: Jeanette TB, jeanettetb.ny@gmail.com

We'll kayak/canoe the Rondout Creek in Kingston from the Hudson, past the waterfront up to the Eddyville Dam and back. About 7 miles, 4-4.5 hours total. We won't be in the Hudson, so smaller kayaks are ok as long as you're a strong paddler and are comfortable paddling around bigger boats (in a "no wake" zone). PFD required. Bring water/snacks. Must confirm with leader for meeting place and time. Group size is limited. After the paddle we may stop in town for some food along the waterfront.

Sun, Jul 10 - Westkill Mountain 6.4 miles, 1,800 feet elevation gain, Rated A

Leader: Roger Green roggr5959@gmail.com

We will hike out and back from Spruceton Road. We'll follow Diamond Notch Trail to the bridge over the falls, then follow the Devil's path to the Westkill summit. Nice views not far from the summit. About a half hour of hyperventilation-inducing steep trail for a nice workout. Pace will be relaxed, but not too relaxed. Please bring plenty of water as well as snacks and lunch. Please dress for the weather. MUST confirm with leader for meeting place, time and group size. **All ADK COVID rules regarding vaccination will apply.**

Sun, Jul 10 - Morning Mills-Norrie Brunch Hike. 4 easy miles; bring your own brunch.

Leader: Georgette Weir, georgette.weir@gmail.com

We will aim to beat the summer heat on this holiday weekend with a loop hike that includes a 2-mile stretch along the Hudson River and 2 miles through shady woods. We'll stop midway for a brunch break. Bring your own brunch, plus water. MUST confirm with leader for meeting place and time. **All ADK COVID rules regarding vaccination will apply.**

Wed, July 13 - Fri, July 15 - Kayak/Camping on the Hudson River: Popolopen Creek to Wappingers Total mileage = 22.2; Moderate Pace; Big Water

Leader: Russ Faller 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

This outing was joint with AMC.

Some say that this is the most beautiful section of the Hudson River. We'll paddle from just north of the Bear Mtn. Bridge at Anthony's Nose, past West Point and around the S curve at World's End & Constitution Island, then through the fjord of the Hudson Highlands to campsite on a point, with views up and down the river. The next day we'll continue

upriver, enter the lower Wappinger Creek, and take out at the Village of Wappingers Falls. The tides are in our favor on these dates, and will help us ascend the river on a flood tide. Daily mileages will be about 12.9 on Thursday & 9.3 on Friday. On Wednesday, we'll do a car shuttle, launch in the late afternoon and paddle only a few miles to a campsite. On Thursday, participants will have the option of dinner at the campsite or at a restaurant in a river front town. During the car shuttle, facemasks will be required and drivers will open windows to allow air circulation. Participants must be fully vaccinated.

This outing is for paddlers, who have experience paddling the Hudson River. You must feel comfortable crossing the Hudson with barges & tugs and fast-moving power boats. Participants should be able to do a wet exit & assisted re-entry. Kayaks must be a minimum of 13.5 ft. long and with dual bulkheads. PFDs must be worn while on the water. Other recommended gear: bilge pump, spray skirt, extra paddle, paddling gloves, water shoes with toe protection. Meeting place & time will be sent, along with an itinerary and complete info to all confirmed participants. **All ADK COVID rules regarding vaccination will apply.**